

Possibility Management Trainer Initiation

Or: How to learn the magic of the invisible?





“The magic, a Possibility Management Trainer uses, is not visible for the eye. But you can still learn it!”

You decided to become a Possibility Management Trainer?

Congratulations for your decision and thank you for considering to pass on, what you experienced.

We want to give you some hints in regard to the initiation path, starting now.

Courage and Integrity



What often seems so light-footed and spontaneous from the point of view of the participants in PM Trainings actually comes from the ability of the trainers to keep an intensive space so safe and at the same time in the not knowing over several days, that the transformation can happen for the participants which is possible and necessary for them. Once this ability has become your nature, it is invisible - apart from the results it generates.

This trainer magic is based on a variety of learnable skills, tools and distinctions, as well as a mature and stable trainer matrix built up during your personal initiation in the PM context.

To go the path of initiation to become a Possibility Manager takes courage and integrity. To go the path of initiation to become a Possibility Management Trainer requires even more courage and integrity - for example, the willingness and perseverance to go through all the steps necessary to become a space holder for the context.

“Your Possibility Management Trainer initiation starts in the moment you decide to become a Possibility Management Trainer.”

What is the purpose of this document?

What you hear again and again in the Possibility Management context is that there are no rules. This also applies to the Trainer initiation. But how do we consciously create clarity - without rules? How do we consciously ensure quality - without rules? How do we prevent unconsciously serving the shadow or allowing arbitrariness - without rules? And above all, how do we stay alive and not freeze in concepts? That's exactly what we want to achieve with this document. To show you a way without chiselling it in stone. To give you a feeling of what is necessary and where on your way to a PM Trainer you are, without forgetting your individual situation.

Make sure that you have the latest version of this document - because it stays alive!





The first steps of your initiation

Unlike other contexts, PM Trainer Initiation **DOES NOT** begin with Trainer Skills Labs. It begins by continuing your initiation process in the context of PM that you already begun, but now, knowing that you intend to become a PM Trainer. In practical terms, you continue to visit Possibility Labs but with a different attitude.

Tell the Lab Trainers that you have decided to become a trainer yourself so that they can give you possibilities and feedback during the Labs. Most of your trainer initiation happens in the P-Labs. Because in order to be able to hold space for processes, you first have to go through these processes yourself.

An additional option in this phase is to ask an experienced trainer to be your **guide or mentor**, who will accompany you on your initiation path, give you feedback, and with whom you can have regular sharings about your experiences.

Important: Trust the feedback of your mentor and your trainers!

Then you continue with ...

At the same time, you should start building up a **Possibility Team** and/or a **Study Group** and keep it running regularly for at least a year or two, if you have not already done so. The instructions can be found in your PM manual.

After 4 to 5 Possibility Labs, you may already be able to hold one-day workshops. These can be e.g. **Rage Clubs** or **Feelings Workshops**. You can also find the instructions in your PM manual. Preferably, you hold these spaces together with other Possibility Managers. So you can share your experiences and give each other feedback.

And since you're now regularly hosting events, it's about time you set up your own **website** and start building your own **distribution list** with interested people.



Rage Club

Possibility Team



And then: Trainer Skills Labs

When you completed about 6 Possibility Labs and the corresponding major processes, it may be time to attend to **1 - 3 Trainer Skills Labs** regularly each year. There you will learn and train the magic of the invisible - all the skills, tools and distinctions that will allow you to keep intense, transformational, safe spaces for several days. If you feel it's time for you to come to Trainer Skills Labs, then **call one of the TSL Trainers** to clarify from both sides if the time is right. Find out more about the Trainer Skills Labs below.

At the same time, you could start holding **2-day workshops** and **talks** on a variety of topics from the PM context.

If you're interested in giving Expand The Box Trainings later on, now is the time to visit a **second and third ETB** given by different trainers to see the differences and the similarities.



The prerequisites for the Trainer Skills Labs

To really profit from Trainer Skills Labs, you should have gone through the following processes or have done the following steps of your personal initiation path:

- Hidden Purpose Process and clarity about our shadow principles (consciousness about how your shadow principles have impact in your training spaces)
- Distilling Destiny Process and clarity about your bright principles
- Growing Up Process - having reclaimed your authority from your parents
- Dying Process
- Unfolding Process
- Stellating of the 4 feelings to a certain degree (It doesn't have to be 100 %, but you should have achieved a certain stability in the feelings work)

For all these steps you normally need about 6 Possibility Labs.





To be a PM Trainer does not necessarily mean to give ETB

Not every PM trainer wants to give Expand The Box trainings. ETB is just one of the many possible trainings you can give in the context of PM. Many trainers develop their own training formats and some combine PM content with other content. But if you want to give Expand The Box trainings, you should be well prepared! And there are some requirements, as the ETB is a prerequisite for participants to attend the Labs.

After at least 6 Possibility Labs, 2 Trainer Skills Labs and 2-3 ETBs you can think about giving your first Practice ETB. Get feedback from your TSL Trainers if they think the time is right for your first Practice ETB. If you get a GO! then you can plan and give your first Practice ETB. More about the Practice ETB you find below.

Once you get another GO! after your Practice ETB you can start giving normal, fully payed Expand The Box trainings. At the same time, we recommend to continue to visit Trainer Skills Labs to complete your Trainer Initiation. Especially if you want to give P-Labs in the long term.



Trainer Certification in Possibility Management

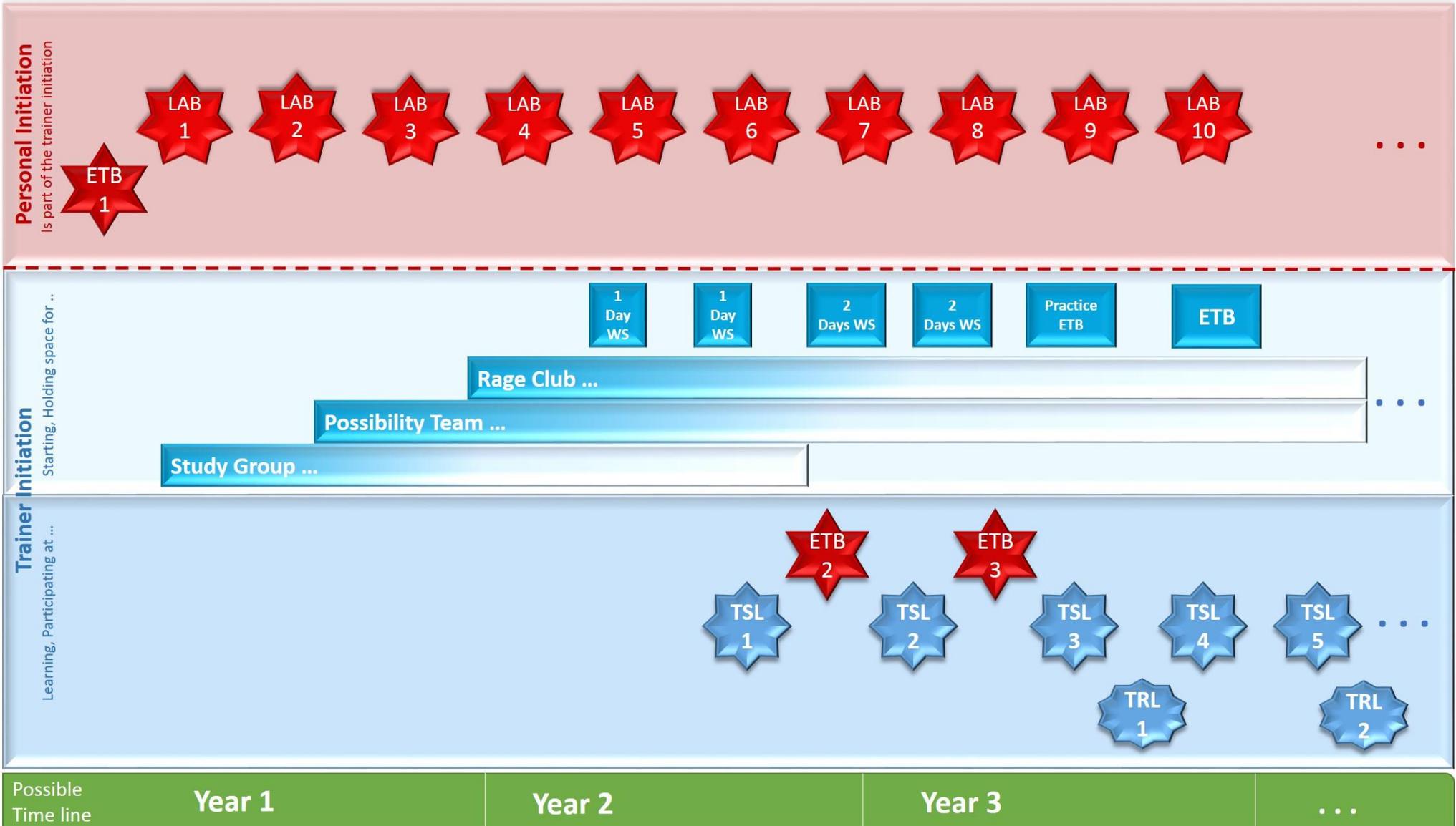
In many other contexts, the certification as a trainer is the starting signal for the trainer's work – like the permission by an authority. In Possibility Management, you'll receive your trainer certification at a time when it has become irrelevant in the traditional sense.

Because at this time, you will already be regularly giving ETBs and/or your own trainings, having your own circle of interested people, and the trainer skills will be firmly anchored in your body. You will probably have attended at least 10 Possibility Labs and about 3 to 7 Trainer Skills Labs.

The time of your certification will become evident along your path and you will be visible as a trainer.



Trainer Initiation Overview (It could look like that)



Trainer Skills Labs

The actual Magician School





What you can learn in Trainer Skills Labs

It is next to impossible to list what you can learn as a PM Trainer!

First of all, there are the 7 core skills in Possibility Management, which are given an additional meaning at the trainer level.

0. Shifting identity – *amongst other things you learn ...*

- What the role of a PM Trainer could be in society
- Which identities could be useful for PM Trainers
- How you notice which identity is needed in the process and how you can shift identity in light speed
- How you establish your Trainer Being in your daily life

1. Not getting hooked – *amongst other things you learn ...*

- How you can create a gap between you and the stories of your participants
- How you can stay in absolute neutrality, to not believe your own stories
- How you can side by side with difficult participants and be with them (to agree with resistance)
- How you put your awareness on your awareness, in order to split it, to navigate it or keep it

2. Being centred – *amongst other things you learn ...*

- To stay centred, even if you don't know what the next step is
- To speak from your centre, so that your words have impact and land in the space and in the participants bodies
- To be centred, so that you are able to hold space and at the same time write at the flipchart and land powerful distinctions
- How you can hold space for a deep transformational process over hours, without drifting away with your thoughts or overwhelming yourself

3. Holding space – *amongst other things you learn ...*

- How you establish context, safety and precision in the space, in order to make deep transformation possible
- How you keep the energy rolling in the space with the proper timing
- How you roll the energy in the next space
- How you build up spaces for big processes
- How you expand your awareness, to perceive more levels in the space
- How you skilfully navigate the big Labyrinth of spaces
- How you secure your working space against demons, angels and other entities



What you can learn in Trainer Skills Labs

4. Making contact – *amongst other things you learn ...*

- How you make contact with your participants – their Beings, their Boxes, their Gremlins
- How you be in contact with your participants on eye level, without being superior as a trainer
- How you can support your participants and being their for them, without penetrating their space and without them penetrating your space

5. Having access to archetypal feelings – *amongst other th. you learn*

- How you can use your anger, to bring clarity into the training space, to start and end spaces, to make distinctions and to set boundaries
- How you can use your sadness to create connection in the team, to create intensity and depth and to stay vulnerable and authentic
- How you can use your fear to not already know what comes next, to create a space, where magic can happen or to invent new processes
- How you can use your joy to bring lightness in the space, to ignite peoples curiosity or to shift the space with humour

6. Creating possibilities – *amongst other things you learn ...*

- How to create matrix building conditions for yourself and others
- How you use additional qualities of speaking, like spin, colour, intention, direction, humour, seriousness, nonlinear bends, shoulder-to-shoulder-ride, parallel messages, etc.
- How you can be a space and answer questions not for the mind but for the energetic body
- How to go non-linear, to repackage, to paint doorways, to take right-angled turns in light speed
- How you create, hold and navigate the space of possibility

7. Self marketing – *amongst other things you learn ...*

- How you can speak about Possibility Management, without being considered as a nerd
- How you can create legends
- How you can create present value for the person in a conversation
- How you can create future value for a person in a conversation and paint the beach for them
- How you get a signed contract
- How to make your game world bigger and stabilize it, without burning yourself out



What you can learn in Trainer Skills Labs

And that is by far not all we have! Other examples are ...

Subtle gestures – *among other things you learn ...*

- How conscious you are about your subtle gestures
- How you create impact with subtle gestures, like touching objects, your position in the space, your hand shake, your way of holding eye contact, etc.
- How you can consciously use subtle gestures, like putting your attention on your attention, pulling away the carpet, using golden energy balls, holding the energy rolling, going nonlinear, managing context, meta conversations, side shots, vavooming the space, weaving a team, etc.

Distinctions, exercises and processes from the Expand The Box Training – *among other things you learn ...*

- How you set up the context for an Expand The Box Training
- How you land the main maps in the space
- What is important doing exercises, how give clear instructions, how you hold space and at the same time join in an exercise, etc.
- How you hold space for the victim and responsible story process

Navigating Feelings Work and Processes – *among other th. you learn ...*

- How you separate phase 1 from phase 2 of feelings work
- How you use your own anger to navigate Rage Clubs
- How you lead your client quick and safely into the liquid state and from the head into feelings
- How you precisely and elegantly keep the energy rolling during a process, without creating pressure
- How you keep from making assumptions during the process and from manipulating your client according to your assumptions
- How you navigate to old and new decisions, resolve old contracts, retrieve parts of the energetic body, make them carry out energetic operations, etc.

And much more ...

- How you deal with the three forces in a training space (supportive, neutral and denying force), with Gremlin activities and dynamics of sexual energy
- How you draw a flipchart in a way, that it creates an energetic imprint in the space (trainer alphabet, colours, dynamic, etc.)
- How you connect to the source of a map and let it arise from this point through you
- How you can ask dangerous questions into the matrix of the space or the participants

“Learning in Possibility Management is non-linear and does not follow a syllabus as you know it from school. You become a PM Trainer by building up Trainer Matrix step by step and taking responsibility for your own initiation.”

So what other outlandish skills do you want to learn?

Self-responsible learning means:

Ask Questions!

Ask for Feedback!

Make Mistakes!



Practice ETB

A different kind of Trainer Skills Lab



Conditions for giving a Practice ETB

If the prerequisites for giving a Practice ETB and a GO! from the TSL trainers are given, you can plan and give a Practice ETB for friends and interested people with the following conditions:

Date:

At first you just plan one Practice ETB. You don't publish further dates for ETBs, because after your Practice ETB you need another GO! to proceed.

Composition of participants for the Practice ETB:

Regarding the combination of participants for a Practice ETB we recommend:

- 2 participants repeating the ETB
- 1 experienced feedback trainer
- 3 to 5 new participants

Costs of the Practice ETB and certificate:

The Practice ETB is free of charge or on donation basis for the participants, apart from the costs for room and board. The participants are aware that this is a Practice ETB. The participants will not receive a certificate at the end and will not be allowed to attend the Labs.



Conditions for giving a Practice ETB

Note: New Practice ETB participants who want to repeat an ETB to obtain a certificate and then join P-Labs will pay half the ETB price on the 2nd time.

Payment for the Feedback Trainers:

A Practice ETB is like a personal Trainer Skills Lab. Thus, the feedback trainers get payed. Each Practice ETB trainer pays to the feedback the trainer the amount they would pay for a Trainer Skills Lab (currently 1000 Euro plus VAT)

GO or BEEP after the Practice ETB

After a Practice ETB, the feedback trainer shares his experience with the TSL trainers and together, the decision for a GO! or BEEP! will be made. So you do not get a GO! or BEEP! right at the end of your Practice ETB! in terms of whether you can give full ETBs from now on.

If you get a GO! it also takes a conscious decision from you, whether you give more ETBs or not.

Conditions for giving a Practice ETB

If you get a BEEP!, then you also get specific feedback and coaching which skills are still missing and how you can train them or where you can learn them.

Important:

After some time you can either do another Practice ETB or set up an ETB together with an experienced trainer.

If you have a BEEP! but still wanting to give ETBs without taking the recommended steps, then it's necessary to change the name of the trainings. In addition, participants will not receive any ETB certificates.





That's it! Can we start now?

We hope to have given you more clarity with this little booklet, in terms of how you can become a PM Trainer and where you are at the moment.

If you have further questions or are unsure, ask either one of your P-Lab trainers or one of the Trainer Skills Lab trainers (sometimes this is the same person!). We are happy to help you.

Thanks and Harbigarr!

Your PM Trainer Team

