



MOREISH

FOODS

real food seriously Moreish

breakfast

Fresh muffins –made daily \$5.40

Homemade banana bread w/ butter \$5.50

Organic raisin & walnut toast w/ butter \$4.90

Croissant served warm w/ Moreish jam \$4.90

Almond Croissant \$4.90

Ham & Swiss cheese croissant \$9.50

Free range egg & bacon roll –toasted milk bun w/ Moreish tomato chutney \$11.50

Organic sourdough toast w/ butter & Moreish homemade jam \$5.10

Organic sourdough breads by Sonoma- (country white, soy linseed, wholewheat miche)

Until 12 noon weekdays/weekends till 1pm

Free range eggs on organic sourdough toast \$9.90

(poached, scrambled, fried)

The Lot– free range eggs, bacon, mushrooms, roast tomatoes & Boston baked beans on organic sourdough **\$18.50**

Tunisian eggs – poached eggs in a dish of slow cooked tomatoes, cumin & coriander with a hint of chilli sprinkled with zaatar w/ organic sourdough **\$15.90**

Eggs Benedict–poached eggs on brioche w/ hollandaise (gratinated)

Ham or spinach **\$15.80**, smoked salmon **\$16.90**

Croque Monsieur – pan fried ham, gruyere cheese and mustard sandwich on organic sourdough **\$14.90**

Low carb power starter –warm quinoa, mushrooms, tomato, avocado, chilli jam & baby spinach salad w/ 2 poached free range eggs **\$16.90**

Bircher muesli – pear juicesoaked oats with honey yoghurt, seasonal fruit and almonds **\$12.50**

Breakfast trifle – layers of chia, coconut, yoghurt, fresh fruit & Sonoma's spiced granola **\$11.90**

Granola – honey & spice granola by Sonoma served with milk, yoghurt and a pot of poached fruit. **\$12.50**

Buttermilk pancakes – served with real maple syrup, strawberries & ice cream **\$12.50**

Breakfast extras –

Eggs/bacon/pan mushrooms/roast tomatoes - **\$3**

Boston beans/avocado/baby spinach/fetta - **\$4**

Smoked salmon - **\$5**. Gluten free toast extra - **\$1.50**

our homemade condiments & dressings used in the menu can be purchased to take home



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lunch

see our deli display for a selection of fresh savouries, salads, pastas, bakes & desserts
all dishes come with garnish salad or add \$5.50 for your choice of side salad from the deli or add \$4 for hot chips(12 - 3pm)

Homemade soup -see blackboard w/ sourdough \$10.50(12 - 3pm)

fresh salad plate -your choice of up to 4 salads from the deli: **small\$10.90medium\$15.50**

freshly baked baguette -\$13.90:

- poached chicken, Moreish mayonnaise & chutney, almonds, spinach leaves or
- double smoked leg ham, swiss cheese, tomato, Moreish mayonnaise & chutney, rocket

sonoma organic sourdough sandwiches -\$13.50:

- poached chicken, avocado, Moreish mayonnaise, mixed leaves or
- double smoked leg ham, swiss cheese, tomato, Moreish mayonnaise, mixed leaves

Reuben sandwich -New York rye w/ handmade corned beef, swiss, sauerkraut, Russian mayo\$13.90

panini toasted on brasserie schiacciata -\$13.90:

- vegetarian -chargrilled eggplant, roast peppers, baby spinach, ricotta, pesto or
- prosciutto, mozzarella, roast tomatoes, baby spinach

Chicken Schnitzel burger -chicken breast schnitzelw/ salad and aioli\$13.90

Portugese chicken burger -chicken breastw/ salad, aioli & chilli jam \$13.90

homemade bake of the day -\$15.90 add \$5.50for choice of side salad
beeflasagne, snapper pie, chicken & leek, moussaka, cottage pie

casserole or curry of the day- w/ rice \$15.90

bowl of hot chips-w/ Moreish homemade tomato sauce \$6

take home dinners available from the deli, reach in fridge & freezer

drinks

single origin roasters organic coffee

fair trade, locally roasted

cappuccino, flat white, latte S \$3.6L-\$4.6

piccolo \$3.6

short black \$3.3

long black S \$3.3 L-\$4.3

hot chocolate S \$3.6 L-\$4.6

mocha S \$3.8 L-\$4.8

chai latte S \$3.6 L-\$4.6

babycino .80c

extra shot/soy/decaf/almond/syrup.50c

teas - organic loose leaf by the pot\$4.5

english breakfast

earl grey from Sri Lanka

green sencha tea from Japan

chamomile flowers from Greece

peppermint leaves from Egypt

lemongrass from South East Asia

chai tea roasted & blended by single origin

San Pellegrino mineral water S \$2.90

L \$4.90

also see our display fridge for a wide selection of cold drinks

iced drinks and milkshakes

coffee frappe \$5.9

iced drinks \$5.9

coffee, chocolate, vanilla, strawberry, caramel

milkshakes kids-\$3.9/L-\$5.9

caramel, chocolate, vanilla, strawberry, coffee



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SANDWICH LUNCH MENU

FOR 6 PEOPLE OR MORE

SANDWICH @ 1PP - \$7.90

BAGUETTE/WRAP @ 1PP - \$8.90

Sandwich fillings include:

- **Double smoked ham, swiss cheese, tomato, pear & apple chutney**
- **Poached Chicken Breast, avocado, mayonnaise and toasted almonds**
- **Smoked Salmon, cream cheese, avocado, capers, Spanish onion**
- **Chargrilled vegetables, pesto, ricotta and baby spinach**
- **Corned Beef, tomato pickles, tasty cheese and mayonnaise**
- **Portuguese chicken Breast, mayonnaise, chilli jam & mixed leaves**
- **Tuna, lemon mayonnaise, nectarine & corn relish, cucumber & pickled onion.**
- **Salad sandwich w/ avocado, tomato, cucumber, carrot, onion, ricotta/swiss cheese**

Sandwiches are made on wholewheat&soy linseed organic sourdough

Baguettes are made on white crispy fresh baked bread.

Sandwiches, Baguettes&Wraps are cut into ¼'s

The sandwiches and baguettes/wraps are presented on quality disposable platters/boxes.

Note:

A minimum of 10 guests.

Notice of 48 hours (minimum) required. Advanced notice is appreciated to adequately cater to your needs.

The above menu selection may change subject to availability of produce. We will have an alternative for you when placing your order. Clients who have special dietary requirements, intolerances and allergies, we can tailor a menu to suit your needs, however notice will be needed. Orders over \$100 will require a 20% deposit.

Contact: P – (02) 99496625

E – nickk@moreishfoods.com.au



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SALAD MENU

Small - \$6.80, Medium - \$12.80, large - \$17.80, Platters - \$65 (serves approx 16 people).

- **Wild Rice Salad** – brown and wild rice with sultanas, almonds, toasted coconut and lemon honey mustard dressing.
- **Lentil, Pistachio & Currant Salad** – Australian blue lentils with roasted peppers, mint, shallots and a chilli jam dressing.
- **Creamy Potato Salad** – steamed chat potatoes with homemade mayonnaise, sour cream & horseradish dressing, crispy bacon, dill and shallots.
- **Asian Coleslaw** – red & chinese cabbage with shallots, coriander, mint, sesame seeds, pepitas and a sweet chilli and lime dressing.
- **Wild Rocket, Roasted Pumpkin & Pinenut Salad** - with cherry tomatoes, goats cheese served with balsamic dressing.
- **Classic Greek Salad** – Lebanese cucumbers, capsicum, cherry tomatoes, Spanish onion, feta and Kalamata olives.
- **Israeli Couscous Salad** – w/fresh herbs, cherry tomato & chilli with a lemon & garlic dressing.
- **Quinoa & Red Rice Salad** – w/almonds, hazelnuts, apricot and an orange vinegeratte.
- **Seasonal Roast Vegetables** – small \$8.20, medium \$14.90, large \$19.90, Platter \$72 (serves 16 people).

Notice of 48hours (minimum) required for platters. Advanced notice is appreciated to adequately cater to your needs.

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