

# Sara Oblak Speicher

MENTOR, SPEAKER, WRITER



Medium • Thrive Global • Forbes • FOX • Gorenjski Glas • WCBS880 • POP TV • Nedeljski • Jana • Siol • Radio1 • Radio Sora  
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## Biography

Step into the world where the boundaries of possibility are shattered, a new relationship with oneself is conceived, and vision is turned into a reality.

An international elite basketball player turned MENTOR, SPEAKER & WRITER, **Sara Oblak Speicher, MBA** is trusted by visionary leaders from around the world, especially the ones who are always on purpose but running on empty...

...and are ready to reimagine the possible and embrace a life of deeper meaning, higher purpose, and fulfillment.

With 25 years of experience, including 18 years of cross-continental living, and a repertoire of 20,000+ hours of training, she doesn't merely teach concepts or formulas and fragmented life and time management hacks...

Intimately acquainted with the art & science of redefining success, reimagining new possibilities, embracing new beginnings, and navigating life-altering decisions, Sara leverages the clarity, courage, and capacity born out of her personal triumph over postpartum depression, severe burnout, and disconnect.

Her heart-centered yet super practical approach, remarkable space-holding capacity, and strategic genius are said to be a catalyst for holistic and sustainable change. Her work informs, inspires, educates, and empowers.

But above all, Sara loves being a mami to two Contemporary Mystics, a wife exalted in her husband's love, and a total dog-person in a love affair with the mountains and the sea.

After 18 years in the USA, she and her family have recently traded the vibrant energy of New York, for the magic of her medieval hometown of 20,000 in Slovenia.

This simply illustrates the fact that she indeed is living her mission and walking her talk (barefoot or in high heels despite being 185cm tall), carrying the message of transformation and fulfillment across continents and generations.

"I personally admire your strength and empowerment in public speaking. Down to earth, inviting, articulate, easy to relate to."

"You inspired me to dare walking on unknown paths and being authentic. Thank you!"

"Thank you for being real and vulnerable. You gave me hope that this rough patch I am going through will get better."

"You are like a glass of Bordeaux - full and earthy. You make me feel safe. You ignite me, open me up, and bring out the best in me."

## Sample Talking Points

- Life in a small town and the impact of a family, history, and current events
- Basketball becomes a ticket into the world and a way of elite performance
- Courage to say yes to New York City & lessons learned
- Embracing a new life and a date with destiny
- Pregnant, jobless, determined, embracing new beginnings
- Life with postpartum depression, burnout, two little ones, and a business to run
- Releasing expectations, completion of life's missions, navigating identity crisis
- Life after having it all as a new beginning, re-imagining the possible in new ways
- Going beyond the pragmatic and conventional to strengthen relationships
- Opening to receive and distinguishing between wounds and strengths
- Rediscovering the art of slowing down, reimagining the possible, and daring to live differently
- Clarity to want what is considered unavailable and impossible
- Capacity to uproot New York life & move back to my hometown of 20,000



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[saraospeicher](#)

[sara@saraoblakspeicher.com](mailto:sara@saraoblakspeicher.com) • [www.makeyourlifeyourlegacy.com](http://www.makeyourlifeyourlegacy.com)