

JUNIOR-SENIOR.

Let's meet at the table

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About the idea

„JUNIOR-SENIOR. Let's meet at the table” is a solution supporting intergenerational integration and inclusion of seniors, who survived Nazi persecution, in helping teenage children from an orphanage.

The two groups may seem extremely different but they have a lot in common:

- both are under the care of an institution (and not a family),
- difficult experiences from childhood and adolescence,
- being mainly surrounded by people of your age, lack of deeper ties with people from another generation,
- monotony, a small number of projects activating these groups,
- feeling of being forgotten by their local community.

Meetings, for which the pretext is cooking together, help in establishing bond and trust in the group. The essence of the idea, however, is a conversation and an intergenerational exchange of experiences. A meeting at a common table creates conditions for establishing relationships and allows us to respond to the needs of both groups.

The idea may be implemented by nursing homes together with care and educational institutions.

Benefits of the idea

Attending meetings at a common table can help seniors overcome low self-confidence and a sense of being a burden to others. The idea can also forge close bonds between the two groups and give all the beneficiaries someone who will be willing to pay attention and listen.

The idea is to create a safe space for an intergenerational meeting. Thanks to this, both parties have a chance to meet the needs that could not be met earlier due to difficult family relationships (or the lack of them).

Do you want to know more about this idea? Go to the website:
www.inicjatorpomocy.pl/en

„Inicjator PoMocy”

The „Inicjator PoMocy” competition (eng. „emPOWERment Initiator”) is part of the „PoMoc. Together, we can do more” implemented by the Shipyard Foundation on behalf of the EVZ Foundation (Remembrance, Responsibility and Future). In the competition, we were looking for innovative ideas aimed at improving the quality of life of Nazi persecution survivors.

The competition is funded by the EVZ (Remembrance, Responsibility and Future) Foundation.

In remembrance of the victims of National Socialist injustice, EVZ Foundation works to promote human rights and understanding between peoples. The Foundation is thus an expression of the continuing political and moral responsibility of the German state, the private sector and society as a whole for Nazi injustice and towards the victims.

More at www.stiftung-evz.de.

The organizer of the „emPOWERment Initiator” competition is the Shipyard Foundation.

For over 10 years, we have been creating and supporting effective solutions to social problems, involving citizens in deciding on public matters as well as helping other organizations and institutions to better plan and conduct their social activities.

More at www.stocznia.org.pl.