



SEASONAL PRODUCE LIST (Week commencing 4th February 2019)

To place orders, tel: 0207 498 4520 or email: sales@natureschoice.london

Westland Baby Salad Leaf

At Nature's Choice we are proud to be working closely with Westland nursery in Offenham, Worcestershire. Combining the experience of our two teams, we have created a range of bagged salads which are harvested and packed, 52 weeks a year. This glass house is the only one in the country to produce salad all year round. Using LED lighting, robotics, hydroponic and heating technology. It can produce four tonnes of baby salad leaf per day with only two operators. There are only three of these glass houses in the world with the other two located in California.

It's what we have **not** put into our salad bags which makes the real difference. Our salad bags **do not** contain rocket, baby spinach, red chard, mizuna, red mustard or lettuce leaf.

Petite Leaf mix: *Chicory, komatsuna, land cress, red amaranth, red mustard frills and red vein sorrel*

Foragers' Mix: *Chickweed, Dock, Dandelion, Hoary Plantain Ox-eye daisy and yarrow*

Tender Kale Mix: *baby red and green kale and Russian kale*

Lettuce leaf mix: *Red and green crisp sweet lettuce.* (This an American salad leaf especially targeted at the burger market as the leaf doesn't wilt when dressed)

Please call 0207 498 4520 or email: sales@natureschoice.london to check on availability

Valentine's Day menu

Flowers: APPLE BLOSSOM, DIANTHUS, NASTURTIUM, TAGET, VIOLA, SNAP DRAGON, BORAGE AND MARIGOLD

Blood oranges, Yorkshire rhubarb, pink radicchio, castel franco, purple sprouting broccoli, Highland burgundy potatoes, fresh lychees, chalcot onions, Tokyo turnips, Moroccan strawberries.

From Milan market

Spikey and violetti artichokes; white, pale, striped and Japanese aubergine; green and white taccoli (flat beans); borlotti beans; castelfranco, radicchio chioggia, pink radicchio, tardive and trevisano; Tokyo turnips; zerbinati squash; red and green friggittelli (sweet chilli); red and white grelot; puntarella; cima di rapa; Monks beard; cardoons; fennel tops