

THE ANGELS AND THE EIGHTFOLD PATH



Through the practice of the Middle Way, The Eightfold Path, we have the opportunity to bring our destiny into order. We begin to be concerned with our task in the same way as our angel is concerned. This path, faithfully followed, leads us *out* of ourselves and into the world.

This is a course dedicated to a deepened exploration of the faculties and practice that join us to the spiritual world. We will engage in artistic exercises, biography work and conversation, bringing together our questions and experiences.

Open to all, including those new to anthroposophy.

This is a core course that supports **Foundation Studies in Anthroposophy.**



Jennifer Brooks Quinn is a Waldorf teacher, an adult educator and a biographical counselor with a practice in Spring Valley and New York City. She has been a director and co-director of Foundation Studies in Anthroposophy at Sunbridge College and The Brooklyn Waldorf School. She offers workshops, courses and retreats in Latin America, China and the U.S.

Brigitte Bley-Swinston, M.Ed has worked for many years as an adult educator in the arts. She was part of the resident faculty at Sunbridge College, developing the artistic section of each program and teaching art in all of them. Together with Jennifer she was a co-director of Foundation Studies in Anthroposophy at the Brooklyn Waldorf School. Brigitte has offered many workshops and courses in the arts and presently teaches Fine Arts at the high school of the Green Meadow Waldorf School.

The course will meet on **three Saturdays and one Sunday from 9:30am to 3:30pm** at GREEN MEADOW WALDORF SCHOOL in Spring Valley, New York.

April 1
April 22
April 29
May 7

The cost of the course is \$580.

For inquiries and registration please contact Jennifer Brooks Quinn at jbrooksquinn@gmail.com or at 845 356 6389 or Brigitte Bley-Swinston at brigittembley@gmail.com or at 845 371 9356.