Affirmative Health Professionals

In Howard County, Maryland

Members of this PFLAG interest group will support LGBTQ persons and their loved ones without judgment. We support the goals of PFLAG and seek to serve as a resource in finding and providing quality health care for those who may be reluctant to share their most personal information with providers who might not understand or endorse their life experiences.

Members of this group apply for membership and are vetted by existing members.

To apply to join this group, call Clayton Spivey at 410.799.5883. Membership requires an annual donation to PFLAG Columbia-Howard County.

Acupuncture

S. Hunter Thompson, MAc, LAc, ADS, CHC, Dipl.Ac.
(NCCAOM Board Certified in Acupuncture)
Transitional Medicine
Maryland University of Integrative Health
7750 Montpelier Rd, Laurel, MD 20723
443.812.1265/www.transitionalmedicine.org
Transitional medicine for anyone who is going through any type of transition in life. I specialize in transgender and gender queer/questioning.

Bodywork

Susan Mathason, LMT
Licensed massage therapist specializing in CranioSacral Therapy, Columbia, Maryland 21046
443.538.4858/ www.mindfulbodyworkLLC.abmp.com
Do you sense that your body and mind are at odds with each other? Allow me to help you tune in to your body's innate ability to heal itself. Skillfully applied bodywork can bring long-lasting relief from long-held pains.

Chiropractic

Lisa Gordon, DC, Doctor of Chiropractic and Clinical Master of Nutrition Response Testing
Natural Health Improvement Center of Columbia, Md.
5053 Durham Rd. W, Columbia MD 21044
410.717.6610/www.drlisagordon.com
Dr. Lisa analyzes and addresses underlying conditions allowing for the restoration of health using Applied Kinesiology Muscle Testing, Nutrition Response Testing, specific whole food supplements and dietary modifications, Chiropractic structural corrections, Advanced Allergy Therapeutics.

Jean Thompson, DC
Thompson Chiropractic and Wellness
8885 Centre Park Drive, Suite 2F, Columbia MD 21045
410.740.1112/www.thompsonchiropractic.org
I have over 15 years experience in comprehensive chiropractic care for pain management, chronic neck and back pain, TMJ, extremity disorders, nutrition, and general wellness.

PLEASE SEE OVER FOR MORE HEALTH CARE PROFESSIONALS

Affirmative Health Professionals

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Therapy and Counseling

Sean Lare, LCSW-C
Sean Lare Counseling & Consulting
6851 Oak Hall Lane, Suite 118, Columbia, MD 21045
410.689.9074/www.seanlare.com
Specializing in LGBTQ+ affirmative therapy, with a focus on helping transgender and gender diverse people and their families. I work with individuals across the lifespan to develop identities, navigate transitions, attend to relationships, and care for their mental health needs.

Robin Mullican, PsyD, LLC
Licensed Psychologist
6851 Oak Hall Lane, Suite 118, Columbia MD 21045
443.847.0100/robin.mullican@rmullicanllc.hush.com
Affirmative assessment, therapy, and consultation services for adults ages 18-65+. Specialization in LGBTQ, multicultural, and health issues. Extensive experience helping with a broad range of challenges.

Reginald Nettles, PhD, CGP
Licensed Psychologist, Certified Group Psychotherapist
6217 Ironwood Way, Columbia MD 21045 410.290.7999
www.rnettlesphd.com www.therapists.psychologytoday.com/35214
Individual, group, and couples therapy for adults of diverse backgrounds, sexual orientations, gender identities, physical abilities and health statuses. I have had extensive experience in assisting people supportively and affirmatively with emotional, relationship, achievement-related, and existential issues.

Chris Williams, LCSW-C
Clinical Social Work, Mental Health Therapist/Counseling
The Family Center
4785 Dorsey Hall Drive, Suite 109, Ellicott City MD 21042
410.531.5087/www.thefamilycenter.tv
Experience working with the LGBTQ community. I have provided counseling and therapeutic services to address a myriad of mental health, emotional, and psychosocial issues, and have worked with a diversity of client populations for almost 20 years.

PLEASE SEE OVER FOR MORE HEALTH CARE PROFESSIONALS