



RENEWAL & RESET

Team Retreat

A 2-Day In-Person Experience for Teams Ready to Strengthen How They Work Together

This is not a traditional “team-building” retreat.

It is a thoughtfully curated, immersive experience designed to strengthen team culture, deepen alignment, and equip every staff member with practical tools to carry the work forward—together.

For two full days, your team steps out of the daily urgency and into intentional space—not simply to pause and reflect, but to recalibrate, reconnect, and strengthen shared commitments.

You secure the site. The TooREL facilitation team designs and stewards the entire experience.

From agenda and material development to facilitation and structured follow-through, we handle it all so your entire team can fully engage in the experience.

Each participant leaves the experience with the foundation of a personalized 60-day action plan to support continued growth, shared accountability, and sustained momentum.

What Makes This Different?

Many retreats inspire—creating space for rest and connection. Some focus primarily on strategic planning.

Very few intentionally strengthen the culture that makes both possible. The TooREL Renewal & Reset Team Retreat is intentionally designed to center both people and purpose.

This experience is rooted in the belief that healthy teams don't happen by accident. They are cultivated through intentionality, care, shared accountability, and everyday practices that shape how people work and thrive together.

Over two days, your team will:

- ✓ Strengthen trust and psychological safety.
- ✓ Clarify shared values and behavioral commitments.
- ✓ Explore team dynamics with honesty and structure.
- ✓ Address communication gaps and recurring conflict patterns.
- ✓ Build accountability practices that are relational — not punitive.
- ✓ Move from *values in theory* to *values in action*.
- ✓ Develop practical strategies that support long-term team health.

Every staff member participates.
Every person matters.
Every voice has space.
Every perspective is valued.
Every contribution strengthens the team.
Every person shares responsibility for the culture they help create.

This is not about surface-level bonding or traditional “team-building” activities. **It is about strengthening team culture and improving how your team works—together.**

Ideal for Teams That Want To:

- Strengthen workplace culture.
- Improve communication and collaboration.
- Increase trust and psychological safety.
- Navigate conflict with courage and impact.
- Clarify team norms, expectations, and accountability.
- Rebuild connection after growth, change, or transition.
- Align around shared values and everyday behaviors.
- Invest in sustainable culture—not just a one-time event.

BUILT FOR MOMENTUM – NOT JUST A MOMENT.

At the conclusion of the retreat, each staff member begins developing an individualized **60-Day Action Plan** designed to translate insights into meaningful, sustainable action.

The plan is grounded in:

- Individual goals and personal commitments.
- Collective care and mutual support.
- Personal and shared accountability practices.
- Clear priorities and action steps.

This ensures the energy of the retreat continues long after everyone returns to their daily work.

Participants leave with:

- A clearer understanding of team expectations.
- Shared language around accountability and communication.
- Practical tools for navigating conflict constructively.
- A renewed sense of collective responsibility.
- The foundation of a personalized 60-Day Action Plan to support continued growth and accountability.

Shared Commitment

**People First.
Purpose Always.
Together, We Strengthen the Culture We Create.**

The retreat becomes a starting point—not a standalone event.

Follow-up Session

Thirty days after the retreat, TooREL facilitates a **90-minute follow-up session** with team leaders to assess progress, support implementation, celebrate successes, and address emerging opportunities or challenges.

Because lasting culture change requires more than inspiration—it requires intentional follow-through.



Interested in Hosting a Team Retreat?

If your team is ready to pause with intention, strengthen your culture, and move forward with greater clarity, care, and shared accountability, we'd love to partner with you.

Contact info@toorelinstitute.org to schedule a **complimentary 30-minute exploration session** to discuss your needs, availability, pricing, and next steps.