



Laurie Ferguson, Psy.D.  
Licensed Clinical Psychologist, Director  
Spark Psychological Services  
Laurie Ferguson, Psychologist, Inc.  
5975 Entrada Ave. • Atascadero, CA • 93422  
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**Information Regarding Office Policies and Fees**  
*Welcome to the practice! Please let me know if you have any questions!*

**COVID19 Notice:** To keep everyone healthy, all appointments are conducted via confidential, HIPAA-secure teletherapy (Zoom). This may limit the effectiveness of therapy or assessment, and additional in-person therapy or assessment may be needed, if desired, once in-person sessions can resume in order to fully benefit from treatment or assessment.

**Cancellation Policy:** Appointments are made for you only (I do not “double book” appointments). Please call or email with at least 24-hour notice to reschedule or cancel an appointment. Special circumstances sometimes occur where 24-hour notice may not be possible. To keep all our patients healthy, please reschedule your appointment if you are ill. **If illness or special circumstances do not apply, you will be billed for a missed session.** If you are more than 15 minutes late, you will need to reschedule and you will be billed for the missed session. If too many sessions are missed, or if this appointment policy is being abused, termination of services may occur.

**Your Appointment, Fees and Insurance:** **Dr. Ferguson is an out-of-network provider for your insurance. You are responsible for covering the fee at the time of service. You will be provided a Super Bill to submit to your insurance. Contact the insurance company prior to your appointment to verify any out-of-network benefits.** Personal checks, cash, credit and debit cards, and Health Care Savings Account credit/debit cards are accepted.

In shared child custody arrangements, the parent bringing the child for treatment is responsible for payment. In shared custody arrangements, both parents must sign this form and consent for treatment.

For TCRC, Social Security, Social Services, School/College clients: An assessment by Dr. Ferguson is no guarantee of eligibility or services, which are at the sole discretion of the agency/organization. Assessment results could result in an increase or decrease of services or denial of eligibility, even if you already are eligible.

Dr. Ferguson does not accept Medicare, and her services are not reimbursable by Medicare. If you are a Medicare client or are Medicare-eligible, you must advise Dr. Ferguson. You must complete a separate contract mandated by Medicare prior to your appointment if you have Medicare or are Medicare-eligible.

**Fee Schedule (with CPT codes):** *fees are subject to change without notice*

Intake Appointment and/or Diagnostic Interview (90791), 60 minutes, \$250

Psychological Testing (96130, 96131, 9613, 96137), 60 minutes, \$175

Individual Therapy (90834), or Family Therapy (90846 / 90847), 45-50 minutes, \$140 / (90837), 60 minutes, \$150

Expert Witness Services or any court-related services, 60 minutes, \$500 (\$2,000 retainer required)

Brief phone call or email to change appointments, no charge

All other phone calls, emails, reports, and meetings attended are pro-rated for actual time spent by Dr. Ferguson

**Late Payments:** Payment is due at the time of service. There is a \$35 fee for returned checks. A late fee of \$25 per month is applied to past due accounts. Unpaid account balances over 30 days may be forwarded to collections and termination from the practice may occur.

**What can I expect in therapy or testing? What do I tell my family member about the appointment?** You know yourself the best, and you have the right to set your own goals and pace. Dr. Ferguson will inform you whether your goals are compatible with the type of therapy or testing that she provides. How long therapy or

testing takes will depend on your goals, symptom severity, and other factors. Therapy and testing are ways to know more about your learning style, emotions, thoughts, and behaviors, so that you can succeed at school, work, and in relationships. Difficult topics are discussed and some people experience an increase in depression, anxiety, unsafe behavior, or even suicide. It is very important that you share this with Dr. Ferguson so that she can help you. For testing clients, you have a right to receive a report of Dr. Ferguson’s findings in understandable language. You have a right to disagree with Dr. Ferguson’s recommendations or diagnoses. Dr. Ferguson welcomes your questions and feedback, positive or negative, and this can improve the effectiveness of the therapy or accuracy of the assessment. You have a right to terminate therapy at any time, although it is always helpful to discuss this with Dr. Ferguson so that she can give you referrals if needed.

**Privacy and Confidentiality:** Your privacy is very important to Dr. Ferguson. As this is a small community, we may occasionally see each other outside of our appointment. In order to protect your privacy, it is up to you if you would like to say hello or communicate in any way. I do not participate in fundraising or business endeavors of my clients. Your Personal Health Information (PHI) is protected by the Health Insurance Portability and Accountability Act (HIPAA: [www.hhs.gov](http://www.hhs.gov)). Your private information is never shared without your written authorization, or as permitted by law, including but not limited to the following:

If child or elder abuse or neglect occurs, or if a client is a danger to him- or herself or others, Dr. Ferguson is required by law to disclose this information and client contact information to the proper authorities.

In any judicial matters, confidentiality ends when a judge issues a court order for my records or if you bring a lawsuit or licensing board complaint against Dr. Ferguson.

Minor clients: Only parents/guardians with legal custody for health care decisions have access to a minor’s records, regardless of who is paying for the session. Dr. Ferguson is legally prevented from releasing information to parents without the minor’s consent, including information regarding pregnancy, drug or alcohol use, contraceptive use, sexually transmitted diseases, or medical history.

**Contacting You:** You will be asked in the Client Intake Form how you would like to be contacted (email, phone) for confidential messages. All information and appointment requests need to be communicated in voicemail or email. Dr. Ferguson cannot respond by text. Use of email means that you accept the risk of electronic communication. There is no guarantee that information in an email or attached to an email remains private. This includes but is not limited to encrypted information, “secure” email services such as Gmail, or cloud-storage services such as Drop-Box.

**Social Media:** To help protect your confidentiality and preserve therapeutic boundaries, I do not “friend,” follow, or search clients online. If you happen to receive a “friend” request from me, it is an error (please contact me to let me know). Posting a review of my services is your right, but to protect your confidentiality, I will not respond online. I welcome any comments about our work and hope we can communicate in person. I maintain two professional media services (Twitter and a Facebook page), which you are welcome to follow for psychology-related articles and information. Following my professional media accounts is not an endorsement of my services.

**Emergency Information: Dr. Ferguson does not provide emergency services. If you are experiencing a life threatening emergency, call 911 or go to your nearest emergency room. Mobile Crisis can be called for non-life threatening services 24 hours, 7 days per week at 800-838-1381. The SLO Hotline is also available 24 days, 7 days per week for resources and suicide prevention at 800-783-0607.**

**I have received and understand the above Information regarding Policies and Fees.**

\_\_\_\_\_  
Printed name of patient

\_\_\_\_\_  
Signature of patient (only needed if age 18+)

\_\_\_\_\_  
Date

\_\_\_\_\_  
Printed name of parent/guardian

\_\_\_\_\_  
Signature of parent/guardian

\_\_\_\_\_  
Date



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**Client Information (the Client is the person coming for therapy or assessment)**

**A. Client's full legal name:** \_\_\_\_\_ Today's date: \_\_\_\_\_

What name do you prefer to be called? \_\_\_\_\_ Date of birth: \_\_\_\_\_

Age: \_\_\_\_\_ Gender: \_\_\_\_\_ Pronouns: \_\_\_\_\_ Who referred you? \_\_\_\_\_

Home street address: \_\_\_\_\_ City: \_\_\_\_\_

State: \_\_\_\_\_ Zip: \_\_\_\_\_ Ethnicity / Religion: \_\_\_\_\_

Profession: \_\_\_\_\_ Employer: \_\_\_\_\_ City: \_\_\_\_\_

**B. If Client is a minor (under age 18) or a conserved adult:**

Is there a legal custody agreement for health care decisions?  Yes  No Is the client a conserved adult?  Yes  No

**Parent / Guardian's Name:** \_\_\_\_\_

Address, if different than client's: \_\_\_\_\_

Employer: \_\_\_\_\_ Occupation: \_\_\_\_\_

**Additional Parent / Guardian's Name:** \_\_\_\_\_

Address, if different than client's: \_\_\_\_\_

Employer: \_\_\_\_\_ Occupation: \_\_\_\_\_

**C. Contacting you:** Check the YES box if it is ok to leave confidential information. Check the NO box and only Dr. Ferguson's name and phone number will be left in messages. By checking "Yes," you agree to accept the risks of electronic communication that is not guaranteed secure.

**Is it ok to leave confidential information?**

Client or Parent's Home Phone: \_\_\_\_\_  Yes  No

Client or Parent's Cell: \_\_\_\_\_  Yes  No

Alternate Cell: \_\_\_\_\_  Yes  No

Email: \_\_\_\_\_  Yes  No

**If you are here for an assessment, choose the way(s) you would like your report sent to you:**

Email  Regular Mail  Fax: \_\_\_\_\_

**Client Information (p. 2)**

Client Name: \_\_\_\_\_

**C. Current or Last School Attended:** \_\_\_\_\_ **Grade:** \_\_\_\_\_

**City:** \_\_\_\_\_  Received GED  Graduated High School year: \_\_\_\_\_

**Has the Client ever had any of the following:**  504 Plan  IEP  SST  Special Education  
 Psychoeducational or Psychological Testing  Occupational Therapy  Physical Therapy  
 Speech/Language Eval/Services  Neurology Eval/MRI/EEG/EKG  Audiologist Exam  
 Ophthalmologist Exam  Other: \_\_\_\_\_

**F. Current Medical Concerns & Medications (include natural supplements):**

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**Physician/Pediatrician's name:** \_\_\_\_\_ **City:** \_\_\_\_\_

**G. Therapies, past and current:**

Provider Name:	Purpose:	Dates:
_____	_____	_____
_____	_____	_____
_____	_____	_____

**H. Who Lives With The Client?:**

Client's Marital Status:  Single  Married  Live-in Partner  Divorced  Separated  Widowed

Family Members (Name / Relationship / Age / Does this person live with the client full-time?)

*Example: John Smith / Son / 15 years old / Lives with me weekends and some holidays*  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**I. What are your main concerns?** \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**J. What are your goal(s) for therapy / assessment?** \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Client's (or Parent's) Signature: \_\_\_\_\_ Date: \_\_\_\_\_

*This is a strictly confidential patient medical record. Redislosure or transfer without signed informed consent is expressly prohibited by law.*



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**SOCIAL-DEVELOPMENTAL HISTORY QUESTIONNAIRE**

**This information is very helpful in the treatment and/or evaluation of the client.**  
**This information may be included in a written report, unless you advise Dr. Ferguson otherwise.**  
**Any information shared with Dr. Ferguson, either written or verbal, may be subject to court subpoena, therefore, there are limits to confidentiality. Discuss any confidentiality concerns with Dr. Ferguson.**

**I. GENERAL INFORMATION:** *The client is the person coming in for assessment or treatment.*

Client's full legal name \_\_\_\_\_ DOB \_\_\_\_\_ Age \_\_\_\_\_  
 Client prefers to be called \_\_\_\_\_ Gender \_\_\_\_\_ Pronouns \_\_\_\_\_  
 Primary Language(s) at home: \_\_\_\_\_

**MAIN locations (city, state) that the client has lived:**

1. Birthplace \_\_\_\_\_ Lived here until age: \_\_\_\_\_  
 2. \_\_\_\_\_ Lived here until age: \_\_\_\_\_  
 3. \_\_\_\_\_ Lived here until age: \_\_\_\_\_  
 4. \_\_\_\_\_ Lived here until age: \_\_\_\_\_

**Have there been any significant changes in the client's home, career or relationships?** (marriage, deaths, births, address changes, family separations/divorce, money problems, etc.) \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

**Client's strengths and interests:** \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

**For clients who are minors:**

Parent: \_\_\_\_\_ Occupation: \_\_\_\_\_  
 Parent: \_\_\_\_\_ Occupation: \_\_\_\_\_

Are parents currently:  married  divorced  separated  never married

• Who has *legal custody for health care decisions*? (this is different than physical custody; please provide court order if applicable): \_\_\_\_\_

• If separated or divorced, how do you feel your child/teen has adjusted to the separation/divorce? \_\_\_\_\_  
 \_\_\_\_\_

Are there any other adults who have a **significant** part in raising your child/teen? Who? \_\_\_\_\_  
 \_\_\_\_\_

**II. HEALTH AND DEVELOPMENT:**

**A. Pregnancy and Birth of client's biological mother:**

The client's relationship to legal guardian(s):  biological  adopted  foster  other: \_\_\_\_\_

Were fertility treatments utilized for this pregnancy? Please describe: \_\_\_\_\_

Biological mother's age at birth? \_\_\_\_\_ Did mother receive routine medical prenatal care?  Yes  No  
When did prenatal care start? \_\_\_\_\_ Please specify any medications used during pregnancy / reason used: \_\_\_\_\_

During pregnancy was there any use of:  nicotine/cigarettes  marijuana  illegal drugs  other: \_\_\_\_\_

Child was born at City/State: \_\_\_\_\_  home  hospital/birthing center Name: \_\_\_\_\_

Pregnancy lasted \_\_\_\_\_ weeks / months

Child's birth weight: \_\_\_\_\_ pounds \_\_\_\_\_ ounces APGAR score at 1 minute \_\_\_\_\_ at 5 minutes \_\_\_\_\_  unknown

**Please check the conditions below that describe the health of the child and mother during...**

Mother's pregnancy

- No complications
- Diabetes
- Injury
- Hypertension
- Excessive bleeding
- Emotional stress
- Other problem (specify)

Child's Delivery

- Normal
- Induced labor
- C-section
- Breech birth
- Very long labor (>12 hours)
- Other problem (specify):

Child's Condition at Birth

- Normal
- Breathing problem
- Jaundice
- Birth injury/defect
- Newborn ICU
- Other problem (specify)

**Describe concerns with pregnancy/labor/delivery/baby's condition at birth:** \_\_\_\_\_

**Behavior as an infant and toddler (up to 3 years of age):** Were any of the following a significant concern?

- Did not enjoy cuddling
- Was not easily calmed by being held
- Difficult to comfort
- Colicky
- Excessive irritability
- Diminished sleep
- Frequent head banging
- Spinning, rocking, or hand flapping
- Poor eye contact
- Did not turn towards caregivers
- Did not respond to name
- Did not respond to speech of caregivers
- Difficult nursing
- Difficulty transitioning to baby food or table food

**Describe concerns and temperament as a newborn (happy, "easy," "colicky," etc.):** \_\_\_\_\_

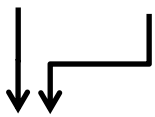
**B. Development**

Please indicate the age when the client achieved the following milestones. Estimates are acceptable:

- Age sat up without help: \_\_\_\_\_
- Age crawled: \_\_\_\_\_
- Age walked alone: \_\_\_\_\_
- Age spoke first words: \_\_\_\_\_
- Age spoke short phrases: \_\_\_\_\_
- Age spoke in sentences: \_\_\_\_\_
- Age bladder trained for day: \_\_\_\_\_
- Age fully bowel trained: \_\_\_\_\_
- Age stayed dry all night: \_\_\_\_\_

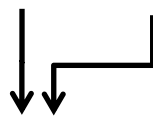
**Did or does the client have more difficulty than peers the same age:**

**Past**      **When**  
**Month**    **Younger**



- Throwing or catching a ball
- Putting on shoes (velcro closure)
- Tying shoe laces
- Dressing self
- Buttoning and zipping
- Running
- Jumping
- Riding a tricycle or bike
- Toileting accidents
- Feeling when needs to go to the bathroom
- Spins, rocks, paces, or headbanging (circle)
- Other repetitive motor movements
- Articulation trouble or hard to understand
- Won't talk about his/her day
- When upset, has a lot of trouble communicating
- Trouble with eye contact (not just when upset)
- Does not pick up on social cues
- Does not seem to understand body language
- Has trouble following multi-step directions
- Frequently argues or debates the meaning of words

**Past**      **When**  
**Month**    **Younger**



- Knowing left and right
- Holding a crayon or pencil
- Accidentally dropping things
- Knowing where his/her body is in space
- Clumsy or trouble with balance
- Likes wrestling, rough play
- Avoids heights (play structure, stairs, etc.)
- Avoids swings
- Trouble telling time more than same-age peers
- Motor skills aren't even / symmetrical
- Repeats words or phrases, or "echoes" others
- Uses phrases from tv/movies excessively
- "Black and white" or literal thinking
- Trouble understanding humor or sarcasm
- Trouble following a conversation
- Communicates best with adults or family
- Often turns conversation to favorite topics
- Rarely shares interests or accomplishments
- Difficulty using pronouns (he, she, we, they, I)
- Mutism (difficulty or "refusal" to speak)

**Any other concerns with communication skills, motor skills, or development:** \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**C. Health**

How is the client's health now?  Excellent  Good  Fair  Poor When was last check-up? \_\_\_\_\_

Are immunizations up to date?  Yes  No Is there an alternative immunization schedule?  Yes  No

Any concerns with growth/weight?  Yes  No Describe: \_\_\_\_\_

Does the client use:  Nicotine  Alcohol  Marijuana  Vape  Other drugs Describe/How often: \_\_\_\_\_

**Has the client ever:**

Received Early Intervention Services?  Yes  No Regional Center Services?  Yes  No

Been identified as having a mental health diagnosis?  Yes  No Describe: \_\_\_\_\_

Received psychological counseling?  Yes  No Describe: \_\_\_\_\_

Received speech, occupational therapy, physical therapy, vision therapy, etc.)?  Yes  No Describe: \_\_\_\_\_

Received private tutoring (i.e., Kumon, Lindamood-Bell, etc.)?  Yes  No Describe: \_\_\_\_\_

**Has the client had any of the following?** (There is space later to discuss family history.) Please check all that apply for the client and include details and age of onset:

Headache or Migraines \_\_\_\_\_

Hit head or concussion \_\_\_\_\_

Seizures \_\_\_\_\_

Blackouts or fainting \_\_\_\_\_

Surgery \_\_\_\_\_

Hospitalization (overnight) \_\_\_\_\_

ER visit(s) \_\_\_\_\_

Ear Infections \_\_\_\_\_

Allergies to foods, medications or seasonal allergies \_\_\_\_\_

Asthma \_\_\_\_\_

Vocal Cord Dysfunction (VCD) \_\_\_\_\_

Vision Problem (wears glasses, etc.) \_\_\_\_\_

Hearing Problems (uses hearing aid, etc.) \_\_\_\_\_

Constipation or Diarrhea \_\_\_\_\_

Other Gastrointestinal Problems \_\_\_\_\_

Thyroid Condition \_\_\_\_\_

Heart Condition \_\_\_\_\_

Acne or Skin Conditions \_\_\_\_\_

Hormone Therapy \_\_\_\_\_

Physical, Sexual, or Emotional Abuse \_\_\_\_\_

Poverty, Homelessness, Food Insecurity or Neglect \_\_\_\_\_

Other concern (please describe) \_\_\_\_\_

Is there any health care, surgery, or procedure that is planned for the future or that the client needs/wants but has not been able to access for any reason? \_\_\_\_\_

**Any additional information to share?** \_\_\_\_\_



**D. Family History:**

**1. These questions are about the BIOLOGICAL FAMILY MEMBERS (not the client):** Write which *biological* family member (parent, sibling, aunt/uncle, grandparent, cousin, etc.):

- Learning Difficulties \_\_\_\_\_
- Formally diagnosed with Dyslexia / Reading Disorder \_\_\_\_\_
- Formally diagnosed with Learning Disorder in math \_\_\_\_\_
- Formally diagnosed with Learning Disorder in writing \_\_\_\_\_
- Attention problems \_\_\_\_\_
- Hyperactivity \_\_\_\_\_
- Formally diagnosed with ADD or ADHD \_\_\_\_\_
- Speech or Language problem \_\_\_\_\_
- Diagnosed or suspected (circle) Autism \_\_\_\_\_
- Diagnosed or suspected (circle) Asperger's \_\_\_\_\_
- Intellectual Disability or Cognitive Delay (used to be termed "Mental Retardation") \_\_\_\_\_
- Depression \_\_\_\_\_
- Anxiety or Panic (circle) \_\_\_\_\_
- Obsessive Compulsive symptoms \_\_\_\_\_
- Hoarding \_\_\_\_\_
- Mood Swings \_\_\_\_\_
- Formally diagnosed with Bipolar Disorder \_\_\_\_\_
- Excessive anger or rage \_\_\_\_\_
- Schizophrenia \_\_\_\_\_
- Delusions or thought disorder \_\_\_\_\_
- Drug problem \_\_\_\_\_
- Alcohol problem \_\_\_\_\_
- Hospitalization for danger to self or others (suicide, self-harm, etc.) \_\_\_\_\_
- Hospitalization for drug/alcohol use or addiction \_\_\_\_\_
- Hospitalization for other mental health concern \_\_\_\_\_
- Other concern (please describe): \_\_\_\_\_

Highest education level achieved by biological mother:  some high school  GED  high school grad  some college  4-year college degree  master's degree  doctorate degree  trade school  other: \_\_\_\_\_

Highest education level achieved by biological father:  some high school  GED  high school grad  some college  4-year college degree  master's degree  doctorate degree  trade school  other: \_\_\_\_\_

**2. Does the client's family or household (biological or non-biological) have any history of the following:**

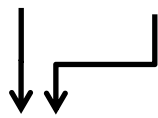
- Physical Abuse \_\_\_\_\_
- Sexual Abuse \_\_\_\_\_
- Neglect \_\_\_\_\_
- Domestic Violence \_\_\_\_\_
- Other Trauma \_\_\_\_\_
- Jail/prison \_\_\_\_\_
- Probation \_\_\_\_\_
- DUI or Revoked driver's license \_\_\_\_\_
- Other concern (please describe): \_\_\_\_\_

### **III. BEHAVIOR:**

#### **A. Please check below the behaviors that describe the client:**

**Past**  
**Month**

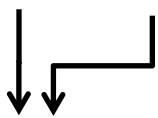
**Up to age**  
**5 or 6 years old**



- Fidgets, has a hard time staying seated
- Has difficulty waiting for his/her turn
- Talks excessively, interrupts often
- Daydreams or poor concentration
- Poor eye contact
- Often loses things
- Very disorganized
- Difficulty making decisions
- Finding things is difficult for him/her
- Difficulty initiating or completing tasks
- Difficulty following instructions
- Trouble with time management
- Needs lots of prompts to do things
- Disorganized
- Impulsive
- Hyperactive, “driven by a motor”
- Often argumentative
- Blames others for own mistakes
- Often actively defiant to adults or rules
- Immature compared to peers
- Has been teased or bullied by others
- Teases or bullies others
- Lies or steals (circle)
- Physically aggressive
- Sets fires or fascinated by fire
- Cruel toward animals
- Engages in dangerous activities
- Wanders off or elopes (runs away)
- Doesn't have age typical stranger danger
- Problems with social skills
- Does not have enough friends
- Trouble playing creatively or using “pretend”
- Transitions are difficult
- Does not like changes or new routines
- Avoids new activities or foods
- Uses electronics too much

**Past**  
**Month**

**Up to age**  
**5 or 6 years old**



- Often depressed
- Often irritable or frustrated
- Mood swings
- Explosive temper
- Cries easily or frequently
- Feeling of worthlessness or low self-esteem
- Does not want to spend time w/ family, friends (circle)
- Suicidal thoughts or actions (circle)
- Has hurt self on purpose (cutting, scratching)
- Sleeping too little or too much (circle)
- Low energy/fatigue
- Exercises too little or too much (circle)
- Poor appetite, picky eating, or overeating (circle)
- Lots of stomach aches or headaches
- Feels stressed out or overwhelmed
- Anxious or worried
- Panic attacks
- Specific fears
- Excessive separation difficulties
- Frequently asks to stay home from school
- Saying the same thing over and over
- Obsessions (can't stop thinking about something)
- Compulsions (can't stop doing something)
- Excessive interest in certain topics/activities
- Unusual interests or fascinations
- Interests are too limited
- Does not like large groups of people
- Overly sensitive to sound
- Overly sensitive to touch, texture, clothes
- Overly sensitive to light
- Overly sensitive to certain tastes/food textures
- Gets too close to others or in to people's “space”
- Clothing bothers him/her excessively
- Excessively low or high pain tolerance (circle)
- Sensory seeking (touch, sound, etc.)
- (For adults) Sexual problems or concerns

**B. Tell me more about the client:** *write n/a if not applicable to the client*

Describe the client's personality/temperament: \_\_\_\_\_

How does the client get along with family members? \_\_\_\_\_

Describe the client's peer relationships: \_\_\_\_\_

Tell me about the client's self-esteem: \_\_\_\_\_

Does the client ask for help when needed and speak up about their needs? \_\_\_\_\_

Is the client dating or interested in dating? \_\_\_\_\_

How does the client identify in terms of gender identity and sexual orientation? \_\_\_\_\_

Does the client have questions about sexuality, puberty, gender identity or expression, or sexual orientation? \_\_\_\_\_

What responsibilities/chores does the client have at home? \_\_\_\_\_

How does the client respond to limits/rules? \_\_\_\_\_

What time does the client go to sleep? \_\_\_\_\_ am/pm Wake up? \_\_\_\_\_ am/pm  Sleep times are very inconsistent

Any sleep problems currently?  Trouble falling asleep  Waking up too early and can't get back to sleep

Nightmares  Sleepwalking  Night terrors  Restless sleep  Tired even after sleeping "enough" hours

**C. Independent, Adaptive Living Skills:** Please check below all skills that **the client can do independently (without excessive reminders or excessive support for the client's age):**

- |  |   |
|--|---|
| <input type="checkbox"/> Dressing or undressing                      | <input type="checkbox"/> Putting on clothes appropriate to the weather          |
| <input type="checkbox"/> Showering, bathing, wash face, brush teeth  | <input type="checkbox"/> Brushing hair, grooming                                |
| <input type="checkbox"/> Getting/fixing a simple snack               | <input type="checkbox"/> Keeping room clean, putting away toys/belongings       |
| <input type="checkbox"/> Understands concept of stranger danger      | <input type="checkbox"/> Completing chores or responsibilities                  |
| <input type="checkbox"/> Bathing, dressing, grooming                 | <input type="checkbox"/> Stays w/ caregiver in public (does not wander off)     |
| <input type="checkbox"/> Grocery Shopping                            | <input type="checkbox"/> Understands how money works and how to save            |
| <input type="checkbox"/> Cooking a whole meal                        | <input type="checkbox"/> Ride a bus, walk or bike in the community              |
| <input type="checkbox"/> Cleaning the kitchen or bathroom            | <input type="checkbox"/> Babysitting, yardwork or other suitable teen job       |
| <input type="checkbox"/> Doing a load of laundry                     | <input type="checkbox"/> Comfortable talking with adults                        |
| <input type="checkbox"/> Attend college, trade school, or training   | <input type="checkbox"/> Understands social media risks                         |
| <input type="checkbox"/> Live in a dorm or with roommates            | <input type="checkbox"/> Can make own doctor or other appointments              |
| <input type="checkbox"/> Live on his/her own                         | <input type="checkbox"/> Can open own savings or checking account               |
| <input type="checkbox"/> Drives a car (or is learning to drive)      | <input type="checkbox"/> Can keep to a budget and not overspend                 |
| <input type="checkbox"/> Using public transportation for a long trip | <input type="checkbox"/> Understands how marketing influences buying choices    |
| <input type="checkbox"/> Applying for a credit card                  | <input type="checkbox"/> Understands how to avoid possible dangerous situations |
| <input type="checkbox"/> Applying for a job and interviewing         | <input type="checkbox"/> Is not easily taken advantage of                       |
| <input type="checkbox"/> Has some marketable job skills              | <input type="checkbox"/> Knows how to choose friends                            |
| <input type="checkbox"/> Quick learner                               | <input type="checkbox"/> Has good coping skills, is resilient                   |
| <input type="checkbox"/> Hard worker                                 | <input type="checkbox"/> Can resolve disagreements w/ peers or co-workers       |

**IV. Educational History**

How does / did the client feel about school? \_\_\_\_\_

Does / did the client feel or talk about being "bored" at school? \_\_\_\_\_

How motivated is / was the client is to learn in school? \_\_\_\_\_

How much of a struggle is / was homework?  Not a struggle  Sometimes a struggle  Often struggles

**Name of school attended and briefly describe client's academic and/or behavioral performance:**

Preschool/Daycare \_\_\_\_\_

Elementary School \_\_\_\_\_

Middle School \_\_\_\_\_

High School \_\_\_\_\_

College \_\_\_\_\_

For current students: Have there been excessive absences or tardies in the last year?  Yes  No

Have there been behavior problems at school?  Yes  No \_\_\_\_\_

Any other problems or challenges at school? \_\_\_\_\_

Are there services/supports you would like the school/college to provide:  additional time on tests

quiet room for tests  help with organization or study skills  note taking help  aide in the classroom (K-12)

Other: \_\_\_\_\_

**V. Work History**

Current Employer: \_\_\_\_\_ Position Title: \_\_\_\_\_

Length of time at current job: \_\_\_\_\_ Does the client enjoy the job?  Yes  No

How motivated is the client is to meet the job responsibilities? \_\_\_\_\_

Is work difficult for the client?  Not a struggle  Sometimes a struggle  Often struggles Why? \_\_\_\_\_

Has the client experienced discrimination on the job?  Yes  No Describe: \_\_\_\_\_

Are there accommodations you would like the employer to provide:  work from home  modified schedule

time to sit down  breaks  clearer instructions  visual schedule Other: \_\_\_\_\_

Is the client paid adequately?  Yes  No Does the client wish to change jobs?  Yes  No

Does the job change require going back to school or getting more training?  Yes  No

List any skills that the client needs to develop in order to be more successful at work: \_\_\_\_\_

**VII. Legal History:** Has the client ever been involved in:  lawsuit  jail / prison  probation  small claims

worker's compensation  victim of crime  Other: \_\_\_\_\_

Does the client anticipate being party to a lawsuit in the future?  Yes  No Describe: \_\_\_\_\_

**VII. Anything Else You Would Like Dr. Ferguson to know?** (please add additional pages as needed)

**Person completing this form:** Relationship to Client:  Self  Parent  Guardian  Conservator  Other: \_\_\_\_\_

Signature

Name

Date