

## **Possibility Speaking**

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(Revised: 2008 by Clinton Callahan)

### **FORMAT:**

Groups of 3, 1 volunteer (client), 2 possibility speakers  
Duration: 110 minutes

### **PURPOSE:**

Practice being the space through which the principles work / speak.

### **SETUP:**

Groups of 3 get together and sit in chairs.

### **INTRO / BACKGROUND:**

### **INSTRUCTIONS / PROCEDURE:**

#### **Part 1:**

Volunteer asks for possibility, either in general by saying "Please give me possibility" or specifically by saying "please give me possibility about..." or "with regards to...".

Then the possibility speakers listen – not with their mind, but with their body.

Possibility speakers commit to create possibility even if they don't know how. Commit first. Then start speaking. It is not just the words. It is energy to the body. Your enthusiasm and certainty burns away their confusion and reasons, concerns, excuses, expectations and leaves the pure being (essence) to go ahead and move. The cage is burned away.

Be bold, nonlinear, unreasonable, speak about what you actually see as potentially possible is that person. Speak to it, call it out, declare the possibility then go to it and rip it open for them. This is not about processing them, this is not psychotherapy. Do not say "perhaps, maybe, you could, I believe.." This is not about giving advice or opinions. Instead say "definitely, this is how it is, you must..." Don't be careful. Don't be polite. Break through the boredom, speak out, interrupt, let it come out, cut them loose from their own excuses for not showing up. Do not get your mind in there at all.

This is not positive thinking, not brainstorming.

This is not a discussion.

Clients, just listen to your possibility speakers. If you don't understand it now, you might get it next week.

Shift through all three in the circle.

Write down possibility you received.

**Part 2:**

Same as part 1, only this time – after the client has asked for possibility - the possibility speakers stand up, turn around, shift identity and sit down as a new character with perfect power insight, wisdom, sparkling magical humor to create possibility for them.

Sit down, introduce yourself and GO!

Become the character, body, mind, face, voice, speech patterns, posture, breathing.

Write down possibilities you received.

**DEBRIEF:**