

## **Possibility Making**

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(Revised: 11. January 2012 by Nicola Neumann-Mangoldt)

### **FORMAT:**

Groups of 3

Duration: 120 minutes (each person gets 35 min.)

### **PURPOSE:**

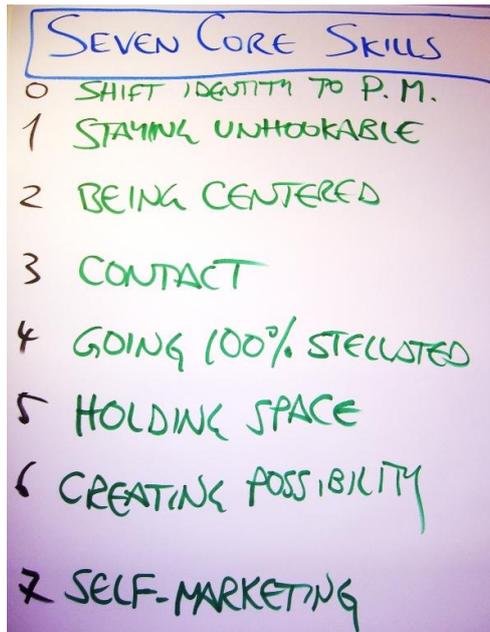
This is an advanced process. To be given to people who already can hold space, make contact, keep their center, do possibility listening, active listening, possibility speaking, tell magical transformational stories, be unhookable, sell possibility, land distinctions in a space, use agreement, go orthogonal, commit to the other person's commitment.

### **SETUP:**

- Groups of 3 in chairs – 1 possibility manager, 1 client, 1 coach.
- Coach does a soft non-invasive GO-BEEP-SHIFT-GO coaching.
- Each possibility manager gets 20 minutes to work.
- Take 2 minutes to coach your coach. Then switch to next possibility manager.
- Notice how PM and coach are being the space for the same principles.
- Distribute red towels, tissues and buckets. Setup 3 mattresses.
- Put the rage cushion with stick into a different room. Otherwise the energetic shock would be too big for people, when they are in their processes and suddenly hear the bang of the stick.

### **INTRO / BACKGROUND:**

List the seven basic possibility trainer skills:



Possibility making uses all of the other skills combined.

The client already wants to give you the key. You just have to learn to recognize it and use it when you find it. The main skill is active listening.

Objective is to contact present space and navigate to another space with more clarity and therefore more possibility.

The process always involves the liquid state, because possibility is limited by the design of the box. To have more or different possibility, the shape of the box must change.

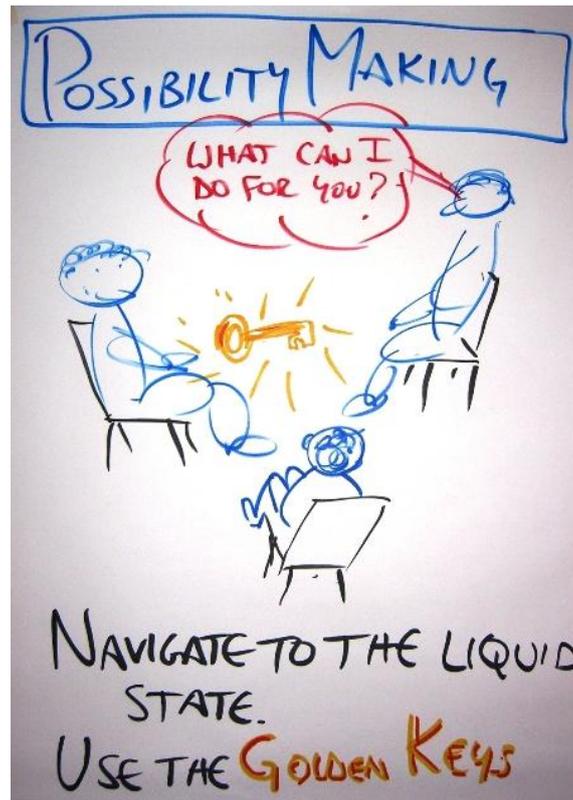


Your box works like restricting sphincter, which prevents the bright principles from coming into our lives with all the possibilities.

Your gameworlds expand to the amount of juice you have.

It's not about balance. There is never a perfect balance between life and work. It's not about problems, it's about evolution.

## INSTRUCTIONS / PROCEDURE:



Two situations for possibility making:

1. Client brings you the problem
2. Possibility manager goes fishing

This exercise is about practicing in situation 2, fishing.

### Here are some hints:

1) Use the golden keys. The customer will give you golden keys. Use it and open the next door. You don't need a concept. You just use the next key.

2) Navigate to the liquid state.

**Each person gets 25 minutes.** And if you are not in the feelings in the first 3 minutes, you are wasting your time.

You have seen standing rage.  
You have seen rage hold.

You have seen stick work.

You have seen towel work.

You have seen mattress work.

Use all that stuff.

Okay, so we divide into groups of 3 and set up the room.

The stick work will be set up outside, because it is too loud here in the room.

Don't expect the process to be finished. Enough liquid state takes care of itself. You don't have to be smart or nice.

**DEBRIEF:**

Take a break.

After the break ask the participants to share about their experience and/or new decisions from the processes.