



## *Pre-Tour Extension*

# CAPE WINELANDS IMMERSION

November 30—December 3, 2024

Onward Travel has worked with our local travel partners to plan this deep dive into one of the world's most intriguing wine regions: the Cape Winelands. Arrive in South Africa a few days early to relax at the gorgeous Retreat at Boschendal Estate and spend two full days touring wineries in the Constantia Wine Valley and the Paarl & Wellington regions.

This is a special tour with an emphasis on education. A local driver/guide will accompany the group for the duration. Participants will taste premium selections and meet the wine-makers, visit the cellars and tour the farms. From novice to expert, this wine tour will enhance your knowledge of viticulture and leave you with a deep affinity for the wines of the South African Cape.

*See the next page for the full itinerary.*



### THE RETREAT COTTAGES

*at Boschendal Wine Estate*

The Retreat Cottages are located in a lovely pocket of Boschendal Estate, a working farm with luxury accommodation and “soil to fork” dining. Each cottage has two en-suite bedrooms which boast lovely views and direct access to the grounds while sharing a common living space. The Retreat has its own breakfast room where you’ll enjoy a delicious breakfast each morning, and for dinner you can walk to one of the estate’s two restaurants or get a complimentary pick up from the estate’s drivers. There are numerous scenic spaces for outdoor socializing and wine sipping at the cottages, including a natural swimming pool, and they are also located in proximity to a network of hiking and mountain biking trails.





## *Cape Wineland Immersion* EXTENSION DETAILS:

### ARRIVAL IN THE CAPE *Day 1: November 30*

Welcome to Cape Town! We will arrange a driver to meet & greet you at Cape Town International Airport, and take you to get settled into your accommodation. Depending on your flight arrival time, you have the rest of the day at leisure to shake of the jet lag, relax at your accommodation and explore the Vineyard on your own.

### THE CONSTANTIA WINE VALLEY *Day 2: December 1*

Today we explore the Constantia Wine Valley, this is the oldest wine producing region in the southern hemisphere, with an uninterrupted history of wine making since 1685. Here we will explore the vineyards nestled amongst the mountains and the fynbos cooled with the breeze from False Bay. We will visit 3 wineries today and enjoy lunch together. Some favorites of our local guides are:

- Beau Constantia: This boutique wine farm overlooks False Bay. The vineyards were planted in 2003 after a fire exposed the potential for planting vineyards.
- Constantia Glen: This boutique family-owned vineyard and prides its in making ultra-premium, cool climate wines
- Klein Constantia: Within a remarkably short period of time, the lusciously sweet wines of Constantia were famous -favoured by royalty, immortalised by the best poets and authors of the 18th and 19th centuries including Jane Austen, Charles Dickens and Baudelaire. We will visit this vineyard to learn more about the special wines produced here.

### SUSTAINABLE WINELANDS *Day 3: December 2*

Today we will visit two farms that practice sustainable farming methods and are involved in social equity or environmental conservation programs. Things our local partners look for when selecting wineries:

- Fairtrade farms
- Biodynamic or organic farming
- BWI – Biodiversity & Wine Initiative
- Farms with social equity or conservation initiatives
- Diverse winemakers – women or people of colour

We will start the day with a farm tour and wine tasting at certified organic Avondale Estate. Here they practice bio-dynamic agriculture as well as using science, technology and knowledge to enhance sustainability. After exploring the vineyards and gardens we will sit down to a farm-to-table lunch at FABER restaurant.

After lunch we will make our way to Bosman Family Vineyards. This family-owned vineyard places social responsibility at the forefront of its operations. Here we will meet some of the family and the winemakers. Bosman Adama is also the largest vine nursey in Africa, with a broad spectrum of Vitis cultivars. This will be an interactive afternoon spent with the people who work together to produce excellent wines and vines.

### BACK TO CAPE TOWN FOR THE STUDY TOUR *Day 4: December 3*

After an early breakfast you'll transfer to the Cape Town hotel in time to join the rest of the study tour participants for the kick-off brunch.

Total package cost is \$1,350 per person based on double occupancy.  
Total package cost is \$1,900 per person based on single occupancy.  
*Package includes arrival airport transfer and return to Cape Town transfer, 3 nights accommodation at Boschendal Farm Retreat Cottages with daily breakfasts, accompaniment throughout by a helpful and knowledgeable local guide, all wine tastings & farm tours as described and two gourmet lunches.*