Rotary Club of Harrogate
 in partnership with
Harrogate Hospital and Community Charity

**RUN NIDDERDALE CHARITY EVENT**

**SUNDAY, 19th MAY 2019**

TERMS AND CONDITIONS

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“The event" takes place on the route of the 26 mile Nidderdale Walk and is held on the same day as the Nidderdale Walk event. Registration will open at 7.30am and runners may start between 8am and 10am.

The Rotary Club of Harrogate includes the Walk/Run Committee and "the organiser" means either or both.

###### Registration

Applications to participate must be made on-line at www.runnidderdale.com on or before Thursday 16th May 2019. The field will be limited to 90 runners.

Everyone wishing to participate in the event must also complete the registration form in this document. Please hand it to the entries desk on the day of the run.

No applicant will be registered unless full contact details in case of emergency have been completed on the registration form and payment made.

###### Refunds

The event is for charity so no entry fee will be refunded unless the whole event is cancelled by the Organising Committee.

###### Safety

The Rotary Club of Harrogate will use its best endeavours to ensure that the event is safe for all participants but each participant must also take reasonable precautions to ensure their own safety. This would include, but is not limited to:

* Wearing and carrying clothing/footwear that is appropriate to the weather on the day, the terrain and the distance.
* Following the rules of the Highway Code and the Country Code insofar as they apply to pedestrians
* Following the instructions of the event organisers and of marshals along the route -
	+ Behaving in a sensible and responsible manner
	+ Not doing anything that might endanger the health, safety or wellbeing of any person including themselves, other participants
	+ Not consuming alcohol immediately before or during the event.
* It is mandatory to carry a **map** of the route. A map is easily downloaded from the website.

In registering for or taking part in the event you acknowledge that you do so at your own risk and that conditions may occur which give rise to risks that are unforeseen and beyond the control of the Run Committee.

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###### Liability

The Rotary Club of Harrogate accepts no liability before after or during the event for damage to or loss of any property belonging to, or brought to the event by, any participant. The Rotary Club of Harrogate accepts no liability for any injury to any participant except where the injury is directly caused by the negligence of The Rotary Club of Harrogate

###### Disqualification

###### The Organising Committee reserves the right to disqualify from the event any participant who appears not to be fit to take part or who acts in a manner which the Organising Committee considers to be a breach of these conditions and/or may adversely affect the reputation of The Rotary Club of Harrogate.

###### Health and Fitness

All participants must satisfy themselves, if necessary by taking medical advice, that they are in sufficiently good health and physically able to undertake the run.

###### Sponsorship

The event will be organised, certified and marshalled to a level appropriate for sponsors of participants to be able to be satisfied that the event is appropriate for sponsorship.

The entry fee will be applied both for facilities required for the event and for local charities supported by The Rotary Club of Harrogate and by the Harrogate Hospitals & Community Charity.

###### Publicity

The Organisers may arrange for the local press to attend the event and they may choose to take photographs. The Organiser may also take photographs that may be used for publicity in connection with future events or to publicise the activities of the Rotary Club of Harrogate.

###### Data Protection

By registering for the event you are authorizing The Rotary Club of Harrogate to process the information you have given on the form for the purpose of the event under the Data Protection Act 1998. The information may be retained in order to make contact with you about future similar events but not otherwise. It will not be passed on to any other organization.

If you do not wish your details to be retained for future events, then please let the Organisers know.

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**INFORMATION SHEET**

In 2019, Pateley Bridge will once again be the focal point for the Nidderdale Charity Run.

###### THE RUN

The run will be of 26 miles. Runners may start between 8am and 10am.

**THE ROUTE**

The route mainly follows that of the established NIDDERDALE WAY. It starts and finishes at the Scout Hall, Pateley Bridge and passes through Ramsgill, Lofthouse and loops around Scar House reservoir.

**REFRESHMENTS**

Refreshments will be available to purchase at Lofthouse checkpoint. Refreshments will be available at the completion of the run.

 **PARKING**

There is parking at Pateley Bridge. More details to follow.

**REGISTER ON ARRIVAL**

All runners must register at the Control Centre on arrival. Registration starts at 7.30 am. The Control Centre is in the Scout Hall and will be very clearly marked.

**START TIME**

Runners may start between 8am and 10am from the Scout Hall, Pateley Bridge.

**RUN CLOSE DOWN**

The whole Run organization will close down at 6pm. All participants must plan to complete their event by this time.

**MONITORING**

Raynet will be providing a monitoring service at each checkpoint to ensure that each runner’s registration number is logged.

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###### BOOKING OUT AT THE END OF THE WALK

Every runner **must** book out at the Control Centre when his or her run is completed. If leaving enroute, runners **must** report to the nearest checkpoint or the Control Centre (This is a safety requirement to ensure that all runners are accounted for).

**DOGS**

In the interests of farmers on whose land you will walk, **NO DOGS CAN BE ALLOWED**. Please observe The Countryside Code and walk on the marked tracks.

**CLOTHING**

We recommend that you wear and carry clothing / footware that is appropriate to the weather on the day, the terrain and the distance.

**MEDICAL COVER**

Medical cover will be provided. An emergency telephone number will be provided on the day of the run. The nearest hospital is Harrogate District Hospital which has an A&E department.

**ENTRY FEE**

The entry fee is £12 per runner and is payable online before the event.

**TO ENTER**

Entry is through the website <http://www.runnidderdale.com>. Secure payment is made on line using PayPal where Credit or Debit cards can be used to make the payment. You do not need a PayPal account.

**CLOSING DATE FOR ENTRIES**

Entries, on line, should be made as early as possible, but **the final closing date is Thursday 16th May 2019**.

**FOR FURTHER INFORMATION** see our Web Site: [www.runnidderdale.com](http://www.runnidderdale.com)

or Email brian@nidderdalewalk.com

For Telephone enquiries Ring Brian Stuttard on 07808 094 707

**Rotary Club of Harrogate &
Harrogate Hospital &Community Charity**

 **REGISTRATION FORM**

# NIDDERDALE CHARITY RUN 19th May 2019

#  Please complete a form for each person in your party and bring

#  to Registration on the day of the Run.

 Name:

 Address :

 Email Address :

 Phone No. :

 Car Registration No:

 Charity :

 Amount Expected to be Raised:

(Telephone number and vehicle registration is to assist in tracing you if you fail to book out after the run and we assume you are lost.)

Data Protection

By registering for the event whether on line or otherwise you are authorising The Rotary Club of Harrogate to process the information you have given on the form for the purpose of the event under the Data Protection Act 1998. The information may be retained in order to make contact with you about future similar events but not otherwise.

If you **do not** wish the Organiser to retain your details for future events then please indicate below:

*After the event has been held –*

*1. I wish to be contacted by post,
2. I wish to be contacted by email,
3. I wish to be contacted by telephone*

*Please strike out those that are not appropriate.*

**Your Agreement** I have completed the application form and read and agree to the terms and conditions set out in the Terms and Conditions leaflet

Signed .................................................. Dated.....................................

###### NB – Please bring this signed form with you on the day of the Run and hand in at the

###### Registration Desk.

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**For Official Use**

Runner Number