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3 quart glass microwave popcorn popper

There has been a lot of hype in recent years about the potential dangers of microwave popcorn, but is this caution founded, or just inflated fear-mongering? The short answer is many of the chemicals that caused concern in previous decades have been removed from microwave popcorn, but some critics are still not satisfied. You may consider popcorn to be a low-calorie, high-fiber snack, but microwave popcorn is not a healthy choice, explains nutrition expert and Beating Sugar Addiction for Dummies author Dan DeFiglio in an email interview. This is because microwave popcorn bags were coated with perfluorinated chemicals (PFC) to prevent fat from leaking out. A certain type of PFC, known as C8 compounds or perfluorooctanoic acid (PFOA), has been linked to some cancers, but the American Cancer Society says the evidence is inconclusive and more research is being done on this. Still, in response to concerns about PFC, the U.S. Food and Drug Administration (FDA) worked with popcorn manufacturers back in 2011 to remove PFOA from its packaging. Three more PFC were banned later five years later. So today's microwave popcorn doesn't have these chemicals, but critics say replacement agents can be as problematic as the old ones, but less is known about them. However, that is not the only problem. The chemical that for decades lent buttery deliciousness to popcorn has also been connected in rare cases with major lung damage. Known as diacetyl, there has long been a documented problem with workers in popcorn manufacturing facilities, but also can be treacherous to people who only eat snacks a lot. In fact, a 2013 study published in the International Journal of Occupational and Environmental Health compared three cases where consumers had similar exposure levels to manufacturing workers. A 2007 study published in the journal Critical Reviews in Food Science and Nutrition found that more than 80 percent of chemical emissions happened when the bag opened after popping. Although diacetyl has been removed from most products, some critics argue that the replacement chemical for diacetyl is also harmful. Making Safer Popcorn Most of the exposure to diacetyl came from inhalation rather than eating popcorn. Therefore, experts recommend at least waiting for the bag to cool down before opening it to minimize potentially harmful chemical exposure. Also read the microwave popcorn labels before you buy. In addition to a low chemical count, you also want a product low in saturated fat and sodium and free from artificial flavors and colors. Better yet, make your own fresh at home! Pop your own non-GMO corn at home with an air popper, says DiFiglio. If you like to flavor it, add organic butter and sea salt, or sprinkle some (real) cheese. Amazon The Good Stuff is a place where Good Housekeeping editors de saker de love.> The The Stuff is a place where Good Housekeeping editors share the things they love. If you really are what you eat, I'm absolutely, unequivocally, and undeniably a big bowl of popcorn. The salty stuff (I'll pass on the kettle corn, thank you very much) has been my go-to snack for as long as I can remember — so much so, in fact, that my obsession with it is actually a running joke in my family. (Oops.) For years I had enough sacks of microwavable stuff, but when you eat as much popcorn as I do, you start to feel bad about all the buttery calories you consume... and all the packs you throw in the trash. So I started looking for a healthier, less wasteful way to get my fix, and as a bonafide popcorn connoisseur (pamper me on this one, okay?), I've just found a solution that has met my high standards: the Nordic Ware Ware Microwave Popper.The concept of this genius popper is simple: Scoop a few tablespoons of kernels of popcorn into the bowl, top it with the steam-letting lid, and throw it in the microwave for a few minutes. (It's an air popper, FYI, so you don't have to add any oil to the cores.) Like other reusable poppers, this bad boy saves you money and cuts down on waste: You can buy popcorn kernels in bulk (so much cheaper than a box of packaged stuff), and you're not wastefully snorting bags every time you indulge. But unlike some other air poppers I've seen, this one serves as a bowl for serving and mixing in toppings — and it's dishwasher-safe, to boot. Perhaps my favorite thing about the Nordic Ware Microwave Popcorn Popper, however, is its robustness — it costs only \$16, but it will last for more movie nights than you'll be able to count. For proof, look at my parents, who first introduced me to the popper: They bought theirs in early 2015, and after four years of regular use (they're where I got my popcorn addiction from, after all), it's still going strong. If that's not enough to convince you this popper is what your pantry has been missing, check out its more than 2,800 five-star reviews on Amazon, which praise popper for being easy to monitor for doneness and leaves behind no more than six un-popped cores. One particularly enthusiastic Amazon user even wrote, "You're crazy if you eat popcorn any other way— and I couldn't hold more. This content is created and maintained by a third party, and imported into this page to help users enter their email addresses. You may be able to find more information about this and similar content on piano.io Best Popcorn Poppers iMore 2020 Making your own popcorn is a total win-win choice. Home popped corn is cheaper, healthier, more versatile, and arguably more fun to make, compared to just opening a package. Whether you prefer to keep the old school by heating your cores on Do it quickly by zapping them in the microwave, or want to go all-out all-out with a standalone popcorn machine, we have the best popcorn poppers available now. Personal Pick This Salbree silicone solution is a kitchen classic that bags our staff to pick the slot, and not just because it comes in an impressive range of 18 different colorways. This simple option consists of a food-safe silicone bowl with useful handles that collapse down for smart storage. The bowl has built-in measurement lines around the base, so you use the perfect amount of grains, which then boil in about three to four minutes. Both the bowl and the lid can go in the dishwasher. \$17 on Amazon This machine is a hot air popper from infamous popcorn making brand Orville Redenbacher, which recommends using this to fluff up a batch of its original yellow Gourmet Popcorn Cores. Hot air machines are a healthy option with no oil, but you can add a touch of indulgence by using the measuring cup on top of the machine to melt butter to pour over your cooked kernels. Capacity-wise, you'll look at 18 cups of popcorn in less than two and a half minutes. \$28 at Amazon An elegant and modern alternative from contemporary kitchen brand Joseph Joseph, this is a two-pack of occasional serve microwave popcorn makers. Each manufacturer has a guide on the base of the number of grains to use, which should result in a one ounce serving. These are made of food-proof silicone and have fold-down lids that appear when the corn is ready. Each manufacturer measures around six inches of pine and can walk in the dishwasher. \$15 on Amazon This classic container from Ecolution is made of high temperature safe borosilicate glass. The smart design features a three-

in-one lid that acts as a measure for kernel quants, can melt butter while you popcorn is cooking, and keeps popped corn safely inside the container while the magic happens. This manufacturer is a three-quart, family size choice can cook your corn in about three minutes. \$28 on Amazon If you have the disk space, and consume a lot of corn, then consider this amazing retro-style popcorn machine from Great Northern. This super-sized popcorn making machine has a 2.5-ounce stainless steel kettle to pop your corn. The heater light of the machine then keeps the popcorn fresh. This pops about a liter of popcorn per batch. \$53 at Amazon Nordic Ware makes timeless kitchen ware that will never go out of fashion, like this classic popcorn popper. It is made of high density plastic, so it is a strong, durable container that can go through the dishwasher and withstand high temperatures. It has capacity for about half a cup of popcorn kernels, which, once you've popped the lid on, will cook in your microwave for about four minutes. From \$15 on Amazon we're all about movie theater-themed nostalgia with this popcorn popper. We love retro, rounded design, and chrome details. It uses the hot oil and stirring arm method to make your popcorn popcorn or you can cheat and buy Nostalgia Pre-Measured Pouches, which can only be poured straight in. It has a non-stick hotplate with cool-touch handles, and the lid becomes a bowl where you can serve around 24 cups of good stuff. \$43 on Amazon This solution can deliver up to three gallons of popcorn in as little as two and a half minutes. This is thanks to some special PowerPop technology that offers faster cooking times. It features a PowerCup bowl and PowerBase concentrator that combines with your microwave oven's energy for high-efficiency popcorn heating. The second result of this technique is that you get very few pips left. \$18 on Amazon We promised you a stovetop solution, and this is it. A very traditional choice, this is the attractive Original Great Northern Stovetop Popcorn Spinner. Popular in the pre-microwave era, this pan offers a fun way to make old-fashioned popcorn at home. It has a five-liter capacity, so it's an excellent family option. The spinner stirring mechanism prevents the popcorn from burning; you just need to keep turning the wooden handle. \$28 at Amazon This Mickey Mouse mini tube popper is a great option for kids thanks to its friendly look and easy-to-use design. Nuclear and oil buckets are included for the ideal popcorn-to-oil ratio. Once the ingredients are in, you simply press the button to make about six cups of popcorn in minutes. When you're done, turn the maker over and use the BPA-free Tritan top as a serving bowl. \$26 on Amazon Finally, if you want to go all out, consider investing in this amazing thing. Standing at 53-inches tall, it would make an impressive centerpiece of your next movie night, BBQ, party, or social gathering. It can make an impressive 32 cups of popcorn at a time, with an 8-ounce stainless steel kettle, a built-in stirring mechanism, and a handy keep warm light. \$186 on Amazon We have some great options for anyone who wants to make their own popcorn at home. Our overall staff pick, The Original Salbree Silicone Microwave Popcorn Popper, will be recommended as a space-saving, simple solution that can make a family sized portion of popcorn with the least amount of hassle. Anyone looking to make a smaller portion should consider Joseph Joseph M-Cuisine Microwave Silicone Popcorn Poppers. These contemporary popcorn makers can quickly and easily rustle up a one-ounce, single serve portion of popcorn and look great to do so. If you want to go all-out for a vintage-themed popcorn session, and want to impress a crowd of friends or family, the Nostalgia Concession Vintage Professional Popcorn Cart will make a real impression. It's quite an investment, but offers an impressive 32 cups of popcorn at a time, and brings cinema magic into your home. Home.

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