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Ranger medic handbook 2020 pdf

The Ranger Medic Handbook is the medical instruction handbook provided to Ranger Medics by the 75th Ranger Regiment. It is the premier resource for all Ranger Medics and is now available exclusively for purchase by Breakaway Media and by digital subscription on the Journal of Special Operations Medicine website. This handbook is offered on Water/Tear Proof Paper. The 2020 Updates is the official and current edition of the Ranger Medic Handbook. View the Table of ContentsPrint: 978-1-7332239-6-6 MASTER COMBAT MEDICINE FULL-SIZE FORMAT - **biggest edition available anywhere** giant 8.5" x 11" size means large, clear print and pictures. Complete & unabridged "Batteries last hours, books last decades. Get the print edition!" The 75th Ranger Regiment Trauma Management Team (Tactical) are the most revered combat medics in the U.S. Army. The Ranger Medic Handbook contains the distilled wisdom of hard-won experience over decades in combat around the world, in depth and detail, including dozens of easy-to-follow diagnostic and procedural flow charts that will let you correctly and effectively respond to a huge variety of medical situations, both life-threatening emergencies and every-day discomforts. RANGER MEDIC CHARTER SOCM ATP (Special Operations Combat Medic Advanced Tactical Practitioner) Shoot and engage targets to defend casualties and self. Operate relatively independently with highly-dispersed highly-mobile combat formations in an austere environment. Communicate via secure and non-secure means. Move tactically through unsecured areas. Absolute master of the basics through pre-hospital trauma life support and tactical combat casualty care. Timely, consistent, and competent provider of advanced trauma management within scope of practice. Practitioner who assists licensed medical providers with medical emergencies and routine care encountered while in garrison, training, and during deployments. FOREWORD Historically in warfare, the majority of all combat deaths have occurred prior to a casualty ever receiving advanced trauma management. The execution of the Ranger mission profile in the Global War on Terrorism and our legacy tasks undoubtedly will increase the number of lethal wounds. Ranger leaders can significantly reduce the number of Rangers who die of wounds sustained in combat by simply targeting optimal medical capability in close proximity to the point of wounding. Survivability of the traumatized Ranger who sustains a wound in combat is in the hands of the first responding Ranger who puts a pressure dressing or tourniquet and controls the bleeding of his fallen comrade. Directing casualty response management and evacuation is a Ranger leader task; ensuring technical medical competence is a Ranger Medic task. A solid foundation has been built for Ranger leaders and medics to be successful in managing casualties in a combat environment. An integrated team response from non-medical personnel and medical providers must be in place to care for the wounded Ranger. The Ranger First Responder, Squad EMT, Ranger Medic Advanced Tactical Practitioner, and Ranger leaders, in essence all Rangers must unite to provide medical care collectively, as a team, without sacrificing the flow and violence of the battle at hand. An integrated team approach to casualty response and care will directly translate to the reduction of the died of wounds rate of combat casualties and minimize the turbulence associated with these events in times of crisis. The true success of the Ranger Medical Team will be defined by its ability to complete the mission and greatly reduce preventable combat death. Rangers value honor and reputation more than their lives, and as such will attempt to lay down their own lives in defense of their comrades. The Ranger Medic will do no less. I will never leave a fallen comrade! Search for 'CARLILE MILITARY LIBRARY' to find more TOP-FLIGHT, SQUARED-AWAY publications for your professional bookshelf! Published in the U.S. by CARLILE MEDIA. Information purposes only. Foreword Ranger Medic Charter Regimental Medical Charter Senior Enlisted Medical Advisor (SEMA) Duties & Responsibilities Scope of Practice Standing Orders and Protocols Tactical Combat Casualty Care (TCCC) Triage Tactical Trauma Assessment Tactical Trauma Management Hemorrhage Control Protocol Tourniquet Application Procedure Tourniquet Conversion Procedure Airway Management Airway Management Protocol Surgical Cricothyroidotomy Procedure Thoracic Trauma Management Thoracic Trauma Management Protocol Needle Chest Decompression Procedure Chest Tube Insertion and Finger Thoracotomy Protocol Tactical Damage Control Resuscitation Tactical Damage Control Resuscitation Protocol Shock Management Saline Lock & Intravenous Access Procedure External Jugular Cannulation Procedure Sternal Intraosseous Infusion Procedure Intraosseous Infusion Procedure (Non-Sternal) Hypothermia Prevention & Management Kit Procedure Head Trauma Head Trauma Management Protocol Concussion Management Protocol Abdominal Trauma Abdominal Trauma Management Protocol Blast Injury Assessment Eye Injury Eye Injury Management Protocol Lateral Canthotomy Seizures Seizure Management Protocol Spinal Cord Injury Management Spinal Cord Injury Management Protocol Orthopedic Trauma Orthopedic Trauma Management Protocol Burn Management Pain Management Protocol Procedural Analgesia Regional Anesthesia Austere Extended Care Extended Care Protocol Blood Transfusion Fresh Whole Blood Transfusion (Donor Procedure) Fresh Whole Blood Transfusion (Recipient Procedure) Foley Catheterization Procedure Crush Syndrome Management Evacuation Evacuation Protocol NATO MEDEVAC Request Evacuation Patient Packaging Evacuation Patient Handover Skedco Horizontal Hoist Procedure Skedco Vertical Hoist Procedure CBRN CCP TICs/TIMs Toxic Inhalation/Eye Exposure Chemical Casualty Triage Table CBRN – Nerve Agents CBRN – Vesicant Agents CBRN – Cyanide Agents CBRN – Pulmonary Agents CBRN Quick Reference Cards Chemical Agent Treatment Guide Notes Medical Patient Assessment Medical Patient Assessment Protocol Abdominal Pain (Includes Surgical Abdomen, GERD, Dyspepsia) Allergic Rhinitis/Hay Fever Protocol Altitude Medical Emergencies Altitude Medical Emergency Management Protocol Anaphylactic Reaction Emergencies Anaphylactic Shock Management Protocol Asthma (Reactive Airway Disease) Barotrauma Behavioral Emergency Management (Includes Psychosis, Depression, Suicidal Impulses) Behavioral Emergency Management Protocol Assessment & Management of Suicidal Risk Assessment & Management of Suicidal Risk Protocol Leader's Suicide Risk Assessment Tool (L-SRAT) Bronchitis Cellulitis/Cutaneous Abscess Chest Pain Compartment Syndrome Conjunctivitis Constipation/Fecal Impact Contact Dermatitis Corneal Abrasions/Corneal Ulcers Cough Deep Vein Thrombosis (DVT) Dehydration Dengue Fever Dental Pain Determination of Death Electrocution Envenomation – Arthropod (Spider & Scorpion) Envenomation – Insect, Hymenoptera (Bee, Wasp, Hornet) Envenomation – Marine Envenomation – Snake Epistaxis Flank Pain (Includes Renal Colic, Pyelonephritis, Kidney Stones) Frostbite & Frostnip Fungal Skin Infection Gastroenteritis (Diarrhea/Nausea/Vomiting) Headache Headache (Migraine Origin) HIV Post-Exposure Prophylaxis Hyperthermia Hyperthermia (Heat) Management Protocol Hypothermia Management Hypothermia Prevention & Management Protocol Ingrown Toenail Insomnia Joint Infection Laceration Loss of Consciousness (without Seizures)/Syncope Malaria Meningitis Motion Sickness & Prevention Nausea & Vomiting Otitis Externa (Outer Ear Infection or Swimmer's Ear) Otitis Media (Middle Ear Infection) Pharyngitis Protocol (Oral Pharyngeal Infections including Viral, Strep, Epiglottitis, Peritonsillar Abscess, Mononucleosis) Pneumonia Pulmonary Embolism (PE) Rabies Post-Exposure Prophylaxis Rectal Bleeding Rhabdomyolysis Sepsis/Sepptic Shock Smoke Inhalation Spontaneous Pneumothorax Subungual Hematoma Testicular Pain Upper Respiratory Infection/Common Cold Urinary Tract Infection Notes Pharmacology Standards & Guidelines Acetaminophen (Tylenol) Acetazolamide (Diamox) Acetylsalicylic Acid (Aspirin) Albuterol (Proventil) Aluminum Hydroxide, Magnesium Hydroxide (Maalox) Amoxicillin/Clavulanate (Augmentin) Atovaquone-Proguanil (Malarone) Atropine Sulfate Azithromycin (Zithromycin, Z-Pak) Bacitracin Benzathine-Penicillin G (Bicillin) Benzonatate (Tessalon Perles) Bisacodyl (Dulcolax) Bupivacaine (Marcaine) Cefazolin Sodium (ANCEF) Ceftriaxone (Rocephin) Cetirizine (Zyrtec) Cimetidine (Tagamet) Ciprofloxacin (Cipro) Clindamycin (Cleocin) Cyclobenzaprine (Flexeril) Dexamethasone (Decadron) Dextrose (D50) Diazepam (Valium) Diphenhydramine (Benadryl) Docosate (Colace) Doxycycline Epinephrine (Including Epi-Pen) Ertapenem (Invanz) Erythromycin Ophthalmic Ointment Eszopiclone (Lunesta) Fentanyl Oral Lozenge (Actiq) Fexofenadine (Allegra) Fluconazole (Diflucan) Fluticasone (Flonase) Gatifloxacin Ophthalmic Solution (Zymar) Guaiacolines Hydrocortisone Cream Hydromorphone (Dilauidid) Ibuprofen (Motrin, Advil) Ketoconazole Ketamine Ketonolac (Toradol) Lactated Ringer's (LR) Levetiracetam (Keppra) Levofloxacin (Levoquin) Lidocaine (Xylocaine) Loperamide (Imodium) Loratadine (Claritin) Meclizine (Antivert) Melatonin Meloxicam (Mobic) Methocarbomol (Robaxin) Methylprednisolone (Solu-Medrol) Metronidazole (Flagyl, MetroGEL) Midazolam (Verses) Modafinil (Provigil) Morphine Sulfate (MSO4) Moxifloxacin (Avelox) Mupirocin (Bactroban) Naloxone (Narcen) Naphazoline (Naphcon-A, Vascon, Clear Eyes) Naproxen (Naprosyn) Nitroglycerin (Nitrostat) Ofoxacin Otic (Floxin) Omeprazole (Prilosec) Ondansetron (Zofran) Oxymetazoline (Afrin) Plasma-Lyte A Polyethylene Glycol (MiraLAX) Prednisone Primaquine Promethazine (Phenergan) Pseudoephedrine (Sudafed) Rabeprazole (Aciphex) Rizatriptan (Maxalt) Scopolamine (Transderm Scop) Sodium Chloride, 0.9% (Normal Saline) Sodium Chloride, 3% (Hypertonic Saline) Sufentanil (Durvis) Sumatriptan (Imatrex) Terbinfine (Lamisil) Tetracaine Ophth Tranexameric Acid (TXA) Trimethoprim-Sulfamethoxazole (TMP-SMZ, Bactrim, Septra) Zolpidem (Ambien) Tylenol (see Acetaminophen) Valium (see Diazepam) Versed (see Midazolam) Zithromycin/Z-Pak (see Azithromycin) Zofran (see Ondansetron) Drug Quick Reference Pharmacology Notes Shoulder – Traumatic & Acute Pain/Hand/Wrist – Traumatic & Acute Pain/Elbow – Traumatic & Acute Pain/Hand/Wrist – Traumatic & Acute Pain/Hip – Traumatic & Acute Pain/Leg – Traumatic & Acute Pain/Knee – Traumatic & Acute Pain/Ankle – Traumatic & Acute Pain/Canine Patient Assessment Canine Trauma & Shock Management Canine Field Blood Transfusion Procedure Canine Injection & IV Sites Canine Tactical Medical Emergencies Canine Heat Injury Canine Gastric Dilatation Volvulus (GDV) Canine Altitude Sickness and Pulmonary Edema Canine Seizure Management Canine Toxicities – Explosives, Others Canine CBRNE MPC Reference Card Casualty Response Planning Overview Ranger Casualty Response Planning Predeployment Requirements Medical Threat Assessment Higher Headquarters Orders and Guidelines Determine Medical Assets Tactical Medical Support Plan Development QRF Capabilities and Integration Briefs, Rehearsals, and Precombat Inspections Sustained Combat Operations & Time-Sensitive Targets Casualty Collection Point Operations Relief-in-Place Operations Hazardous Training Medical Coverage Duties & Responsibilities Hazardous Training Medical Coverage Planning Equipment Requirements Medical Coverage During Tactical Exercises Pre-Coverage Inspections Pre-Coverage Rehearsals Hazardous Training Medical Coverage Checklist Kit/Aid Bag Minimum Stock Advanced Ranger First Responder Medical Kit Contents Ranger Bleeder Control Kit Contents Abbreviations & Acronyms MACE 2 Reference Charts Conversion Charts Neuro Exam Reference Chart Ketamine Drip Tables ARDSnet Vent Settings Ranger Casualty Card Prolonged Field Care Card TBI RTD Card

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