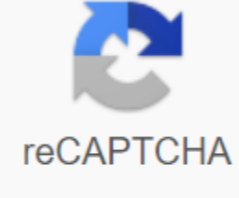




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## English lesson plan pdf for b. ed

Types and Treatments Childhood Eczema Adult Eczema Insider Secrets What is Rosacea Skin Care Treatment and triggers the insider secrets of the Coronavirus Resource Center Coronavirus AAD Resource Center will help you find information on how you can continue to take care of your skin, hair and nails. How to care for your skin, if you have lupus to help care for your skin during the coronavirus pandemic and beyond, AAD recommends these tips from certified dermatologists. Basic Skin Care Dry, Oily Skin Hair Removal Tattoos and Piercing Anti-Age Skin Care For Your Face For Your Skin Routine Bites and Bites, Cuts, and Other Wounds Itch Care Poisonous Ivy, Oak and Sumac Rashes Nail Care Foundations Pedicures and Manicure Poison Ivy Alert You Can Get a Rash From Poison Ivy At Any Time. If you think you have touched the plant, acting quickly can prevent a rash. As a help to ease discomfort, follow the advice of these dermatologists. Laser hair removal You can expect constant results in all but one area. Do you know which one? Treat Scars If you want to reduce a noticeable scar, know these 10 things before laser treatment. Botox It can smooth out deep wrinkles and lines, but the results are not permanent. That's how long Botox usually lasts. Childhood Conditions Teach Healthy Habits Children's Camp Lesson Lesson Plans Surviving Acne Having Acne Can Feel Devastating for a Teenager. Here are 5 things you can do to help your teen. Preventing hand and foot and mouth disease is contagious, but you can reduce your child's risk of catching it. Find out what helps. Scabies? Treat everyone! If your child develops scabies, everyone in your family will need treatment. Follow this advice to treat everyone safely and effectively. Practice Safe Sunshine As you head outdoors for warm weather and fresh air, AAD encourages you #PracticeSafeSun. Skin cancer, Take Hike!™ join the hike and you can make a significant impact on skin cancer. Learn how to do it. Find a dermatologist you can search by location, condition and procedure to find a dermatologist who is right for you. Your safety is what dermatologists do to keep you safe during a coronavirus pandemic. Welcome to the American Academy of Dermatology's Youth Education Campaign, Good Skin Knowledge. The goal is to teach young people facts about the general conditions of skin, hair and nails. Misunderstanding can lead to teasing and bullying that is associated with anxiety and depression. These lesson plans and accompanying handouts are designed to be easy to implement in different settings for two age groups 8-10 years and 11-13 years old. Each area has a variety of floods from which to choose, with a lesson plan and coordinated activities. Advertising education surrounding women's sexual and reproductive health can become cloudy, and it's hard to know who or what This is what is said with information about abortion, birth control and emergency contraception. Personally, I grew up believing that birth control solves all the problems - skin problems, heavy bleeding, unwanted pregnancy, irregular periods and seizures. At least that's what was reported to us at 14 and all my friends started taking it. Now we know the opposite. While birth control can help with some of these issues, it is much more complicated than a magical panacea. The same goes for the morning pill. Although it may have side effects, Plan B is safe. But I was told emergency contraception would devastate my body and be very careful about taking it (and certainly not taking it too often). It all just goes to show how far we need to go to get to a place where women get all the information and shame no longer rushes in our direction when we ask for it. So I turned to the experts Michelle Metz, MD, and Zev Williams, M.D., Ph.D., to break down exactly what we need to know: what Plan B does for our body, when we take it, how many times you can take it, and what side effects will be. Keep reading to learn everything you need to know about Plan B. Grace Kim/Birdy Plan B is an emergency contraception, not an abortion pill. Emergency contraception does come in various forms. However, most often, the morning after pill refers to plan B One-Step (and generics like Next Choice One Dose) that come with a single pill and can be purchased over the counter at the pharmacy. Plan B pill is a form of emergency contraception that can either prevent or delay ovulation. It can also stop egg fertilization or prevent the implantation of a fertilized egg into the lining of the uterus, explains Metz. Meet expert Michelle Metz, md, is Assistant Clinical Professor of Obstetrics, Gynecology and Reproductive Science at Mount Sinai. It consists of a drug called levonorgestrel, which is similar to the hormone progesterone, Williams adds. Ovulation, which refers to the release of the egg from the ovary, occurs when the brain releases a hormone called luteinizing hormone. LH passes through the blood from the brain into the ovary and signals the egg will be released, Williams said. Plan B prevents LH from being released and thus prevents ovulation. No ovulation and no egg, no fertilization. Additionally, extra contraception makes it much less likely you will get pregnant but does not terminate the existing pregnancy. (Note side: The actual abortion pill is made from a combination of mifepristone and misoprostol, which you can access in the doctor's office or planned and can be taken separately or together depending on the type. Acting in tandem, they stop the pregnancy from growing and cause uterine cramps and bleeding, leading to an abortion.) Some women experience nausea, vomiting or or while others do not experience any side effects at all. Breast tenderness (progesterone causes breasts to swell), bloating, mood swings (caused by hormonal fluctuations), drowsiness, and/or dizziness are common after taking emergency contraception, Williams said. Another way to think about this is this: If pregnancy occurs, progesterone is produced in the placenta and levels remain elevated throughout pregnancy, so if you take progesterone pills, you get all the symptoms of pregnancy, he adds. Plan B can make your next period come late or early, and usually it will be much heavier and can last longer with more days of bleeding. If your period doesn't come, the first thing you should do is take a pregnancy test, says Metz. Stocks All the rumors you hear about the morning after pill are completely untrue. Charlotte Wilken-Jensen, head of gynecology and obstetrics at Hvidovre Hospital in Denmark told Vice. Each formula of the morning pill advises you to take it only once a cycle, but in fact, you can safely take it anytime you have unprotected intercourse. Of course, if you take it more than once, your side effects risks increase. Essentially, taking morning after pills is akin to taking a bunch of birth control pills all at once. While you probably won't feel great, it won't negatively affect your health or fertility. In the past, women who need emergency contraception would simply take a super-high dose of birth control, but estrogen just caused a lot of nausea and vomiting. Alyssa Dweck, board-certified o-gin and author of Full From A to I for Your V, told BuzzFeed Health. It is very safe and well tolerated, even in women who are unable to take some birth control pills due to blood clotting disorders. Admittedly, I had no idea what the discussions were about if a woman's weight skewed the effectiveness of the morning-after pill. It wasn't until a reader (Emily's cry) wrote to highlight a question I had seen any research on it what it would have been. A 2011 study found some evidence to support that a woman's weight (particularly over 165 pounds) affects the effectiveness of the pill. However, a study in 2017 found that BMI does not have such an effect. The FDA has issued a statement saying they do not plan to include a warning label on the packaging because of conflicting evidence and limited research. However, it is important to be able to make informed decisions. The general consensus is that the morning after the pill may be less effective for with a BMI above 25. According to Ella and Copper IUDs are two other forms of emergency contraception that are effective in all BMI. It's much more effective if you take it within 24 hours, but according to Metz, you can take emergency contraception up to 72 hours after unprotected sex. In order for the morning after the pill to work, it must be taken taken ovulation occurred, Williams continues. The data show that after fertilization, the morning after the pill will not prevent the embryo from developing, traveling through the fallopian tube, or implanting in the uterus. Ella, an emergency contraceptive that requires a prescription, can be taken for up to five days after unprotected sex, Williams instructs. Overall, Plan B is safe and well tolerated. Plan B can cause changes in period as well as nausea, vomiting, or headache; however, not everyone experiences side effects. This post was originally published earlier and has since been updated. On October 15, 2019, 1 min. The opinions expressed by the participants of the entrepreneurs are their own. David McCourt, founder and chairman of Granahan McCourt Capital and author of Total Rethink, shares his thoughts with Entrepreneur Network partner David Meltzer about the importance of adapting your original plans, some of the flaws with big business today, and how to find common ground when working with people who have different perspectives. Related: As this former NFL security guard learned to trust his instincts we created the SYOB course to help you get started on your entrepreneurial path. You can now sign up for as little as \$99 and get a 7-day free trial. Just use the promo code SYOB99 to qualify for your offer. Start my 7-day free Test Jumpstart of your business. Entrepreneur Insider has your access to the skills, experts and networking you need to get your business off the ground, or take it to the next level. Do you pay too much for business insurance? Do you have critical coverage gaps? Trust the entrepreneur to help you find out. 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