4th Annual Wellness Conference

Building Resiliency in Bergen: Empowering Our Communities

Save the Date

Thursday, November 29, 2018
9 a.m. – 3:30 p.m.

Bergen Community College
400 Paramus Road • Paramus, NJ 07652

Learn how to build resiliency in yourself, your family, your community, and/or your organization.

Conference presentations and interactive workshops will enhance attendee's knowledge about the connection between the dimensions of wellness and resiliency.

For more information contact Marla Klein at 201-634-2693 or mklein@co.bergen.nj.us

CHIP
Community Health *Improvement* Partnership
OF BERGEN COUNTY

New Bridge Medical Center

Bergen Community College WELLNESS CENTER
SOCIAL EMOTIONAL PHYSICAL SPIRITUAL MENTAL

Bergen's PROMISE
Healthy Families, Safe at Home