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When you move from one place to another and try to adapt furniture and equipment from the old office to the new one, sometimes you run into problems. Today's best workspace highlights the excellent before and after makeover. Lifehacker reader Dave Bach made it through his little study with some fresh paint, new window treatments, and an amazing custom built table. He writes: My study was a poorly spaced place - I simply transplanted the same design from my previous house to a new room - it didn't feel spacious, and although it had a lot of storage space, it was always full and felt crowded. The radiator was under the table, so I always kicked it or had hot feet. I got back pain from sitting at a low table all day, and the PC sounded like a jet engine whenever you opened the app. As the monitor backed up on the window, I always struggled to see the screen as it would silhouette any external light coming in. So I bought a new computer and decided I needed a new desk to go along with it. After a lot of searching, but not finding anything that would fit the bill (good height, the ability to hide all the wires and unused gadgets, etc.), I decided to build my own. It needs to make the room feel more spacious while holding all the useful files, gadgets, wires etc. that I need. I wanted to move my old PS3 into the study too, so a quieter slim could take over iPlayer and streaming duties in the lounge. Any additional space gained would be used to make nice chairs so I can play guitar and PS3 at rest. I've been itching to start a wood working course, but it's always canceled at the last minute - so my wood working skills are pretty much what you see is what you get - no funky dove tails here - it's basic ass joints, pine, and MDF all the way! The new setup looks fantastic and with plenty of design taste belongs in the magazine. Excellent work, Dave, and a great example of how a little DIY magic will give you exactly what you want and how you want. Check it out earlier, in progress, and post the images below: If you have a workspace of your own to show off, throw the images on your Flickr account and add it to the Lifehacker Workspace Show and Tell Pool. Give some details about your settings and why it works for you, and you just can see that featured on the cover of Lifehacker.G/O Media can get commissioned before and after: Tiny Studies [Lifehacker Workspace Show and Tell Pool] Independent, a trusted guide to online education for over 22 years! copyright ©2020 GetEducated.com; Approved Colleges, LLC All Rights reserved independent, trusted guide to online education for over 22 years! copyright ©2020 GetEducated.com; Approved College, LLC All Rights Reserved campbellsville University offers online Associate General Studies, a liberal arts degree program that is designed for students who want to get a degree on their own This program is ideal for students whose career or personal needs are not met by another program, as well as those who want to study various topics to help discover their profession. The curriculum offers a broad basis in exploring various topics, including business administration, Christian studies, speech and interpersonal communication, English composition and psychology. This flexible program offers different perspectives in a Christian university that prepares students to become a Christian servant leader. Graduates take courses in key curriculum areas, elective subjects from any field to best suit their interests and goals, and learn skills that can be used for entry positions in different fields or pursue bachelor's degrees.% Online 100% Online High School or Equivalent ACT/SATOfficial High School Transcript/GED ScorePreferring less than 24 credit hours requires an official ACT report or SAT score. copyright ©2020 GetEducated.com; Approved Colleges, LLC All Rights Reserved Last updated on November 4, 2020 Self-improvement may not be a major stunning change; it can be really simple steps to improve on what you already need to get to where you want to be. However, what you will need is consistency, determination and wiliness to try some things that will stretch and challenge you. Rather than setting your sights way away into the future, giving you the feeling that you've never done it, you can start following these simple and effective self-improvement steps today. So if you want to make an immediate impact on your life and are willing to take action, then read on- you will love these!1. Be willing to work hard. As with everything in life, if you want something, you have to work hard to get it. This does not mean that you will burn the candle at both ends, leave you exhausted and leave your personal life in ruins. It just means that if you want something too much, you take the time to get there. The event is what is important here, and the more inspired the event is, the better the results at the end.2 Make sure you have friends to talk to. Load sharing is as important as any self-improvement. If you can communicate with others and get feedback about how you're doing, then that's great. We all need 'cheerleaders' in our corner to keep us going when times are tough, but you also have to have people who will tell you how it is even if you don't want to hear it. So make sure you have a good support network around you, especially those people whose opinions you respect. 3. Adapt to your

situation rather than over-thinking them. Sometimes we can run into a tough time. Maybe you lost your job or your partner left you. Instead of over-analysing the situation, learn how to adapt and accept them as they are. It's not about to bring your circumstances into some kind of drama; Remember that what you focus on expands, which means you get more. Then you will not become your problems and you will feel much less burdened by them.4. Make sure you use your time wisely. Time is the essence, some might say; while others will say that time is an illusion. One thing we know is that you have one life on this planet, so how you use this time is extremely important. So how can you use your time wisely? Only you know how to do it, but look how you currently spend your days: you sit all day, get home, go and then sit in front of the TV for the rest of the evening? Your time on this earth is precious, so isn't it time to take advantage of the time you have left? Try something new, go for a walk, learn a new language or meditate, but make sure it's something you absolutely love.5 Always be consistent. A great way to self-improve is to make changes in how you do things. For example, with your friends, are you always an unreliable one who bows out of the arrangement just before it happens? Or are you someone who starts a new workout routine and then stops doing it 3 weeks into it? Whatever it is and whatever you do, always be consistent. If you dare, stick with him. This will improve your life immeasurably you will feel more confident and happier with yourself, especially since you will know that whatever you deal with, you will be able to consistently do it!6. Go and find your happy place. No, I'm not saying a place like going to a local bar or restaurant and eating your favorite drinks or food. I mean, find out what you like, what makes you happy, and go there. Your happy place is a place where you will find peace, where you will lose yourself and feel satisfied. Meditation is a great way to find your happy place; it brings you back to you and ensures that you are always living in the present moment. 7. Make sure you accept all your emotions. In life you will find that it will throw you some difficult tasks, sometimes it will bring your fears and lead you into uncertainty, and other times it will be joyful. It is important to accept all the emotions that come in your life, embrace them wholeheartedly and understand why they are there and then let them go. Try not to reject or reject them, because remember what you are resisting, it persists, so embrace them every time.8. Always be prepared to step out of your comfort zone. The idea of stepping out of your comfort zone for some people can leave you paralyzed by fear; However, for every change in your life, your comfort zone will always have to be stepped out of. It doesn't have to be something big, like when you sink or something so crazy, it's worth changing something you once feared, like going to the movies alone or eating in a sushi restaurant when you think you're trying raw fish, which would normally mean running up the hills. So try something new — it doesn't have to be crazy, but it has to challenge you!9 Be on hand to help others. Whether it's helping a stranger on the street or a family member or a friend who helps someone else either in times of need, lending a helping hand is wonderful and simple self-improvement. Giving to others is beneficial not only for those you help, but also for yourself; it can give you meaning, benefit and also takes your mind to your own problems and worries. 10. Live in the present moment. A wonderful tool for self-improvement is to live in the present moment, to live in the present. It is at this time that you will appreciate everything you have and see beauty in the simplest things. Being aware of your current situation and bringing your mind back to where it belongs will bring about a happier way of life instead of constant worry or stress about the past or future—both of which don't exist. There is only the present moment. If you get used to living this way, you'll never want to come back!11 Learn something new. There is nothing as liberating as learning something new; it can also lift your self-esteem and self-esteem and give you a great reason to meet new people. If you are constantly supplementing your brain activity by constantly learning something new, you will feel at the top of your game and want to share the knowledge you have learned. There is nothing as empowering as learning a new tool in life that can either improve your circle of friends or increase your level of trust — or both! Reading is also a great way to help you learn something new:12. Exercise daily. This seems to be an obvious one, but exercise is so important not only for your health, but also for your spirit. We all know that after exercise, the world can feel brighter and more positive, so why don't we do it more often? Exercise is not about getting the perfect body or losing weight; it's more about feeling good inside and out! With a healthy body comes a healthy mind - so start something today. Even if it's just a daily walk, it's better than staying on the couch, again. 13. Go to new places, travel a little. I'm not saying fly to some remote forgotten country — even if you can if you wish. It's more about going to new places and experiencing life outside your own backyard. Too many of us stay in one place too often. We only see the same people, the same streets, and we do the same things every day. If you want to improve your life, get there and see the world and what it has to offer. You can start by going to a city or city that you have never in your country and checking out architecture, landscape and people. Anything new is good, so get there!14. Listen to uplifting music and dance. If there's one thing that can really improve your life and get you excited, it's listening to great uplifting music and dancing. When was the last time you really let it go? Let it all hang freely and get into a piece of music and let go? Dancing, like exercise, makes you feel great. It releases all kinds of emotions and can feel incredibly good. Self-improvement is not just about serious things; it can be something as simple as finding new music, music that inspires you and makes you dance and have fun!15. Get up earlier than usual. This is the last one, and it's the last one because it's one of those self-improvement tips that we all know is a good thing, but it seems to be avoided at all costs! If you think about it, the earliest part of the day is when your brain is most active because it's been turned off for the last 7 hours or so. Don't you think it's best if you finish all this stuff in the morning? Things like exercise, meditation and dancing that can all be done in the first part of the day. Take it from me: this early morning stuff can really get your day started with the morning! More on self-improvementBest photo credit: Laura Chouette via unsplash.com unsplash.com

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