

Readings for The Most Holy Body and Blood of Christ (Corpus Christi) 7th June 2026

First Reading - Deuteronomy 8:2-3, 14B-16A

Moses said to the people: You shall remember the whole way that the LORD, your God, has led you these forty years in the wilderness, that he might humble you, testing you to know what was in your heart, whether you should keep his commandments or not.

And he humbled you and let you hunger with hunger, and fed you with manna, which you did not know, nor did your fathers know, that he might make you know that man does not live by bread alone, but man lives by every word that comes forth from the mouth of the LORD.

Do not forget the LORD, your God, who brought you out of the land of Egypt, out of the house of slavery; who led you through the great and terrifying wilderness, with its fiery serpents and scorpions, and thirsty ground where there was no water; who brought you water out of the flinty rock, who fed you in the wilderness with manna that your fathers did not know.



Responsorial Psalm

Response: *O Jerusalem, glorify the Lord!*

O Jerusalem, glorify the Lord!

O Sion praise your God!

He has strengthened the bars of your gates,
he has blessed your children within you.

He established peace on your borders,
He gives you your fill of finest wheat.
He sends out his word to the earth,
And swiftly runs his command.

He reveals his word to Jacob,
to Israel, his decrees and judgements.
He has not dealt thus with other nations;
He has not taught them his judgements.

Second Reading: 1 Corinthians 10:16-17

Brothers and sisters: The cup of blessing that we bless, is it not a participation in the blood of Christ? The bread that we break, is it not a participation in the body of Christ? Because there is one bread, we who are many are the one body, for we all partake of the one bread.



Gospel: John 5: 51-58

At that time: Jesus said to the Jews, “I am the living bread which came down from heaven. If anyone eats of this bread, he will live for ever. And the bread which I will give for the life of the world is my flesh.” The Jews then disputed among themselves, saying, “How can this man give us his flesh to eat?” So, Jesus said to them, “Truly, truly, I say to you, unless you eat the flesh of the Son of Man and drink his blood, you have no life in you. Whoever feeds on my flesh and drinks my blood has eternal life, and I will raise him up at the last day. For my flesh is true food and my blood is true drink. Whoever feeds on my flesh and drinks my blood abides in me, and I in him. As the living Father sent me, and I live because of the Father, so whoever feeds on me, he also will live because of me. This is the bread that came down from heaven, not like the bread the fathers ate and died. Whoever feeds on this bread will live for ever.”

