



Cade is a recreational and competitive gymnastics coach trained at Emilia's Acrobatics, Gymnastics, & Cheerleading in Laurel MD. His sports acrobatics career duration (2012-2022) included competing Mens Four Category in Senior division. Highlights included bronze medalists at the MAIA Acro Cup in Porto, Portugal 2022, Vegas Acro Cup Champions 2022, and National Champions Des Moines, Iowa 2022. His coaching history since 2017 has involved classes for beginner and advanced students (Tumbling and Acro), choreographing group routines for both competitions and exhibitions, and private lessons.