



2021 Abbotsleigh Timetable & Term Dates



Day	Class	Time	Venue
Monday	Level 3-4 Development Squad Level 5-10 + Elite	4:00pm—7:00pm 4:00pm—7:00pm 4:00pm—8:00pm	Senior School Gymnasium
Tuesday	Recreational + Level 1 Level 2 Level 5-10 + Elite	4:00pm—5:30pm 4:00pm—6:00pm 4:00pm—8:00pm	Senior School Gymnasium
Wednesday	Level 3-4 Level 5-10 + Elite	4:00pm—7:00pm 4:00pm—8:00pm	Senior School Gymnasium
Saturday	Recreational + Level 1 Level 2 Level 3-4 <hr/> Level 5-10 + Elite	12:30pm—2:00pm 12:30pm—2:30pm 2:00pm—5:00pm <hr/> 1:00pm—5:00pm	Senior School Gymnasium <hr/> Multi Purpose Sports Hall (MPSH/Precinct Senior School)

Term Dates: Recreational, Level 1-2, Level 3, Development Squad

TERM 1 – 9 weeks	TERM 2 – 10 weeks	TERM 3 – 10 weeks	TERM 4 – 10 weeks
Sat, 30 Jan–Wed, 31 Mar	Mon, 19 Apr–Mon, 28 Jun	Mon, 12 Jul–Sat, 18 Sep	Tues, 5 Oct –Mon, 13 Dec

Term Dates: Level 5-10 + Elite

TERM 1 – 11 weeks	TERM 2 – 11 weeks	TERM 3 – 11 weeks	TERM 4 – 11 wks
Mon 25 Jan–Sat 17 Apr Holiday Training 4-23 Jan	Mon, 19 Apr–Mon, 5 Jul	Mon, 12 Jul –Sat, 25 Sep	Tues, 5 Oct –Mon, 20 Dec

PLEASE NOTE: *Makeup classes have been provided for cancellations and public holidays.*

FAQs

What to Wear?

Gymnasts need to wear tight-fitting clothes e.g. leotard and tights, black is the preferred colour and no shoes are required. Socks can be worn and hair tied neatly. Training attire can be purchased from Bloch, Kmart, Target or a similar retailer.

What else is required for the class?

Gymnasts can pack a light snack and water bottle to bring to class.

All Rhythmic Gymnastics apparatus is supplied for the Recreational and Level 1 & 2 classes and coaching staff will advise higher levels gymnasts of the apparatus requirements for their level.

Location

Abbotsleigh School

1666 Pacific Hwy, Wahroonga NSW 2076

Enter via the carpark off Ada Avenue through Gate 1 – walk up the stairs from the carpark and the gymnasium is the older style building adjacent to the hockey field. We also use the Sports Precinct on Saturdays which is the new building connected to the carpark off Ada Avenue.

Locations Abbotsleigh | Academy & High Performance | PLC Sydney | Ravenswood

Phone +61 2 8328 0676 **Email** enquiries@leraygymnastics.com.au **Website** www.leraygymnastics.com.au