



## About your shopping trip

You are about to experience a whole new way of shopping!

We go in with an action plan. We know what we need and what we already have. We will be looking for pieces that will mix and match to create a variety of looks and make you feel amazing.

To make the most of our time together, I will be going a scouting day prior to our shopping trip, to select styles, ensuring the stock is available in the sizes we need and set aside, the store staff are briefed and ready for us.

While we work together to create a wardrobe that feels comfortable and puts you at ease, prepare to be pushed out of your comfort zone.

You are in good hands. Trust the process and know that the best results are achieved when you come with an open mind

## What to bring

- Socks - You'll be trying on shoes. Bring a pair of lightweight dress socks (not thick sports socks)
- Wear underwear that won't gather or bunch.
- Clothes that are easy to change in and out of.
- A bottle of water.
- Energy. Have a good meal beforehand. Hungry shopping is no fun. We will, of course, break for food and coffee. And a cheeky glass of wine with lunch.
- A positive attitude.