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Many Filipinos, especially the more traditional, tend to lean toward superstitious beliefs. Despite the lack of any scientific basis, young people prefer to cling to these superstitions to avoid disputes with elders. Elders usually advise the younger ones to follow these beliefs. One of their most frequent sayings: You have nothing to lose if you believe. Below you'll find five of our most famous superstitions in the Philippines. Knock whenever the lizard clacks this old superstition when the lizard clacks - banging on wood (three times!) to raise cash. Elders would say that when a lizard makes continuous clacks, you will definitely get paid in the coming days. This belief is pretty strange, but hey, what should you lose? Aside from the fact that you may be a little richer after a series of strokes, you have nothing to lose.2. Avoid cutting your nails at night, don't cut your nails at night - especially on Fridays. Filipinos believe that cutting nails at night increases the power of supernatural beings. So if you are in the Philippines and you need to cut your nails, do it in the morning. If ghosts don't scare you, go ahead and cut your nails. Otherwise, kindly edit in the advice of people who believe in this superstition.3. Choking while eating means you're in someone's mind. It means someone's far from remembering you. El Nido, Palawan - Welcome to Paradise!4. Look at beautiful faces during pregnancy There is a common belief in the Philippines that a woman who is one to two months pregnant should adopt a new hobby: looking at pictures of beautiful people. If a pregnant woman will look at ugly photos, good old superstition says her baby will come out ugly. So if your pregnant girlfriend is looking at your picture, take it as a compliment: you're beautiful.5. Don't eat chicken on New Year's chicken dishes, spicy buffalo wings and baked mushroom chicken seem delicious. On any other day, you can satisfy your chicken-loving appetite as much as you want with these dishes. But, when you expect January 1st, getting a fix for these dishes (as well as other poultry dishes as an ingredient) is not a good idea. In our country, many believe that everything you eat on New Year's Eve will significantly affect your life in the coming year. So if you imagine having a good life ahead of you, superstition advises you not to eat chicken. The rationale for this is that eating chicken is symbolic with a dig for money. If you don't want to dig your way to make ends meet next year and you'd be much better off to see someone else do dig for you and then bid farewell to the bird on NYE. Pin Me: Geraldine C/ Culture TripThe Philippines is a country with a long history of colonization, strongly affecting its culture and traditions. This impact goes far beyond language and food and in many superstitions that locals take to heart. With an anivist, pre-colonial past (with probable Hindu-Buddhist influences), followed by a major conversion to Christianity, the Philippines argues that they have a very interesting, diverse mix of beliefs. The number of steps of the stairs of the house should not be divided into three the Philippine family with the stairs and start chanting Oro (gold), fee (silver), Mata (death), taking one step with each word. Most likely, upon reaching the top steam, the chant will end with either an octo or a board. This is because many Filipinos will go to great lengths to avoid ending in Mata, which denotes bad luck. The two previous words, on the other hand, obviously mean good luck. Turn the plate when someone leaves in the middle of a meal, when sitting at the dinner table for food, and someone gets up to leave until the rest of the group ends, everyone on the left at the table should turn their plates to ensure a safe ride for the person leaving. Another superstition of food (although more freely believed) is that the table should not begin to be cleaned while people are still eating. If this is done, it is believed that the last person left in the dining room will live a lonely life. Geraldine C/ Culture TripDon't go straight home after visiting a wakeThis superstition called pagpag (shaking mud). In the context of the aftermath, it means going elsewhere after attending a wake before heading home to get rid of the spirit of the deceased so he follows you home. The superstitions surrounding waking ups are among the most widely practiced Filipinos so far. The other is that the family of the deceased should not drop visitors off at the door after farewell, as it symbolizes the landing of them on their own death. And as for serving food on wakes up (whether it's heavy meals or snacks) on Filipino wakes usually, visitors shouldn't make the mistake of taking any house with them (whether it's a small piece of candy), as it means inviting misfortune into your home. Convince the host that you are a humanA very common line used by Filipinos when knocking on someone's door Tao (face) on! Many suggest that this applies to a knockout calling to ask if there are any people inside when in fact, he is said to flow out of the knock reassuring people inside that with/he is a human and not possibly a harmful supernatural being. Geraldine C/ Culture TripSiblings should not marry during the same yearThis superstition is called sukob and advises siblings who marry during the same year are said to share good luck marriages. Another type of sucoba advises against marriage during the same year as the death of the nearest family member. Pushing for this is considered bad luck. Another wedding superstition is that the bride should never try on a dress before the big day. It is said that this brings bad luck and causes the abolition of the union. Serve pancit (noodles) at celebrations, especially birthdaysThis a permanent dish at Philippine gatherings is believed to represent a long life. And while Filipinos today can joke and laugh about actually believing that this noodle dish is served for a long life, it remains a staple on almost every birthday party. Respect the elements of Philipikino folklore rich in a variety of elementals, from giants who smoke tobacco to small, grumpy, old people living in anthills. The stories of these creatures fill the childhood of many Filipino children, fueling both intrigue and fear. Many superstitions still surround beliefs in such beings today. Among the most practiced is Tabi Tabi's saying on (excuse me) when passing through places where the elementals probably inhabit. These places are usually outdoors such as anthill and ballet trees. Failure to do so and alarming such creatures can lead to an unexplained disease that can only be cured by albularyo (a popular healer). Geraldine C/ Culture TripBe careful, showing love for babies It's hard to keep from playing with cute babies or complimenting your parents on their adorable features, but doing so in the Philippines is believed by some to be a potential cause of the disease. This superstition, called smuff or baby, suggests that when a person with strong energy welcomes a child, a child may soon suffer from unexplained discomfort. That's why, especially in rural areas, older people know to say pwersa usog, showing love for children. This is designed to counteract any usog that might have happened otherwise. If this is not said, and parents attribute certain illnesses to their children usog, they may ask for a greeting to smear their saliva on the forehead of the suffering child as a medicine. Blame your missing stuff on elvesIn Philippines, there is an assumption that when items around the house are missing and reappear, it is caused by dwendes or playful elves. Although mischievous, these little creatures are thought to be mostly harmless - aside from the type that take young children. Many Filipinos are superstitious. No matter how young and modern you are, your superstitious blood still flows in your veins. Growing up in a family with so many mythical beliefs is exhausting. Maraming Bawal! Sometimes you wonder because Lola will scold you for something you didn't know was wrong. Can you still remember the common Filipino superstitions? You can find some of them here on our list and the most useless native beliefs. Filipino superstitions that are ridiculous and useless, but we still practice them anyway!1. Sweeping the floor at night will ward off incoming blessings. One of the popular Filipino superstitions of our lolo and lola tell us not to sweep the floor at night, no matter how duguyt it is because it is malaise. Our ancestors may have forgotten that the allergies, cold and dirty feet we can get from dirt and dust are not blessings.2. Singing while cooking will make you lonely for the rest of your life. However, some say that you would end up with a much older spouse. For all single ladies and gentlemen, don't you DARE sing while cooking so you'll never find your destined love or you'd marry someone much older. At least that's what our grandparents say. How can we not associate the whole with everything that happens in the family? 3. Groupie ? The man in the middle will be the first to die. This is the most common Filipino superstition scared teenagers in the 90's. Aminin mo, once in your life you included an extra friend in the groupie, so that none of you three will die. Apat dapat, ika nga.4. Brushing your hair at night will bring unhappiness. Yung toto, what's wrong with cleanliness and hygiene at night? Is it still luck when you wake up with your hair so tangled pwede nang pamugaran ng ibon? On a positive note, it allows you to do almost anything at night. Huiwag Nang maglinis o magsukly, dererhong tlog na. Mud and kuto can wait in the morning.5. To keep the skin without acne, girls should wash their face with a discharge from their very first MENSTRUAL PERIOD. Do you still remember when your family rejoiced after you told them that you had the first period? Yes, maybe dalaga on the kyamil! It can be awful, too, to hear your lola say: Oh sia, ipahid mo na 'yang sa fly mo para hindi ka tigyawatin! Thank you, but no, thank you po.6. Don't sleep with wet hair: otherwise, you're crazy. We have been discussing pamahin for a long time. Minsan, kahit nilalamon na tio ng antok, we don't settle down to work late just to dry our hair. Actually sleeping with wet hair is bad because it is in the weakest condition. Therefore, when you neglect to dry your hair before going to bed, it can cause hair damage and breakdown. 'Wag pag-isipan ng iba 'yan, bes, baka matuluyan kang mabuwang.7. When you bite your tongue, someone thinks of you. Nakagat mo ba dila mo? Siege, ask someone to give me a number. Tapos, yung number on 'Yun i-convert mo sa alphabet. Kung sino 'yung taong naisip mo sa alphabet na 'Yun, iniisip ka n'ya ngayon.come on! What is interesting with this Filipino superstition is the naming of the relevant letter and the ability to fantasize that maybe (maybe) your crush is thinking of you, too. The pair should not eat from the same plate or soon they will fall down absurd, it makes sense: Go get a partner who is as matakaw as you are, but don't dare share a meal in one plate. Siguradong mag-aaway kayo, because none of you share the last piece/bite with the other. Charo!9. Don't trim your nails and nails at night because it will bring you unhappiness. Our ancestors may have trouble cleaning at night. It may be, too, they are just like us who make such pamahin miss doing household chores and go straight to bed. Sleep the pain, my friend. Your ingrown nails can wait until morning.10. Avoid getting injured or injured on Good Friday because it will never heal. Why is that? Our grandparents tell us not to suffer on Biyernes Santo because it is the day of the death of Jesus Christ. Walang gagamot sa sugat o injury mo. I bet you used to rethink about this myth when you were a kid and wound up. Walang masamang maniwala, but always remember, your luck and destiny do not revolve around household or body things. You draw your destiny with the choices you make now, so chill Lang. As long as you make the right decisions, you'll be fine. You're miles from Mal. ☺If it's not pamahin, it's New Year's Resolutions that we can fight to believe and do. How many of these absurd Filipino superstitions are you used to believe? Share your thoughts in the comment box! Be sure to share this blog with mapamahing friends and family. Family. superstitious beliefs in the philippines about death. superstitious beliefs in the philippines with scientific basis. superstitious beliefs in the philippines tagalog. superstitious beliefs in the philippines about health. superstitious beliefs in the philippines about comets asteroids and meteors. superstitious beliefs in the philippines ppt. superstitious beliefs in the philippines about eclipse. superstitious beliefs in the philippines pdf

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