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## **FUTURISE PROGRAM: ENHANCING CAREER GUIDANCE WORKSHOP AMONG GRADE 10 STUDENTS OF CORE SCIENCE ACADEMY, INC.**

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### **ABSTRACT**

This study aimed to evaluate the effectiveness of the existing career guidance workshop and to develop an enhanced intervention known as the FUTURISE Program for Grade 10 students of Core Science Academy, Inc. Anchored on the Social Cognitive Career Theory (SCCT). The study investigated the program's impact in three key areas of career-related behavior: personal attributes, environmental factors, and learning experiences.

This study employed quantitative-descriptive research design and utilized a census sampling method. Data was collected from all 54 Grade 10 students using validated survey questionnaires.

Statistical tools including weighted mean and Pearson's Product-Moment Correlation Coefficient were used to assess levels of effectiveness and determine significant relationships between the workshop and students' career-related behaviors.

Findings revealed that students perceived the current workshop as generally effective (GWM = 3.22), with strong agreement across all career-related behavior domain personal

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attributes (GWM = 3.21), environmental factors (GWM = 3.22), and learning experiences (GWM = 3.26). However, specific areas such as goal setting, motivation to explore careers, and application of learning to academic planning received relatively lower ratings.

A significant moderate positive correlation was found between the workshop's effectiveness and students' career behaviors (R-values ranging from 0.6421 to 0.6952,  $p = 0.0000$ ), leading to the rejection of the null hypothesis. These results affirm that the workshop meaningfully supports students' career decision-making but requires enhancements for deeper impact.

In response, the FUTURISE Program was developed, featuring targeted, student-centered activities such as Career Strengths Showcases, Passion to Profession, Volunteer Career Reflection, Career Guidance Week 2.0, Career Ready Orientation, Leadership & Career Forum, Career Simulation Booths, Service Career Exploration and Interdisciplinary Career Quest. These activities were designed to promote self-awareness, strengthen external support systems, and provide engaging, experiential learning opportunities.

The program seeks to bridge the gaps identified in the current framework and serve as a strategic, data-driven model for more effective and holistic career guidance in secondary education.

Based on the findings, the following research recommendations are offered: Future researchers are advised to include structured goal-setting modules and one-on-one counseling, as these were rated most effective. Motivation-related activities such as guided

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career exploration tasks should also be added to boost student engagement. Parent- and teacher-involved exercises are encouraged to strengthen environmental support.

Researchers should also analyze the effectiveness of individual workshop components to determine which directly impacts career-related behaviors. Lastly, the FUTURISE Program should be piloted in other schools to assess its broader applicability and effect.

### **Output Description:**

The FUTURISE Program of Activities is designed to address the gaps identified in the current career guidance workshops among Grade 10 students at Core Science Academy, Inc. Anchored in the goals of knowledge enhancement, self-awareness, and informed decision-making, the program aims to equip students with the tools and mindset needed to plan their educational and career paths with clarity and confidence. Through a series of structured, interactive, and reflective activities, the program fosters the development of goal setting, research skills, and practical application of insights thereby preparing students to make well-informed choices aligned with their strengths, interests, and aspirations.

### **Personal Attributes**

Career Strengths Showcase (Inspired by Sports Clinic). This activity involved a talent exhibition where students demonstrated diverse personal strengths ranging from athletic and artistic to communicative and leadership skills. Career coaches observed and provided feedback connecting these strengths with suitable career paths. This initiative was designed

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to enhance students' self-awareness and confidence by linking individual capabilities with real-world professional opportunities.

Passion to Profession Week (Inspired by Special Interest Month). A week-long program was conducted to help students discover how their personal hobbies and interests such as drawing, gaming, or writing could translate into viable career options.

The activity featured guest speakers and interactive sessions, fostering intrinsic motivation by aligning leisure pursuits with professional possibilities.

Volunteer Career Reflection (Inspired by iGift Giving). Following a community outreach initiative, students participated in a structured reflection session where they examined how values like empathy and service relate to career choices in fields such as social work, education, and public service. Reflective exercises encouraged personal insight and value-based career planning.

## Environmental Factors

Career Guidance Week 2.0 (Inspired by Career Guidance Week). An upgraded version of the traditional career guidance event was implemented, featuring alumni panels, parent forums, and mentoring talks. This comprehensive approach aims to expose students to real-life experiences and develop a strong support system to sustain their career planning process beyond formal workshops.

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Career-Ready Orientation (Inspired by Orientation). The standard student orientation was enhanced by incorporating an introductory session on career planning led by guidance counselors. This early intervention aimed to provide students with a foundational understanding of the career decision-making process from Grade 10 to Grade 12.

Leadership & Careers Forum (Inspired by Election). This forum targeted student leaders, encouraging them to reflect on their leadership experiences and how these translate to future careers in fields like business, law, or governance. Through expert talks and personal reflection, students gained insight into the real-world applicability of school-based leadership roles.

## Learning Experience

Career Simulation Booths (Inspired by Student Activity Day). Students engaged in hands-on activities at booths simulating various professions.

By performing simple career-related tasks such as mock teaching, basic medical procedures, or engineering puzzles students acquired experiential understanding of diverse job roles, enriching their career awareness through active participation.

Service Career Exploration (Inspired by CAT Week). During this activity, students interacted with professionals from service-oriented fields like the military, police, NGOs, and civil service. Through live demonstrations and Q&A sessions, the activity emphasized the link

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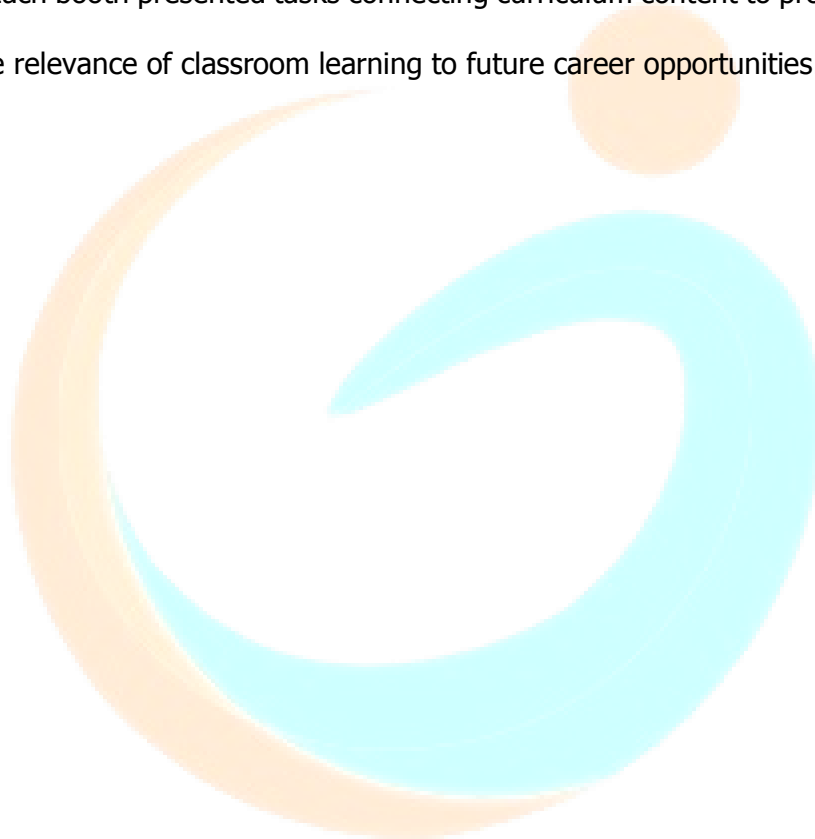
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between civic engagement and career development in disciplines requiring discipline and public commitment.

Interdisciplinary Career Quest (Inspired by Hoopla). This culminating event integrated academic subjects with career exploration by setting up subject-based booths with real-world applications. Each booth presented tasks connecting curriculum content to professional fields, reinforcing the relevance of classroom learning to future career opportunities.



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