

Parent Resources: Your Super-Team Backup

This handout is designed to help parents and educators continue their own learning and effectively guide their children in the digital world. Use these resources to reinforce the lessons in "**The Secret Agent's Guide to the Internet.**"

Suggested Websites and Organizations (With Active Links)

These organizations provide up-to-date information, guides, and educational materials on digital safety and cyber wellness for families.

Resource	Focus	Country	Link
Cyber Security Agency of Singapore (CSA)	Official government resources, guides, and campaigns.	Singapore	https://www.csa.gov.sg/
Media Literacy Council (MLC)	Promoting digital literacy and cyber wellness.	Singapore	https://www.betterinternet.sg/
Touch Cyber Wellness	Counseling and educational programs for cyber wellness.	Singapore	https://www.touch.org.sg/
Stop.Think.Connect. (DHS/CISA)	National cybersecurity awareness campaign.	United States	https://www.cisa.gov/stopthinkconnect
Common Sense Media	Reviews and guides for media, apps, and technology.	United States	https://www.commonsensemedia.org/
ConnectSafely	Guides and tips for parents on social media and online safety.	United States	https://www.connectsafely.org/
National Cybersecurity Alliance (NCA)	Resources for online safety and privacy.	United States	https://staysafeonline.org/

Suggested Books from Renowned Authors

These books offer deeper insights into the psychology of online safety, social engineering, and raising digital-savvy children.

Book Title	Author	Focus
The Art of Deception	Kevin Mitnick	Understanding Social Engineering (highly recommended for parents).
Cyber-Safe Kids, Cyber-Savvy Teens	Nancy E. Willard	A comprehensive guide for parents on digital safety and citizenship.
Raising Humans in a Digital World	Diana Graber	Helping kids build a healthy, balanced relationship with technology.
Digital Forerunners Series	Cyberlite Books (Singapore-based)	Engaging, local content for younger audiences and parents.
Screenwise: Helping Kids Thrive (and Survive) in Their Digital World	Devorah Heitner	Focusing on digital citizenship and mentoring children in the digital age.

Key Takeaway for Parents

"The most powerful cybersecurity tool is not a piece of software, but an open conversation. Your child's safety online depends less on what you block and more on what you teach and how often you listen."— Manus, *The Digital Safety Advocate*

Use this handout to start a conversation with your child today!