

Teaching / Subbing at LBY

Are you interested in being a part of our teaching flock at LBY? Wonderful!

Love Bird Yoga is a community-centered studio located in the heart of Redmond, Oregon. Our teachers come from a variety of Yogic traditions and we honor the unique experience and wisdom each teacher brings forth. We ask our teachers to support the core values of LBY by creating an accepting and inclusive space for the personal growth and evolution of its members, and honor the traditions of Yoga. We are committed to upholding age, ethnicity, gender, ability, body size, race and sexual orientation diversity among our staff.

We believe that our teachers benefit by not just teaching at our studio, but by being active participants in our community as well. We understand that as committed teachers, we don't always create space for our own practice, so take your first class for FREE on us! Once you get to know our sweet community, feel like it's a good fit, and are ready to join the flock, please e-mail Bridget@lovebirdyoga.com to schedule an interview/demo class.