

OUT AND ABOUT IN THE NORTH YORK MOORS 2017



FREE guide to the
North York Moors
National Park



MADE IN THE MOORS

Artisans, makers and food producers

WILD ABOUT GARDENS

Nature and wildlife

HOWARDIAN HILLS AONB

Introducing our outstanding neighbour

Events & Activities

– your calendar for the year



Markets & Shows

– all the dates you need



Sights & Attractions

– useful visitor information



WIN! North Yorkshire Moors Railway & Ryedale Folk Museum – **PRIZE DRAWS**



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welcome to the NORTH YORK MOORS NATIONAL PARK



We hope you find something to inspire you in this year's *Out and About*, whether it's something new to see or do, a visit to a favourite place, or an activity or walk at one of our National Park Centres.

The North York Moors is one of 15 members of the National Parks family in the UK – protected areas of beautiful countryside, wildlife and cultural heritage. Wherever you go and whatever you do, enjoy your time in this special place.

PEOPLE

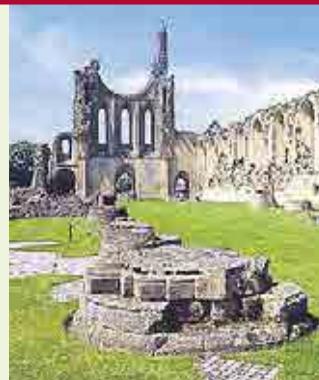
23,226 residents (2014)
7.6 million visitors
each year
12,000 volunteer days
annually
We link with around
14,000 local school
children a year



Photograph: Tammy Andrews

PLACES

Highest point, Urra Moor
(454m)
Rievaulx, Byland (pictured),
Mount Grace – 3 ruined
medieval abbeys
UK's oldest surviving
Gooseberry Show (1800),
Egton Bridge
Steepest road in England
(1 in 3) at Chimney Bank,
Rosedale



HERITAGE

Ryedale Folk Museum
– 20 buildings, 6 acres,
40,000 historic objects
World's oldest
horsedrawn passenger
railway tunnel, Grosmont
Lilla Howe, earliest
Christian monument in
England (7th century)
Levisham Moor, largest
ancient monument in the
country



NATURE

44,000 hectares of
heather moorland (1/3 of
the Park)
Woodland cover 22%
Duke of Burgundy, our
scarcest butterfly
A European Special
Protection Area for
merlin (pictured) and
golden plover



554 square miles ... **2** National Nature Reserves
26 miles of coastline ... **842** scheduled monuments
3,000+ listed buildings

Cover: Staithes, WalkFest, Ryedale Show, Rievaulx Abbey.
Photographs: Tony Bartholomew, Discovery Photography, Gazette & Herald, Chris J. Parker

Trekking the Cleveland Way?

Google it!

With Google maps, you can take a stroll at the Grand Canyon or visit the Taj Mahal – and now you can walk the Cleveland Way too!



Sunset at Roseberry Topping

The Cleveland Way has joined other landscape greats – from Machu Picchu to the pyramids of Giza – in the virtual world, courtesy of a piece of equipment known as the Google Trekker, which is designed to capture panoramic, 360-degree images of hard-to-access public locations.

Google's 'streetview' vehicles do the job in towns and cities, but in places such as national parks, the Google Trekker is used – a 1.3-metre-high, 25kg backpack kitted out with a 15-angle lens camera. That way, it's possible to get close-up images of footpaths, cliffs, beaches and farmland, and all the other features that make up the more off-the-beaten-track parts of the UK.

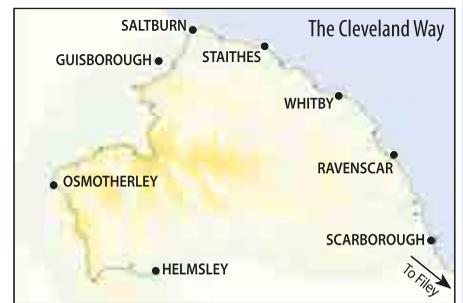
Someone's got to do it...

It's a tough job though – the Google Trekker is pretty heavy and unwieldy – which is why the National Trail team turned to Jonathan Steele, creator of the Hardmoors Ultrarunning Series, based on the Cleveland Way. He and his colleagues took it in turn to don the backpack-camera and spent a month walking the complete 109-mile route, from Helmsley across the North York Moors to Saltburn by the Sea and then down the coastline to Filey.

Recording the route of the Cleveland Way is part of a bigger project to capture every UK National Trail for Google maps. As Malcolm Hodgson, National Trails Officer, explains, "There are numerous spectacular and beautiful locations along the Cleveland Way and we hope that the Trekker will whet people's appetite to come and visit, as well as try out sections of the trail."



Cleveland Way sign north of Sutton Bank
Right: Jonathan Steele trekking the Cleveland Way
Below: Live Moor looking towards Swainby and Whorl Hill



Mark Denton, Thomas Heaton-Visit England, Mike Kipling



Step through the door of the Grosmont Co-op and all is reassuringly familiar. It's a village shop of the type we all recognise, serving locals and visitors alike. The location – right opposite the steam railway – and the wooden display shelves lend it a certain vintage air, but Grosmont Co-op has a much bigger claim to fame.

One of a kind

Although the idea of business cooperation goes back centuries, the co-operative movement is generally understood to have originated with the founding of the Rochdale Society of Equitable Pioneers in 1844. A group of workers in the Lancashire mill town set up their own shop, and pioneered the principle of jointly owning their business and paying a dividend to members.

Thousands of other 'Co-ops' followed, though over the last 150 years Britain's co-operative societies have merged together into larger groups – with one exception.

Grosmont Co-operative Society, founded in 1867, remains as the oldest independent co-op in the UK – owned entirely by its members, who are paid their 'div' (dividend) in cash every year, after signing their names in a register at the counter.

Victorian days

When the Co-op first opened, Grosmont was a booming Victorian ironstone-mining and railway town, with a much larger population than today. Records show that the new store matched Grosmont's ambition, occupying not just the current premises but also the adjacent buildings housing today's businesses – Steaming Loco, The Crossing Club and The Bookshop.

It had stables at the back, with offices and a committee room above, and as well as a grocer and butcher, Grosmont's Co-op developed to have a haberdashery and to sell farm and agricultural supplies. Older locals can still recall the daily delivery service, and the home-cooked hams prepared in a rear building.

Times, of course, have changed, and the Co-op now occupies smaller premises. Although it's not open to view by the public, the original oak panelling and haberdashery counter survives in an upstairs room, along with a Victorian committee table.



Co-op staff approximately 1912

Celebrating Grosmont's INDEPENDENCE!

Grosmont's village shop – the Grosmont Co-operative Society – is 150 years old this year. *Out and About* visits a pioneering – and proudly independent – business in the heart of the Esk Valley.

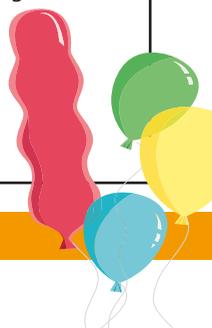


Joining in

What hasn't changed is the co-operative principle. Anyone can join Grosmont Co-op – it's still only £1 – and many visitors arriving on the railway do just that, keen to be a part of history.

Next time you're in Grosmont, go and see for yourself. Whether you want to grab some groceries, put together a picnic, post a letter, or buy some Grosmont fudge and nougat, the Co-op is still there to serve, 150 years on and going strong.

Grosmont is pulling out all the stops to celebrate the Co-op's 150th anniversary on Saturday 20 May 2017 – expect shop staff in period costume, traditional Victorian fairground attractions in the village and plenty of other events and activities. For details see www.grosmontco-op.co.uk



THE MOORS AND DALES

strong sense of community
and friendly people



HIDDEN GEM

Newtondale

At 12 miles long and 250 feet deep, Newtondale is our own miniature Grand Canyon, formed during the last Ice Age when a glacial lake overflowed – bulldozing a mighty trench through the moorland plateau. Experience it on foot, by bike or by steam train – the choice is yours.



North Yorkshire Moors Railway

East & West Ayton

Twin villages on the eastern edge of the National Park, near Scarborough. Ayton Castle (outside West Ayton) is a pele tower (fortified tower house) dating from 1400, which can be seen from a nearby footpath.

Betton Farm. Social enterprise providing employment for people with learning difficulties – farm shop, tearoom, play area, animal farm and honey farm.

Open daily. Free. 01723 863143, www.bettonfarm.co.uk



Brompton by Sawdon

The village lies in the River Derwent valley and is an important aviation heritage site – Sir George Cayley flew the world's first manned aircraft here in 1853.

All Saints' Church. William Wordsworth married Mary Hutchinson, of nearby Gallows Hill Farm (1802) – after the wedding they returned to Grasmere in the Lake District.



Cropton

Located at the edge of the Tabular Hills and with a history dating back at least 2,000 years, when Roman soldiers were billeted at a nearby fort and training camp.

Cawthorn Roman Camps. Remarkable archaeological site with easy access walk and panoramic views. Booklet available at the village's New Inn. Site always open. Free.

Cropton Brewery. Craft brewery at the New Inn, with tours available year-round.

Open daily. 01751 417330, www.newinncropton.co.uk



Dalby

Over 8,000 acres of Forestry Commission woodland to enjoy and discover, on foot or by bike.

Dalby the Great Yorkshire Forest. Explore forest valleys, lakeside and moorland trails, and the impressive sandstone outcrops of the Bridestones. Visitor Centre, shop and café, BBQ,

picnic and play areas – plus 70km of varying ability cycle trails, 12 waymarked walks (including easy access), forest runs and orienteering course. Open daily. Vehicle toll charges apply to enter the forest. 01751 460295, www.forestry.gov.uk/dalbyforest

Cycling. Dalby Bike Barn (bike hire, sales and service centre), cycle skills area.

Activities. Go Ape (high wire course, Tree Top Junior course and Forest Segways), Dalby Activity Centre.



Farndale

The famous 'Daffodil Dale' blazes with colour each spring as thousands of native wild daffodils line the banks of the River Dove. Walk from Low Mill to Church Houses and back, and stop at the Feversham Arms pub or Daffy Caffy.

Walk leaflet available from our mobile display unit at Low Mill car park in daffodil season.



Thornton le Dale forests Hutton le Hole Pickering Castle valley walks magical moorland Hole of Horcum Romans remarkable churches Rosedale Abbey steam trains mountain biking lore and legend



Rosedale Village and Northdale
from Chimney Bank



rjphotographic.co.uk

Harwood Dale

Sheltered farming valley and village, with forest to all sides.

The Grainary. Family farm with wildlife trails, lake walks, tea room and farm shop.

Open mid March–Oct daily. Free. 01723 870026, www.grainary.co.uk



Hutton le Hole

Picturesque moorland village – once a weaving centre – with wide greens, wandering sheep, grassy banks and a babbling stream.

National Park Information Point in the museum.

Ryedale Folk Museum. Twenty rescued historic buildings on a 6-acre site – experience the lives of ordinary people, from pre-historic times to the 1950s.

Open mid-Jan to 1st week Dec daily. Admission charged. 01751 417367, www.ryedalefolkmuseum.co.uk

Walks and bike rides. Circular routes from the village, including to Lastingham, Kirkbymoorside and Rosedale – leaflets available at the museum.



Kirkbymoorside

Visit the Wednesday market in the cobbled main street. Walk or cycle out to pretty local villages, such as Gillamoor and its 'Surprise View'.



Kirkdale

St Gregory's Minster. Secluded Saxon church with a remarkable 11th-century sundial.

Open daily. Free.

Lastingham

Attractive stone-built village – lovely walk from Hutton le Hole.

St Mary's Church. Lastingham is regarded as a cradle of northern Christianity, with a religious settlement since 654 AD. Church (rebuilt around 1078) features an atmospheric Norman crypt.

Open daily. Free.



Levisham

Restored 1912-style train station (out of the village) gives access to stunning Newtondale.

Levisham Estate. Great walks on a moorland and woodland estate that's owned and managed by the National Park Authority.



Nunnington

Village on the River Rye, typical of the scenic Howardian Hills.

Nunnington Hall. Delightful 17th-century manor house, organic walled garden and spring-flowering meadows.

Open mid-Feb to early Nov Tues–Sun (though daily in school holidays and bank hols), early Nov to mid-Dec Sat & Sun only. Admission charged.

01439 748283, www.nationaltrust.org.uk/nunnington-hall



Ebor Images

Pickering

Vibrant market town (market held every Monday) with a long history, and plenty to see and do. Main terminus of the North Yorkshire Moors Railway.

Beck Isle Museum. Collections exploring 200 years of rural life, including recreated shop interiors, household items, games and toys, farm machinery and vintage photography.

Open early Feb to Nov daily. Admission charged. 01751 473653, www.beckislemuseum.org.uk

Church of St Peter and St Paul.

The magnificent 15th-century wall paintings in Pickering's parish church are beautiful relics of the days before printed books – an inspiring way to teach the congregation about Jesus and the lives of the saints.

Open daily. Free. www.pickeringchurch.com

Pickering Castle. Superb example of a motte and bailey Norman castle, with plenty of space for mock battles and picnics.

Open April–Oct daily; closed Nov–March. Admission charged. 01751 474989, www.english-heritage.org.uk

Newbridge Park. Cross-country bike loop and skills area, plus woodland walks and family picnic area.

Membership or weekly pass needed to ride. 07428 058671, www.newbridgepark.co.uk

North Yorkshire Moors Railway.

Celebrated steam and diesel heritage railway, running 24 miles through the National Park, with stations at Levisham, Newtondale Halt, Goathland, Grosmont and Whitby.

Year-round services; day rover and family tickets available. 01751 472508, www.nymr.co.uk



Rosedale Abbey

Explore Rosedale and its industrial heritage from the pretty village set around a green. There's no abbey just the few remains of a Cistercian priory.

National Park Information Point in Abbey Stores.

Walks and bike rides. A flourishing ironstone industry transformed Victorian Rosedale – see kilns and other relics on the line of the former mineral railway.

Gillies Jones. Huguenots made glass here secretly 400 years ago. Internationally renowned glassmakers Gillies Jones continue the tradition today.

Open March–Nov daily; Dec–Feb by appointment. Free. 01751 417550, www.gilliesjonesglass.co.uk



Saltergate & Hole of Horcum

Panoramic viewpoint on the old salt road from the coast to York.

National Park Information.

Talk to Voluntary Rangers at our mobile display unit in the car park (summer only). Excellent walks on Levisham Estate moorland.

Hole of Horcum. Spectacular natural amphitheatre, formed by springs sapping away layers of limestone (or by a giant scooping out earth, you decide).

Thornton le Dale

Prettiest village in the National Park? Many think so, with its village green and beckside thatched cottage.

National Park Information Point in Wardill Bros.

St Hilda's Church. Historic medieval church at Ellerburn, reached by lovely riverside walk from Thornton.



GREAT FOR CYCLING

The moors and dales were made for bikes! The trails in Dalby Forest are for world-class mountain-biking and family days out alike, while Rosedale's old mineral railway line offers a level route – and amazing views – around the head of the valley. Or download our **Dalby Forest Loop** ride, for a great taste of the woods and moors on a 15-mile family-friendly explorer route.

For more see www.northyorkmoors.org.uk/cycling



Ice cream

For ice cream by the seaside with a North York Moors flavour, try the Teare Woods parlour on the Whitby harbourside. They have their own Jersey cows on the hills above town and promise ice cream from 'cow to cone' in three hours! The small herd is hand-milked and cosseted by the family, making for a real boutique experience that draws upon the freshest of local ingredients. www.tearewoods.co.uk

Furniture

The carved mouse symbol of furniture craftsman Robert Thompson – the 'Mouseman of Kilburn' – is probably the single most famous mark of quality and provenance in the North York Moors. If you see the mouse you know that your gift or piece of oak furniture has been made in the Moors at the Thompson workshop – as reassuringly local as an Italian DOC wine, a French Roquefort cheese or a Melton Mowbray pork pie. www.robertthompsons.co.uk



Ceramics

Wold Pottery was born in the East Yorkshire wolds, but a move by potter Jill Christie to Loftus, near Staithes, in 2004 gradually saw moor and coast landscapes intrude into her work. Leaves from the local woods impressed into red clay, simple seaside designs and rich moorland shades all appear in her earthenware beakers, bowls and jugs. www.woldpottery.co.uk



MADE IN THE MOORS

Out and About finds
10 GREAT WAYS to
KEEP IT LOCAL

The French call it *terroir* – the way the local environment lends a particular character and quality to a crop or product, from wine to cheese. In the North York Moors we see the same local factors at work and, whether it's ice cream or artisan glass, local producers will tell you that landscape, nature and heritage shape pretty much everything that's made in the Moors.



Oils and soaps

If heather is our signature moorland plant, across in the Howardian Hills AONB there's a case to be made for lavender – that most ancient of herbs – used for centuries for cooking, healing, perfumes and landscaping. The flowering lavender gardens of Yorkshire Lavender in Terrington are a highly personal project, producing a wide array of oils, soaps, sprays and fragrances – not to mention lavender scones and ice cream! www.yorkshirelavender.com



Yorkshire Lavender

Cheese

Cheese from the Botton Village Creamery could hardly be more tied to its surroundings. As part of the Camphill Village Trust (a social enterprise that's home to adults with learning disabilities), the creamery only uses organic milk from Botton's farms, with cheese production in the hands of community residents. Go along for a taste – you're welcome to visit Botton, where there's a shop and café too. www.cvt.org.uk

Guzzellian



Mike Nowill

Metalwork

Once every village would have had its smithy, without which day-to-day work and life would have been impossible. Blacksmith David Stephenson still operates out of the small moorland village of Lockton, applying age-old techniques to both traditional and contemporary designs. It's an artistry that has its origins in the very fabric of community life, going back to the earliest days of settlement in the North York Moors. www.davidstephenson.org.uk

Glass

Artisan glassmakers Stephen Gillies and Kate Jones continue a glass-making tradition in Rosedale that stretches back over 400 years. Their workshop and studio occupies the old village blacksmith's quarters, and the couple produces stunning glass bowls whose form and colour are entirely rooted in the landscape and nature of the North York Moors. www.gilliesjonesglass.co.uk

Tony Bartholomew



Juice, cordial and cider

Yorkshire Beauty, Flower of the Town, Yarlington Mill and Tom Putt – the hugely inviting names of the heritage and cider apples grown at the Tree Top Press orchard, outside Scarborough. The apples are picked and pressed by hand in the North York Moors, while cordials are made using freshly picked fruit and hedgerow flowers. www.treetoppress.co.uk



Kippers

Herring fishing was once the biggest industry on the North York Moors coast, employing thousands of fishing families. The last remaining traditional smokehouse – Fortune's of Whitby – has been in business since 1872, producing kippers (smoked herrings) and other smoked fish from their atmospheric HQ near the foot of the 199 steps. www.fortuneskippers.co.uk

Tony Bartholomew



Beer

Helmsley Brewing Company, based in the National Park's only market town, makes the official beer of the Cleveland Way National Trail, which starts just a short distance from the brewery and bar. It's a real nod to the local landscape, but their 'Helmsley Honey' ale goes a step further – made with local heather honey produced from moorland hives. www.helmsleybrewingco.co.uk

THE ESK VALLEY

wide sweeps of open heather moorland
and distinctive dales

HIDDEN GEM

Beck Hole

Take the easy walk down the old railway line from Goathland to discover Beck Hole, a peaceful hamlet with a quaint riverside pub. Hard to believe now, but it was once an ironstone mining village, alive with the sounds of a booming industry.



MSP Travel Images/Almay

Botton Village

Nestled in Danby Dale, and run by the Camphill Village Trust to assist adults with special needs. You're welcome to visit the bookshop, craft workshops, coffee bar and village store.

Opening hours vary. 01287 660871, www.cvt.org.uk



Castleton

Attractive moorland village near the head of the Esk Valley.

Walks. Starting point of the Esk Valley Walk – the first section is a circular 16-mile route back to Castleton.



Commondale

A quiet village surrounded by moorland – good for walks, including down the valley to Castleton.



Danby

In a dramatic moorland setting, and full of historic interest, Danby is also home to The Moors National Park Centre. Enjoy rural traditions at the annual Danby Show (every August).

The Moors National Park Centre. **FREE ADMISSION.** Best place to discover all about the National Park, with interactive exhibitions, indoor and outdoor play areas, café and gift shop.

For opening times and more details, see page 24.

Inspired by... The beautiful gallery at The Moors Centre features artists inspired by the North York Moors. Regularly changing exhibitions, art previews and special events.

For opening times and exhibition details, see pages 22–23. Free.

www.northyorkmoors.org.uk/inspiredby

Walks. Lovely walks straight from the door of The Moors Centre to local sights, including Danby Castle, Duck Bridge and the superb viewpoint of Danby Beacon.



Egton & Egton Bridge

Twin villages in the heart of the Esk Valley – the upper village of Egton and the lower village of Egton Bridge, the latter the site of the railway station and picturesque stepping stones on the River Esk.

St Hedda's Church. Important stop on the trail of Catholic martyr Nicolas Postgate who was executed in 1679.

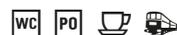


Glaisdale

The scenic hillside village was once a centre of ironstone mining.

Walks. Follow the historic stone trods in East Arncliffe Wood en route to Egton Bridge.

Beggars Bridge. Beautiful high-arched packhorse bridge across the River Esk, built in 1619 – close to the station.



ancient crosses **Goathland** packhorse bridges Esk Valley Railway
 Falling Foss fabulous views The Moors National Park Centre riverside walks
Danby pretty villages heritage train line **Inspired by... gallery**



Malcolm Blenkey

Goathland

Probably the best-known moorland village in the North York Moors – doubled as ‘Aidensfield’ in the TV series ‘Heartbeat’. Goathland has an attractive heritage railway station (familiar as ‘Hogsmeade’ station in the Harry Potter films), and there are lots of great local walks.

National Park Information Point in the Post Office.

Walks. Visit Mallyan Spout waterfall (path down side of Mallyan Spout Hotel); follow the ‘Rail Trail’ down to Beck Hole and Grosmont.

Wade’s Causeway. Tales and legends abound on this paved section of old road across Wheeldale Moor. What’s the story? Medieval, Roman, built by a giant?

Site always open. Free.



Grosmont

The northern station for steam and diesel trains on the celebrated heritage railway, and also a stop on the Esk Valley Railway. A great destination for day trips and country walks.

National Park Information Point in Steaming Loco shop.
North Yorkshire Moors Railway. Arrive in style on the heritage railway line, see the loco sheds, visit the station café and explore Grosmont’s tearooms and shops. Year-round services from Pickering; day rover and family tickets available. 01751 472508, www.nymr.co.uk

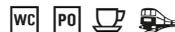


Lealholm

Pretty riverside village with stepping stones across the Esk.

Poet’s Cottage. Shrub and plant nursery, on the site of the home of John Castillo, 19th-century dialect poet.

Open daily. Free. 01947 897424, www.poetscottage.co.uk



Littlebeck

A steep road (1:3) gives access to this beautiful wooded hamlet on Little Beck, a tributary of the Esk.

Walks. Through the woods to Falling Foss waterfall (also accessible from May Beck). Also visit the ‘Hermitage’, carved out of stone.

Scaling Dam

Largest stretch of water in the National Park, with reservoir walk, bird hide, fishing lodge and a sailing centre.

Fishing equipment and licences available mid-March to Nov. Scaling Dam Sailing Club, www.scalingdam.org



Westerdale

Several small becks flow down from the moors above Westerdale – the source of the River Esk.



HIDDEN GEM

Falling Foss

The North York Moors’ most romantic waterfall? You can decide as you take the magical walk through the woods from the hamlet of Littlebeck or the car park at May Beck, calling in on the way at the old hermit’s cave and the woodland tea garden. It’s a lovely shady walk for summer – with shallow waters to paddle in, and a bridge to play pooh-sticks from – and spectacular in autumn when the woodland colours are at their best. The unusual name dates back to Viking times – ‘foss’ is a Norse word for a waterfall.



Graeme Peacock

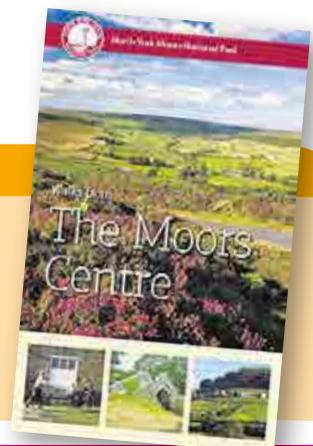


Chris J. Parker

GREAT FOR WALKING

See the Esk Valley on foot, with some wonderful walks starting from Danby and Goathland. Explore the history and heritage of Danby Dale with ‘Walks from The Moors Centre’ and discover other scenic highlights with ‘Walks around Goathland’. Both guides are available from local shops and our visitor centres. Or why not combine a walk and a heritage train ride on the easygoing ‘Rail Trail’ from Goathland to Grosmont?

For more great walks see www.northyorkmoors.org.uk/walking



From grand estates to cottage blooms, and orchard meadows to wilderness patches, there's a garden for everyone in the North York Moors and Howardian Hills – and some surprising wildlife visitors too!

We're just WILD about gardens in the



Shakespeare captured perfectly the magic of a hidden place of scent-filled wildflowers. Maybe you know somewhere like this?

*I know a bank where the wild thyme blows,
Where oxlips and the nodding violet grows,
Quite over-canopied with luscious woodbine,
With sweet musk-roses and with eglantine:
There sleeps Titania sometime of the night,
Lull'd in these flowers with dances and delight.*

A Midsummer Night's Dream

Helmsley Walled Garden

Tucked behind Helmsley's castle lies a 5-acre secret – a 250-year-old walled garden that once provided fruit, vegetables and flowers for the Duncombe Park gentry. It's been beautifully restored over the last two decades, with seasonally flowering borders, a clematis garden, an apple, pear and plum orchard, and wildflower meadow – with the castle walls and towers framing surprise views and contemplative corners. Not

surprisingly, the humble bumblebee – an essential garden pollinator – feels right at home here. The walled garden takes part in the annual Bumblebee Conservation Trust's 'Beewalk' survey, and has recorded the eight most common bumblebee species in the UK, including the buff-, red-, and white-tailed bumblebees, the common carder bee and the gypsy cuckoo bumblebee.
www.helmsleywalledgarden.org.uk



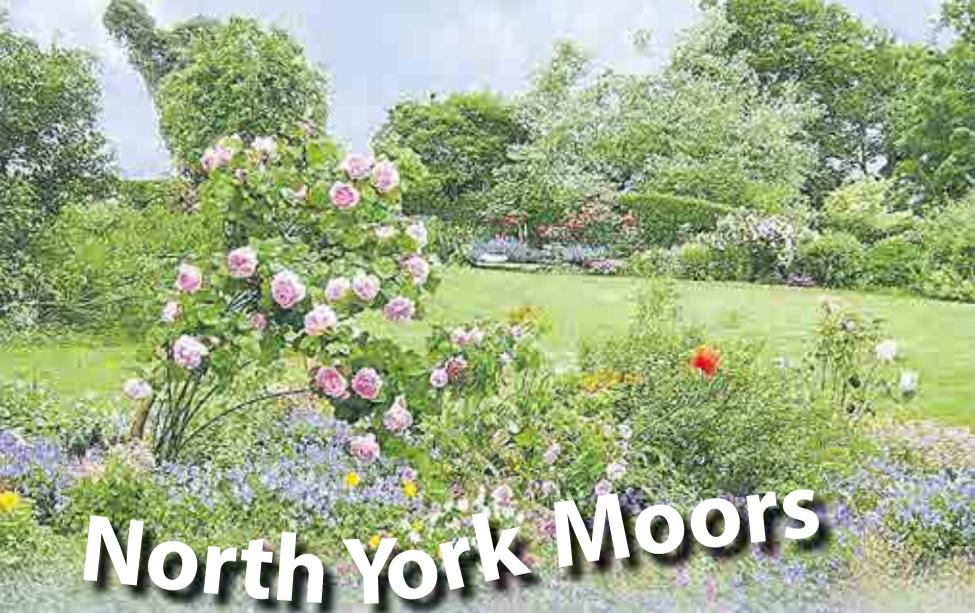
SIGHTINGS – in your own back yard...

Whatever sort of garden you have, it pays to keep your eyes open when it comes to wildlife.

EARTHWORMS Charles Darwin referred to earthworms as 'nature's ploughs'. They mix, drain and aerate the soil and break down dead organic matter, essential for plant growth. More earthworms = better soil!

HEDGEHOGS Hedgehogs are declining in number, so it's important to help those that live in our gardens. Check borders and undergrowth before using strimmers, or before lighting garden fires, and to make your garden more hedgehog-friendly take a look at www.hedgehogstreet.org.





North York Moors

Shandy Hall

Laurence Sterne – 18th-century author of *Tristram Shandy* – lived at Shandy Hall in Coxwold, where he was the vicar (and a keen gardener). The hall's gardens have been altered and extended since Sterne's day, and they are now as much an attraction as the house itself, from the formal front garden, orchard and walled garden to the

'Wild Garden', set in an old, abandoned stone quarry. Nesting swallows, roosting bats, scampering rabbits, shy moles and voles, stoats and buzzards are all visitors, while Shandy Hall has a particular fondness for its moths – over 370 different species have been recorded so far and the 'Shandy Hall Moths' even have their own blog! www.laurencesternetrust.org.uk, shandyhallmoths.blogspot.co.uk

Dutch House – a hidden gem

The Dutch-owned art gallery and café on the River Foss near Crayke village features a wildlife garden designed on ecological and sustainable principles. Wildflower meadow, herbaceous borders, vegetable plot and herb garden are all aimed at attracting bees, birds, insects and butterflies, while even the weeds are cherished as a crucial part of the garden habitat. www.dutchhouseyorkshire.com



Castle Howard

More great gardens

The great houses of the Howardian Hills have long been known for their gardens and grounds, notably the vibrant seasonal displays across 1,000 acres of the Castle Howard estate (castlehoward.co.uk). The 120-acre gardens of the Yorkshire Arboretum (yorkshirearboretum.org) contain a collection of 6,000 magnificent

Nunnington Hall

In Tudor times, when the house was young, Nunnington Hall's gardeners would have only had traditional, natural methods to rely upon. Today's gardens, fully organic since 2002, have seen gardening methods come full circle, whether it's packing sheep fleeces around fruit trees as mulch, adding bee-hives to the orchard or scything hay by hand. The spring- and summer-flowering meadows are a delight, while flamboyant peacocks have the run of the gorgeous grounds. www.nationaltrust.org.uk/nunnington-hall



Yorkshire Arboretum

trees from around the world – stunning in autumn, as the colours change – while at Yorkshire Lavender (yorkshirelavender.com), outside the village of Terrington, there's a hillside blaze of purple that is more Provence than Pickering. Scampston Hall (scampston.co.uk/gardens), near Malton, overlooks Capability Brown parkland, while its walled garden is a stunning contemporary creation.



TURTLE DOVES The National Park has a small but important population of turtle doves – one of the UK's most threatened bird species. They are seen every year in spring and summer at Sutton Bank National Park Centre, and there have been regular sightings in gardens in Lockton.

BATS Ever seen a bat echo-locate their way around your garden on a balmy summer's evening? The common Pipistrelle can catch up to 3,000 insects in one night by ping out a series of quick signals which echo off their prey, revealing its size, location and direction of travel.



BIG GARDEN BIRDWATCH Join in the RSPB's annual birdwatch weekend every January. A grand total of 8,207,657 birds were counted in 2016, all from British gardens. See page 39 for details.

HAMBLETON HILLS AND BILSDALE

great diversity of landscapes
with sudden contrasts

HIDDEN GEM

Whorlton Castle

What's that remarkable ruin sited on a lonely hill just outside the village of Swainby? It's known as Whorlton Castle, though the impressive stone building you see is actually only the surviving 14th-century gatehouse – minus its roof but complete with the crests of the Meynell family, for whom it was built.



Ampleforth

Large village on the southern edge of the Hambleton Hills. Benedictine monks came here in 1802 to found an abbey.

Ampleforth Abbey and College. Visit the church, visitor centre, tearoom, shop and orchard.

Open daily, though restrictions sometimes apply. Free. 01439 766000, www.visitors.ampleforth.org.uk

St Alban's Sports Centre.

Swimming pool, squash courts and sports facilities.

Open daily. Admission charged. 01439 766740, www.sac.ampleforth.org.uk



Bilsdale

Explore beautiful Bilsdale from the forest car park at Newgate Bank – picnic area, viewpoint, walks.

 **Spout House.** Well-preserved 16th-century thatched cruck-framed house.

Open Easter–Oct daily. Free.

Coxwold

One of the most historically interesting villages, with lovely buildings and fine surrounding attractions. Laurence Sterne, author of the 18th-century novel *Tristram Shandy*, was vicar here and is buried in the churchyard.

Shandy Hall. Sterne's former home, with period furnishings, books and pictures, plus gallery, gardens and events.

Open May–Sept, house Wed & Sun, gardens Sun–Fri. Admission charged. 01347 868465,

www.laurencesternetrust.org.uk

Newburgh Priory. Large 17th- and 18th-century house with extensive grounds and water garden.

Open April–June Wed & Sun. Admission charged. 01347 868372, www.newburghpriory.co.uk

 **Byland Abbey.** One of the great medieval monasteries of the north – outstanding early Gothic architecture.

Open April–June & Sept–Oct Wed–Sun, July & Aug daily, Nov–March Sat & Sun. Admission charged. 01347 868614, www.english-heritage.org.uk



Great Ayton

This charming village, on the banks of the River Leven, is an important stop on the trail of Captain Cook.

Captain Cook Schoolroom Museum. Reconstruction of the schoolroom where the young James Cook was taught. Exhibition with interactive displays.

Open April–Oct daily. Free. 01642 724296, www.captaincookschooloroommuseum.co.uk

Cook's Monument. Sited on Easby Moor at 1064ft (324m), and dedicated to the great explorer – walk up from Great Ayton station or park at Gribdale Gate.

 **Roseberry Topping.** Instantly recognisable landmark – the famous 'Yorkshire Matterhorn'. It's a classic walk and climb from Newton-under-Roseberry or Gribdale Gate.



Guisborough

The ancient capital of Cleveland has a wide cobble-fringed main street – market days on Tuesday, Thursday and Saturday.

 **Gisborough Priory.** Remains of priory founded in 1119, with impressive east window and restored gardens.

Open March–Oct Wed–Sun. Free, donations welcome.

www.gisboroughprioryproject.co.uk

Guisborough Parish Church.

Magnificent De Brus Cenotaph, with elaborate medieval carvings. Open May–Sept. Free.

www.guisboroughparishchurch.co.uk

Guisborough Forest & Walkway. Attractive woodlands with trails along the former Guisborough Branch Railway line, plus play area, café and visitor centre.

Open daily. Free. 01287 631132, www.fogfw.org

Tocketts Mill. Fully restored working watermill.

Open Easter Sun and Mon, National Milling Day (2nd Sun in May), May and August bank hol Mons, July–Sept Sun only. Admission charged. www.tockettsmill.co.uk



Hasty Bank

Picnic area with walks and views over Cleveland and Roseberry Topping. On B1257 Helmsley-Stokesley Road.

Hawnbly

Nestling on the slopes of Hawnby Hill and on the banks of the River Rye. Good walking and spectacular views.

All Saints Church. Historic 14th-century church, with 'poetry shrine' where you can read poetry and contribute your own.

Open daily. Free. www.upperyedale.org.uk





Roseberry Topping panorama

Malcolm Blenkey

Helmsley

Handsome market town (market day is Friday) with much historic interest. Centred on a spacious square with its market cross and the 19th-century Feversham memorial. The Cleveland Way also starts here – just 109 miles to go!

Helmsley Castle. Picturesque ruin of a 900-year-old castle.

Open April–Oct daily, Nov–March Sat & Sun. Admission charged. 01439 770442, www.english-heritage.org.uk

All Saints Church. Interesting murals illustrate the history of the church and parish.

Open daily. Free.

www.helmsleyparish.org.uk

Duncombe Park. Home of the Duncombe family – house not open to public, but extensive gardens and historic parkland with National Nature Reserve.

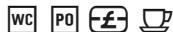
Gardens April–Aug Sun–Fri, parkland Feb–Dec daily. Admission charged. 01439 770213, www.duncombepark.com

National Centre for Birds of Prey, Duncombe Park. Hawks, eagles, vultures and owls flying at three daily demonstrations in a beautiful woodland setting.

Open Feb–Dec daily. Admission charged. 0844 7422035, www.ncbp.co.uk

Helmsley Walled Garden. Beautiful walled garden, dating from the 1750s, with Victorian glasshouses, plant centre, garden shop, and leafy Vine House café.

Open April–Oct daily. Admission charged. 01439 771427, www.helmsleywalledgarden.org.uk



Kilburn

A stream runs through the charming village of Kilburn, once home to world-famous traditional cabinet maker Robert 'Mouseman' Thompson.

Mouseman Visitor Centre. Discover the story behind the mouse symbol, found on every item crafted by Robert Thompson – period rooms, carved furniture, museum, gift shop and café.

Open Easter–Oct daily, Nov & Dec Wed–Sun. Admission charged. 01347 869102, www.roberthompsonson.co.uk

White Horse of Kilburn. Kilburn's other claim to fame – the iconic turf figure cut into hillside in 1857.

Reached from car park below or by 1-mile walk from Sutton Bank National Park Centre.



Kildale

Thriving rural village whose boundaries have remained almost unchanged in over 900 years, with the local estate owned by just three families in that time. Also on the Cleveland Way National Trail.



Osmotherley

Attractive stone village, well used by walkers.

National Park Information Point in Top Shop village store.

Mount Grace Priory. Best-preserved Carthusian monastery in Britain. Discover how the monks lived 600 years ago.

Open April–Oct daily, Nov–March weekends only. Admission charged. 01609 883494.

www.english-heritage.org.uk

Lady Chapel. Built by monks in the early 16th century – a 30min walk from Osmotherley, with marvellous views over the Vale of Mowbray.

Open daily. Free. www.ladychapel.org.uk

Sheep Wash. Popular picnic spot north of the village – once a watering place on the ancient drovers' road over the moors.



Rievaulx

Village and abbey on the River Rye in a beautiful wooded valley – a lovely walk from Helmsley (leaflet available or see National Park website). Café and toilets open on days that abbey is open.

Rievaulx Abbey. The most impressive Cistercian abbey ruins in England, in a serene setting.

Open April–Sept daily, Oct Thurs–Mon (7 days at half-term), Nov–March Sat & Sun (7 days at half-term). Admission charged. 01439 798228, www.english-heritage.org.uk

Rievaulx Terrace. Explore the stunning 18th-century landscaped terrace with its temples and majestic views.

Open mid-Feb to early Nov daily. Admission charged. 01439 798340, www.nationaltrust.org.uk/rievaulx-terrace



Sutton Bank

Spectacular escarpment with panoramic views over the vales of York and Mowbray.

National Park Centre. **FREE ADMISSION.** Discover all there is to see and do in the National Park – excellent exhibition, wheelchair accessible route to viewpoint (wheelchairs available), creative play area, family cycle trails and skills track, walks, café, toilets, free wifi and gift shop.

For opening times and more details – see page 25.

Sutton Bank Bikes. At the National Park Centre – cycle hire (including mountain bikes, road bikes and children's bikes), shop and bike wash, and advice on riding the Sutton Bank 'Cliff', 'Paradise' or 'Fort' trails.

Open daily. Hire charges apply. 01845 597759, www.suttonbankbikes.co.uk. More cycling information at www.northyorkmoors.org.uk/cycling

Roulston Scar. Dramatic cliff-top site of the largest Iron Age hillfort in northern England, dating back to around 400 BC.

Yorkshire Gliding Club. Flights available – soar above Sutton Bank.

Open daily. 01845 597237, www.ygc.co.uk

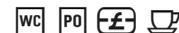


Thirsk

Attractive market town (market days Monday and Saturday) and an excellent base for exploring 'Herriot Country'

The World of James Herriot.

Unique tribute to Alf Wight, author of the James Herriot novels, set in his former home. Open daily. Admission charged. 01845 524234, www.worldofjamesherriot.com



GREAT FOR WALKING

Country walks to Rievaulx and Byland abbeys, strolls and views at Newgate Bank and Hasty Bank, a climb up Roseberry Topping or a circuit around the famous Kilburn White Horse – you're spoiled for choice in the western part of the National Park. Our 'Walks around Sutton Bank' covers easy walks from the National Park Centre (including the White Horse) or discover more on 'Lime & Ice' walks from Oldstead and Kilburn – all available from Sutton Bank National Park Centre. More information? See www.northyorkmoors.org.uk/walking



Ebor Images

HELLO NEIGHBOUR!

Nestled on the southwestern edge of the National Park is our neighbour, the Howardian Hills. *Out and About* explores this area of quite outstanding beauty, right on our doorstep.

Beauty knows no borders – at least in our corner of North Yorkshire. South of Helmsley, as the high moors give way to flatter vales and gentle, rolling hills, you leave the National Park and enter the **Howardian Hills Area of Outstanding Natural Beauty** (or AONB) – recognised as one of the country’s finest landscapes, and celebrating its 30th anniversary this year.

HOWARDIAN HILLS AONB: at a glance

Established: 1987

Area: 79 square miles (204 sq km)

Population: approx. 9,000, including boundary villages

Characteristic species: brown hare, barn owl, yellowhammer, tree sparrow, skylark, banded demoiselle damselfly

Highest point: Yearsley Cross, 571 feet (174m)

Barn owl



INTO THE WILD

The rivers Rye and Derwent are teeming with wildlife habitats, from the flash of kingfisher blue to the otter’s splash, while Daubenton’s bats can be seen feeding at dusk on warm summer evenings. The hide at Howsham Mill – a restored 18th-century water mill – is a great vantage point, or visit the Yorkshire Wildlife Trust’s Jeffry Bog Reserve, nestling in Kirkham Gorge. In spring you’ll see marsh marigold, bog bean, yellow flag iris and early purple orchid, while summer visits herald the hum of dragonflies and darting damselflies. If you are really lucky, you might spy a barn owl hunting over the grasslands.

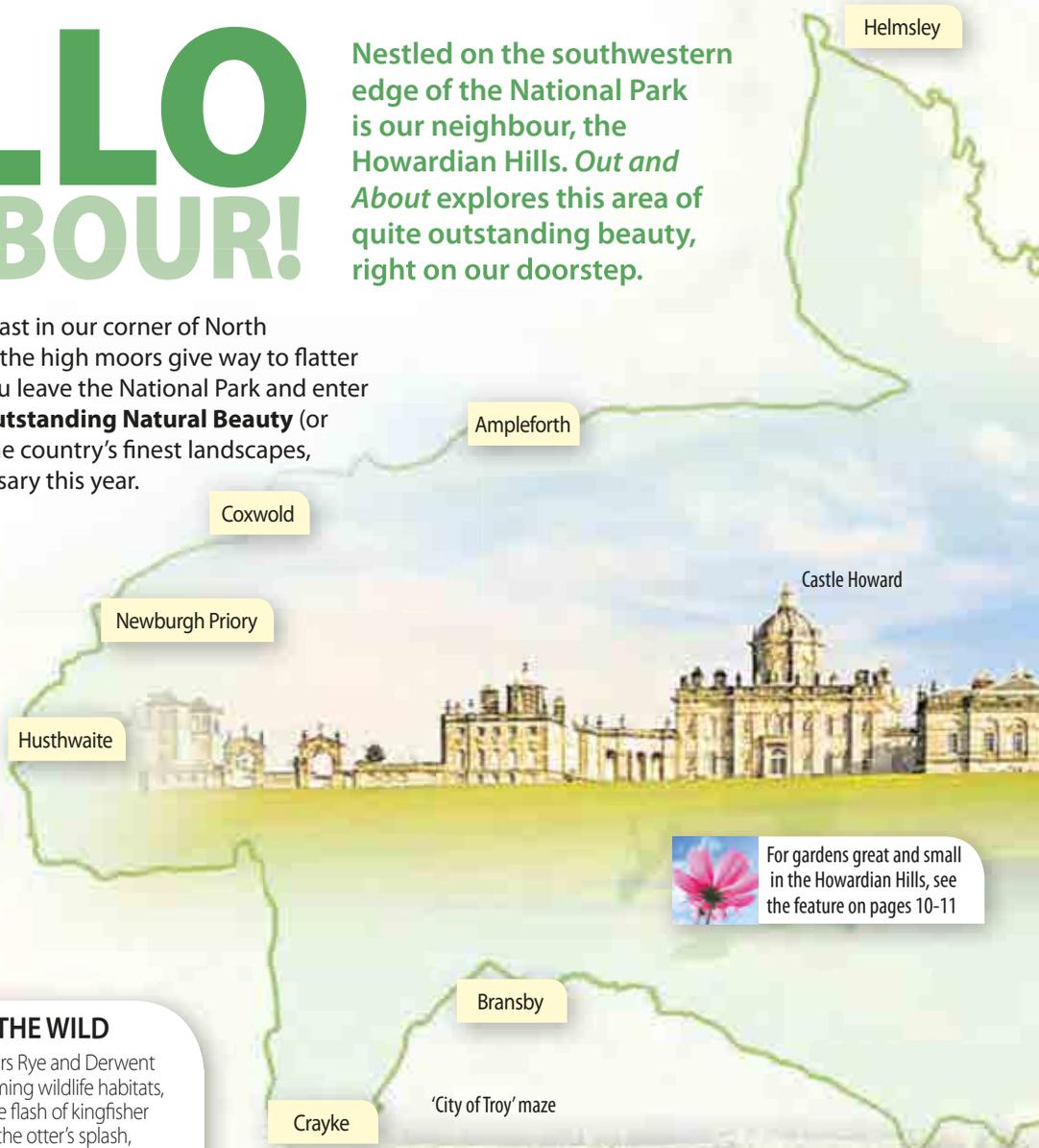
Common blue damselfly

Early purple orchid



CURIOS CORNER

What about tracking down a pyramid, an obelisk, a temple and a mausoleum? That’s the challenge at Castle Howard, which tempers its formal grounds and parkland with an extraordinary series of monuments and follies, all easily seen on a Castle Howard estate walk (available for download on our website). Or seek out the so-called ‘City of Troy’ maze, at Dalby (near Brandsby) – the smallest of only eight known ancient turf mazes in England (and, strictly speaking, a labyrinth, rather than a maze).



Castle Howard

Newburgh Priory

Husthwaite

Ampleforth

Coxwold

Bransby

Crayke

‘City of Troy’ maze



For gardens great and small in the Howardian Hills, see the feature on pages 10-11





Nunnington Hall



Hovingham

Nunnington Hall

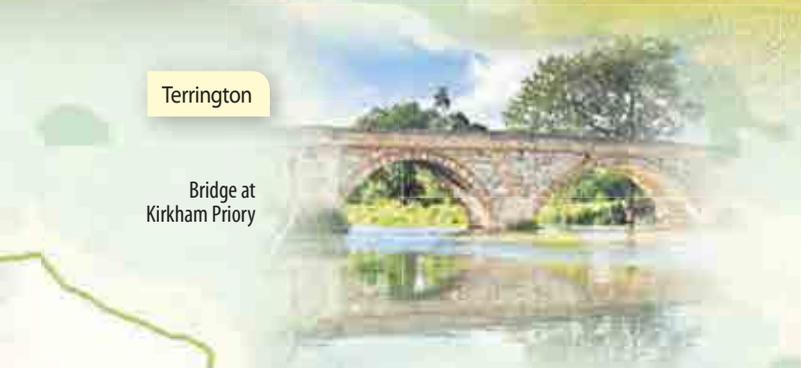
GRAND DESIGNS, GORGEOUS VILLAGES

The hills take their name from the Howard family, whose seat at Castle Howard is one of Britain's finest stately homes. It's just one of a series of historic houses – Nunnington Hall, Hovingham Hall and Newburgh Priory are others – that has forged a distinct identity for the AONB, where elegant buildings, majestic follies, designed parklands and estate villages have shaped the landscape over generations. With the market towns of Helmsley and Malton lying outside the area, it's the timeless stone-and-brick villages of the AONB that shine – such as picturesque Nunnington, Terrington and Slingsby, the 'orchard village' of Hushwaite, and pretty Hovingham and its celebrated farmers' market.



Hovingham

AONB panorama near Crayke



Terrington

Bridge at Kirkham Priory

TRACKS AND TRAILS

It's an easy drive to the major sights and landmarks, but the best way to enjoy the views and landscapes is on foot or by bike. The AONB has a useful series of route guides for rambles, walks and bike rides right across the Howardian Hills, taking in spectacular views, spring bluebell woods, autumn colours, historic monuments and parkland landscapes. The routes start at Castle Howard, Malton and the surrounding villages – download them for free from the AONB website.

What is an AONB?

Born of the same post-war legislation that allowed for the establishment of National Parks, there are 46 other areas in the UK that are also considered to be outstanding landscapes whose beauty, wildlife and heritage should be protected. The Gower peninsula was the first to be designated an Area of Outstanding Natural Beauty, in 1956, and today AONBs cover 18 percent of our countryside – including the Howardian Hills, designated in 1987.

Castle Howard

Kirkham Priory

A SON'S MEMORIAL – KIRKHAM PRIORY

Helmsley owes its castle and Rievaulx Abbey to the patronage and generosity of medieval lord, Walter l'Espece, who also left his mark further to the southeast in the valley of the River Derwent. The story has it that his only son was killed when thrown from a horse, after which Walter turned to the Church, inviting Augustinian monks to found Kirkham Priory, pictured right – whose altar was erected on the spot of the fatal accident. The peaceful riverside ruins are now a popular picnic spot.

Photographs: Liz Bassindale, Tammy Andrews, Jules Brown, Mike Kipling, northeastwildlife.co.uk, Chris J. Parker, rjbphotographic.co.uk



1 Dalby Forest parkrun

With 70km of cycle trails and 12 waymarked walks across 8,000 acres of Forestry Commission woodland, Dalby Forest – the Great Yorkshire Forest – has long attracted hikers and bikers. But scores of visitors are seeing the valley, forest and riverside tracks in a new light each Saturday morning, as they join in the 5km Dalby 'parkrun' – part of an international, open-to-all series of community runs that attracts over 2 million

runners worldwide every week.

It's free. All you need to do is register, turn up and run – or jog or walk! The only person you're racing is yourself ('Have fun, it's only a run' is the motto), and – if you're visiting the North York Moors on holiday – Dalby is a great new parkrun to tick off your list.

parkrun, 9am every Saturday, www.parkrun.org/dalbyforest

been there, done that?



2 The Band Room, Farndale

The North York Moors doesn't do big concert venues, but if you're looking for small and quirky – that's a different matter! The famous daffodil dale of Farndale bursts into life each spring for a few short weeks, as the native daffs bloom, but most visitors probably don't even notice the iron shed by the Low Mill car park.

Built for the Farndale Silver Band in the 1920s, it's officially known as the Band Room – and unofficially, by acts who have played there, as 'the greatest small venue on Earth'. It holds about 100 people and puts on a stellar line-up of roots, blues, folk and Americana gigs – with the darkest of Dark Skies outside in the dale once the music is over.

Low Mill, Farndale, www.thebandroom.co.uk



3 Wade's Causeway, Goathland

Before Harry Potter, Heartbeat and the Victorian railway, giants stalked the land around Goathland. That's if you believe the origin story of the old paved road across Wheeldale Moor, which Wade the Giant built to help bring his cows home for milking. Archaeologists think differently (spoilsports!), and suggest the causeway is either



Roman or medieval – it's been signposted as the 'Roman road' in these parts for many years. A 6-mile circular walk from Goathland takes you onto the moor and along a surviving stretch of the road, where you can make up your own mind. **'Walks around Goathland' booklet, available from our visitor centres.**

4 Whale-watching, Whitby

You've seen our signature moorland bird species, including the red grouse, lapwing and merlin (the UK's smallest bird of prey). You've spotted roe deer in the woods, watched Atlantic salmon swim back upstream on the Esk

and maybe even glimpsed an otter. But what about a summer or autumn high-seas adventure off the North York Moors coast to meet our ocean wildlife? Magnificent minke, humpback, fin, sei and sperm whales – in

pursuit of the herring that they feed upon – are all regularly spotted from boats operating out of Whitby, especially in August and September. **Whale-watching trips April to October, www.whitbywhalewatching.net**

Photographs: Tammy Andrews, Tony Bartholomew, Paul Harris, Whitby Whale Watching. Wade the Giant illustration: Alan Marshall



5 Helmsley Arts Centre

“Who would have thought there was so much going on down an alley in Helmsley?” That was one of our favourite visitor comments of the year, and it refers to the fabulous Helmsley Arts Centre, hidden away down Meeting House Lane. There’s a regular programme of theatre, cinema and art exhibitions, but it’s the unexpected treasures that make the Arts Centre such a treat – whether it’s the family craft workshops, stand-up comedy, live-broadcast

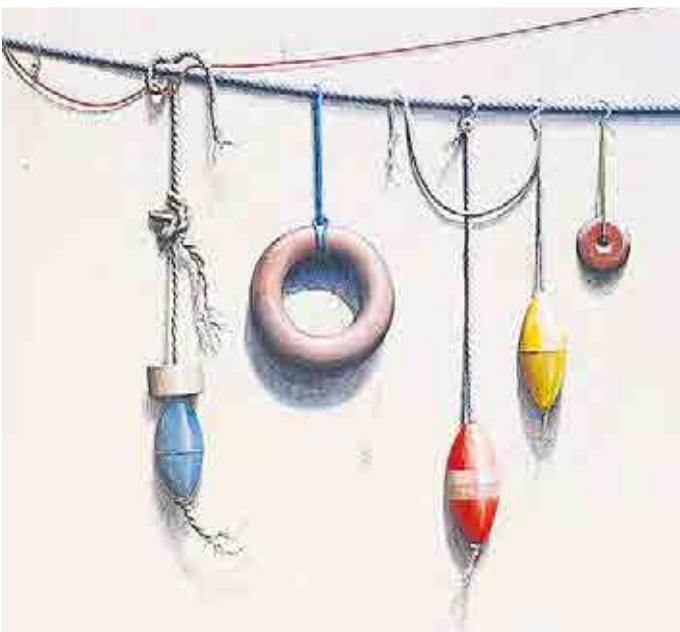
opera and ballet, or annual Christmas panto by the in-house 1812 Theatre Company. www.helmsleyarts.co.uk



Curlew



We all have our favourite National Park places and experiences, but if you think you’re getting stuck in a rut here are **7 NEW IDEAS** in some of our best-known moor and coast locations. That’s another week’s worth of fun, excitement and surprises for all the family!



6 Staithes Illusion Trail

There are lots of reasons to visit the old herring port of Staithes, whether it’s seaside fun or the annual Staithes Festival which celebrates the village’s maritime and artistic heritage.

Trompe l’oeil artist Paul Czainski combines both in his amazing ‘Illusion Trail’, with a series of extraordinarily vibrant paintings that jump out from the village’s hidden alleyways. Seagull or mermaid – real life or trick of the eye? You’ll never know until you track down the artworks, painted on buildings right across the village.

www.welcometostaithes.co.uk

Minke Whale

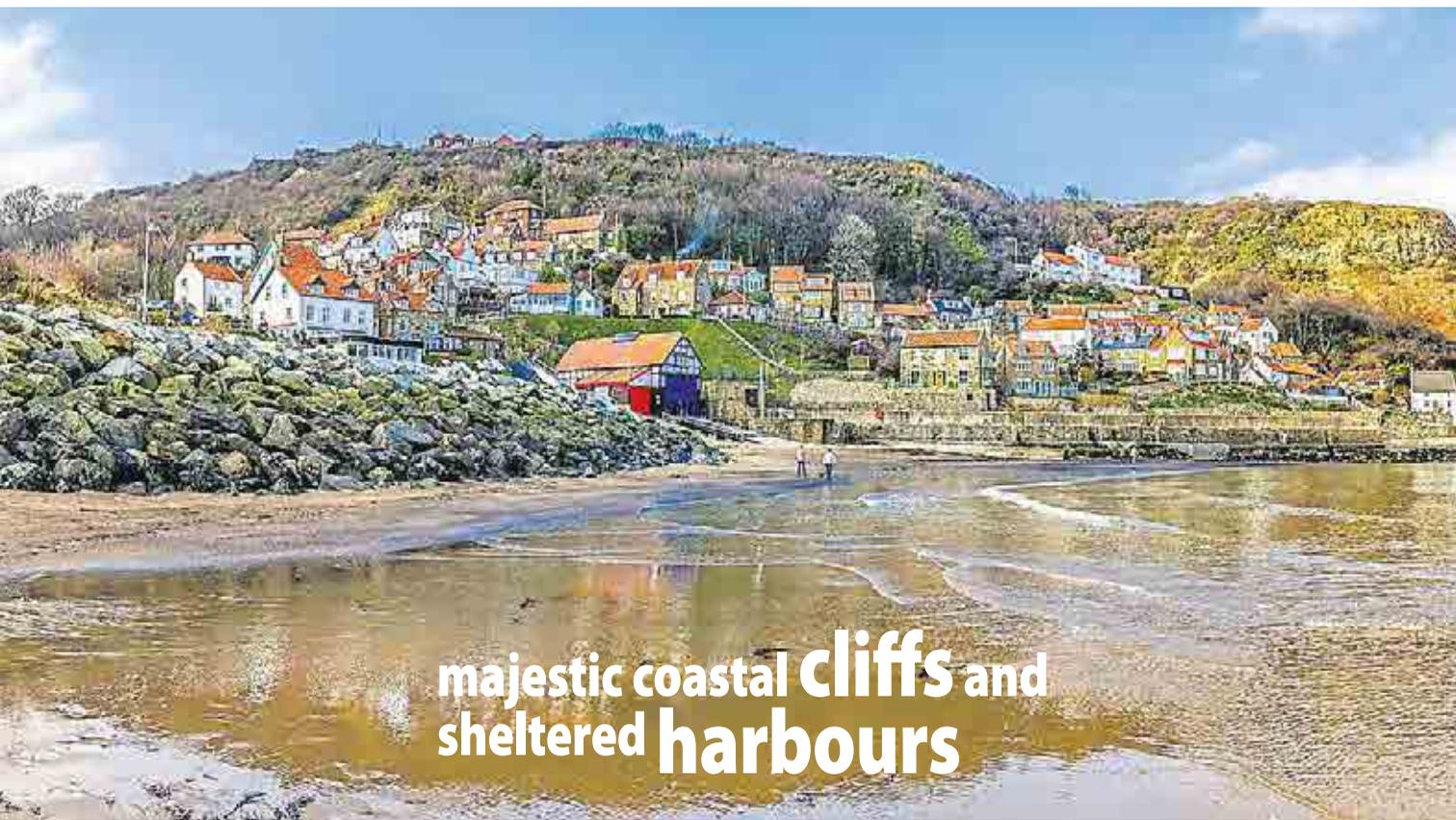


7 Fylingdales Moor, Ravenscar

Look across from the old smuggling and fishing village of Robin Hood’s Bay to the heights of Ravenscar, and the spectacular swathe of moorland in between is Fylingdales Moor – a former grouse moor now managed by the Hawk & Owl Trust. It’s a nationally important haven for wildlife, particularly birds of prey, which thrive in this wild landscape so close to the coast. Forgo the bucket and spade and follow the new 2½-mile Jugger Howe Nature Trail (download available from the Hawk & Owl website) for the chance to see merlin, kestrel, buzzard and curlew, not to mention warblers, moths, butterflies, adders and slow-worms. **Jugger Howe, A171, 1 mile south of Flask Inn, www.hawkandowl.org/fylingdales**



THE HERITAGE COAST



majestic coastal cliffs and sheltered harbours

WALK THE COAST

The **Cleveland Way National Trail** (www.nationaltrail.co.uk/clevelandway) hugs cliffs, bays, beaches and harbours for 41 exhilarating miles between Saltburn and Scarborough. It passes through renowned places such as Staithes, Whitby and Robin Hood's Bay. Smugglers, sea captains, miners and dinosaurs have all left their mark on this coast, and who knows – you might even see a seal!



Ebor Images

Fylingdales Moor

Open access moorland walks and archaeology trail above Ravenscar. The land is managed by the Hawk & Owl Trust.

Information at www.hawkandowl.org/fylingdales

Lythe

Small village approached from Sandsend up steep Lythe Bank, (be careful – 1:4).

St Oswald's Church. Contains a remarkable collection of Anglo-Scandinavian carved stones.

Open weekdays. Free. www.stoswaldslythe.org.uk



Port Mulgrave

Cliff-top hamlet dating from the 1850s, when local ironstone was shipped from a specially built harbour below.

Walks. Down to see the quirky fishermen's huts, or along the Cleveland Way to Staithes or Runswick Bay.



Ravenscar

First planned as a holiday resort in the late-19th century, but never finished, Ravenscar has a dramatic view across to Robin Hood's Bay.

Peak Alum Works. Explore fascinating remains of the old alum works, relics of an industry that lasted for 250 years. Site always open. Free.

Ravenscar Visitor Centre.

Open Easter–Oct daily. Free. 01723 870138, www.nationaltrust.org.uk/yorkshire-coast



Robin Hood's Bay

Delightful red-roofed cottages gathered around a slipway at the foot of a deep ravine. Once the haunt of smugglers, the village is famous for its Jurassic-era fossils. Sandy bay – great for paddling and rock-pooling.

Robin Hood's Bay Museum.

Housed in what used to be the Coroner's Room and Mortuary, jam-packed with exhibits revealing the richness of local life

– including the truth about the connection with England's most famous outlaw.

Open all half-term hols, Easter & June–Sept, though closed Sat. Free. <http://museum.rhbay.co.uk>

Old Coastguard Station.

Exciting hands-on visitor centre, plus National Trust shop – find out about the coast's geology, wildlife and heritage.

Open Feb half-term & Easter–Oct daily, otherwise weekends only, closed Jan. Free. 01947 885900, www.nationaltrust.org.uk/yorkshire-coast

Boggle Hole. Short, enjoyable coastal walk, via cliff path or along the shore.

The shore walk is accessible at low tide only – it's important to always check the times of the tides, so that you don't get cut off.



Runswick Bay

Sheltered holiday village in a lovely coastal setting, with a wide bay and fine sands.





Runswick Bay

Elbor Images

Saltburn by the Sea

The Victorian-era seaside town features Italian Gardens, quirky cliff lift and elegant pier. Also making a new name for itself as an arts, culture, food and surfing destination - don't miss Saltburn Studios and Gallery, Saltburn Farmers' Market (2nd Sat of the month) and the annual Food Festival (August).



Sandsend

A huddle of houses near Whitby, where the long sandy beach gives way to cliffs.

Walks. Try 'The Sandsend Trail' - booklet available from local shops - and explore the fascinating industrial heritage of the coast.

Mulgrave Woods. Woodland set around steep ravines, and with the remains of a medieval castle.

Access allowed Wed, Sat & Sun, except May. Free. www.mulgrave-estate.co.uk



Scarborough

The 'Queen of Resorts' - Britain's oldest seaside resort - has magnificent beaches set on either side of a rocky headland.

Scarborough Castle. Historic ruins and dramatic coastal views, on a site used since the Iron Age.

Open Easter-Oct daily, Nov-March weekends only. Admission charged. 01723 372451, www.english-heritage.org.uk

Scarborough Art Gallery. Displays from the impressive permanent collection, including works by Atkinson Grimshaw and Sir Matthew Smith, plus temporary touring exhibitions.

Open Tues-Sun, plus bank hol Mons. Admission charged. 01723 374753, www.scarboroughartgallery.co.uk

Rotunda Museum. Tells the fascinating story of Scarborough's 'Dinosaur Coast'. A dramatic upper gallery explores the life and times of William Smith, museum founder and father of English geology.

Open Tues-Sun, plus bank hol Mons. Admission charged. 01723 353665, www.rotundamuseum.co.uk

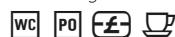
Crescent Arts. Exhibitions, talks, events, workshops and studios.

Open Thurs-Sat. Admission free. 01723 351461, www.crescentarts.co.uk

Scarborough Sea Life Sanctuary. Discover the secrets of the marine world, from otters to penguins.

Feeding demonstrations, hands-on rockpool experience and Yorkshire's only seal hospital.

Open daily. Admission charged. 01723 373414, www.visitsealife.com/scarborough



Skinningrove

Coastal village with an intriguing ironstone mining heritage.

Cleveland Ironstone Mining Museum. Experience life underground at the former Loftus Ironstone Mine.

Open April-Oct & half-term hols daily, Nov-Mar weekends only. Admission charged. 01947 603568, www.english-heritage.org.uk

St Mary's Church. Best approached



Tony Bartholomew

Open Feb half-term & Easter-Oct Mon-Sat. Admission charged. 01287 642877, <http://ironstonemuseum.co.uk>



Sleights & Ruswarp

Two attractive villages on the lower River Esk, near Whitby.

Ruswarp Pleasure Boats. Hire rowing boats and canoes.

Open March to Oct daily. 01947 604658, www.ruswarp-pleasure-boats.co.uk



Staithe

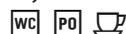
Historic fishing village under the highest cliffs on England's east coast. Staithe Festival (every Sept) celebrates its arts and coastal heritage.

National Park Information Point, Staithe Gateway Centre.

Captain Cook and Staithe Heritage Centre. Featuring a recreated street scene of 1745, when the young James Cook was working in a Staithe shop.

Open Feb half-term-Oct daily. Admission charged. 01947 841454

Walks. Staithe is a great place to access the Cleveland Way National Trail - don't miss the walk over the cliffs to Port Mulgrave and its fishermen's huts or continue on to the sandy beach at pretty Runswick Bay.



Whitby

The most atmospheric town along the coast, its two sides linked by a swing-bridge across the River Esk.

Whitby Abbey. Wonderfully evocative abbey ruin.

Open April-Oct & half-term hols daily, Nov-Mar weekends only. Admission charged. 01947 603568, www.english-heritage.org.uk

St Mary's Church. Best approached

HIDDEN GEM

Hayburn Wyke

The wooded valley of Hayburn Wyke reaches down to a magnificent rocky cove with tumbling waterfall and giant boulders. There are woodpeckers in the National Trust woods and marine creatures in the shallow rock pools left by the receding tide. See the Wyke on a 5-mile walk from Cloughton, combining the Cleveland Way and the 'Cinder Track' (the old railway line).



via the 199 steps from cobbled Church Street.

Whitby Museum and Pannett Art Gallery. The museum covers Whitby's whaling, shipping and geological history. In the gallery see work by the Staithe group of artists and others.

Open daily. Admission charged. 01947 602908, www.whitbymuseum.org.uk, 01947 600933, www.pannettartgallery.org

Captain Cook Memorial Museum. Cook once lodged in the 17th-century harbourfront house.

Open Feb half-term-Oct daily. Admission charged. 01947 601900, www.cookmuseumwhitby.co.uk



GREAT FOR CYCLING

Follow in the tracks of Victorian holidaymakers as you cycle along the old railway line that once linked Whitby and Scarborough. The 21-mile-long 'Cinder Track' has fantastic coastal views, particularly at Robin Hood's Bay and Ravenscar, and the route forms part of the wider **Moor to Sea Cycle Network** - 150 miles of cycling on eleven interconnected routes through the heart of the National Park. Download the free route guides and see the sea by bike.

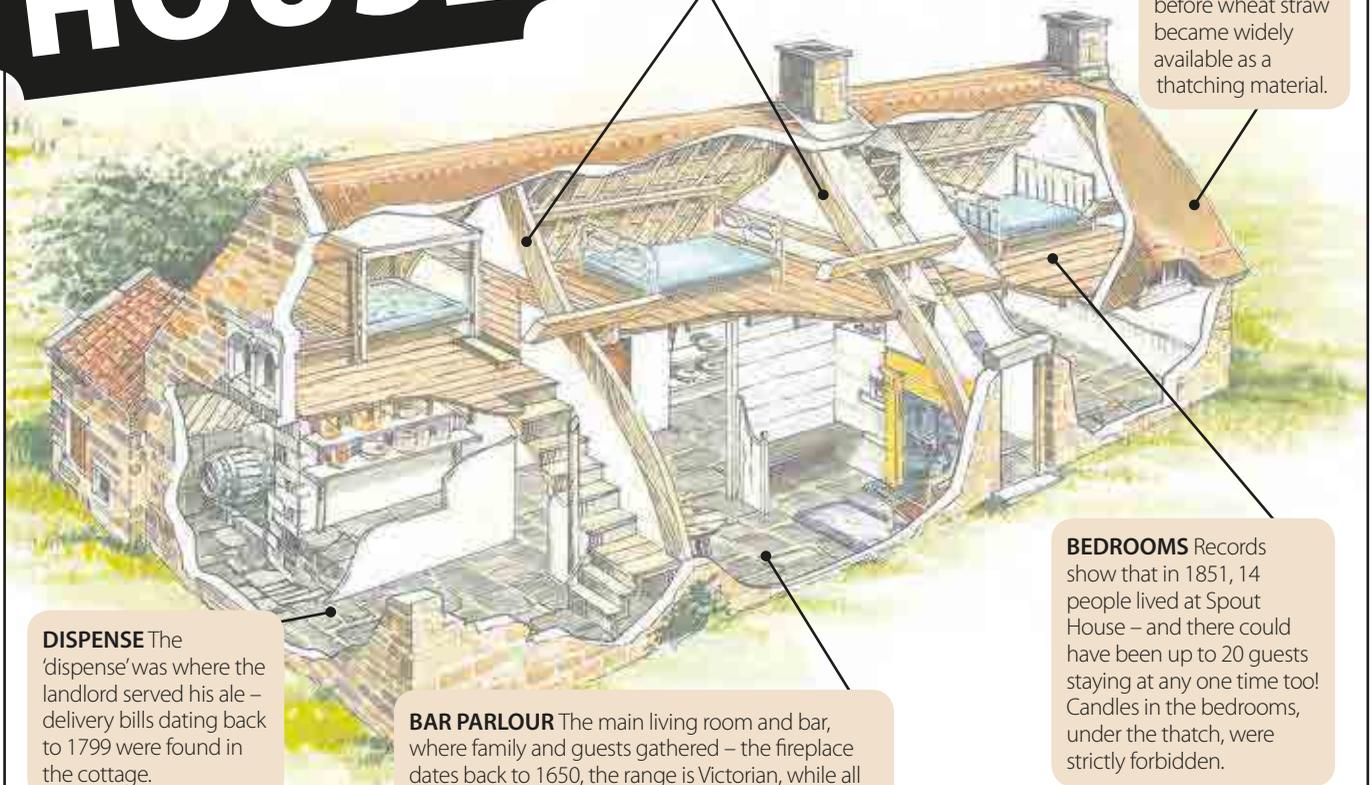
There's more information at www.northyorkmoors.org.uk/cycling

Last orders at SPOUT HOUSE

Looking after an old pub? Just one more task for the National Park Authority, which cares for Spout House in Bilsdale, one of the finest surviving examples of a 16th-century, cruck-framed farmhouse cottage in the north of England.

CRUCK FRAME The usual method of building a farmhouse in the 16th century was to use pairs of oak blades (crucks) to support the roof and walls. Forming inverted Vs, the crucks rested on bare stone.

THATCHING Originally the roof was made of moorland heather, before wheat straw became widely available as a thatching material.



DISPENSE The 'dispense' was where the landlord served his ale – delivery bills dating back to 1799 were found in the cottage.

BAR PARLOUR The main living room and bar, where family and guests gathered – the fireplace dates back to 1650, the range is Victorian, while all the furniture is original.

BEDROOMS Records show that in 1851, 14 people lived at Spout House – and there could have been up to 20 guests staying at any one time too! Candles in the bedrooms, under the thatch, were strictly forbidden.

Scene in the bar parlour painted by Ralph Headley, 1895



Known as the Sun Inn, Spout House operated as a family run alehouse from 1714, catering for local farmers, jet-miners, travellers and grouse-shooting parties.

Last orders were called in 1914, when the current (and larger) Sun Inn opened just across the yard, leaving Spout House as something of a timewarp curiosity, complete with its period fixtures and fittings.

Spout House, Bilsdale, TS9 7LQ, 8 miles north of Helmsley on B1257
Open daily from Easter to 31 October, 11am to 4pm – donations welcome

The National Park has leased Spout House since 1979, and has maintained its character intact – re-thatching the roof in the time-honoured way, lime-plastering and lime-washing the walls, restoring the timberwork, and repairing the furniture.

Beer no longer flows, but it's fascinating to step through the low entrance (give the door a good push!) and look around a place where time has stood still.

Inspired by... gallery

10TH ANNIVERSARY

Our oasis of creativity – the Inspired by... gallery at The Moors National Park Centre – celebrates its 10th anniversary this year. *Out and About* goes behind the scenes to discover what makes the gallery tick.

From Lowry's Salford to Gauguin's Tahiti, there's something in the landscape, natural or man-made, that fires imagination and sparks inspiration. Landscape – luckily – is something we have in abundance, from our glorious uplands of cloud-buffed moors and star-speckled skies to ancient stone-built villages, dense forests, soaring sea cliffs and hidden coves.

The beautiful Inspired by... gallery opened its doors in 2007, with one overriding purpose – to display work by contemporary artists and artisans who draw their inspiration from this very landscape, as well as the life, light and colour of the North York Moors.



Tony Bartholomew



Behind the scenes

When each exhibition opens, a lot of hard work has already been done. National Park staff plan the annual programme, liaise with artists, produce a brochure and prepare the gallery. There's also a huge amount of essential work done by a trusty team of gallery volunteers – whether it's hanging art works, dealing with social media and publicity, or being on hand during the exhibitions and gallery events to help the public and answer questions.

Working with the artists

Many of the talented artists and artisans who have found a home for their work at the gallery also offer workshops throughout the year. Gallery Curator Sally Ann Smith champions this direct connection between artists and visitors. "Inspired by... is so much more than pictures on walls", she says. "It's a community space, working studio and meeting place, all rolled into one".

A showcase for talent

Since it first opened, almost 200 exhibitions have taken place at the gallery. Internationally known artists such as William Tillyer and Len Tabner have graced the walls, while photographers, ceramicists, printmakers, weavers, jewellers, cartoonists and sculptors have all made their mark. Some exhibitions have been truly transformational, with the gallery variously turned into a Butterfly House, craft studio, glass showroom, 3D bee hive, and venue for Landscape Photographer of the Year Award.

ABOVE Inspired by... gallery

LEFT Azad Mohammed's extraordinary upended tree-root sculptures (2013) used tree stumps hewn from the North York Moors

BELOW Landscape Photographer of the Year 2009 winner Emmanuel Coupe, The Old Man of Storr, Isle of Skye

gallery workshops 2017

Willow with Anthea Firth

11 March, 10 June, 28 October, 5 November, 2 December – £45.

Acrylic Painting with James McGairy

26 March, 23 April, 14 May, 18 June, 16 July, 20 August, 24 September – £45.

Glass with Judith Gill

8 April, 3 December – £90.

Ceramics with Penny Hunt

9 April – £50.

Screen Printing with Gill Kirk

29 and 30 April – £40 per day.

Monoprinting with Gill Kirk

20 May – £15.

Machine Embroidery with Gill Kirk

21 May – £40.

Printmaking with Penny Hunt

19 August – £40.

Booking essential – for details see calendar of events

Emmanuel Coupe



INSPIRED BY... GALLERY

2017 Exhibition programme



Saltwick Bay: Peter Leeming

Past and Present

Sunday 12 February – Monday 13 March
Celebrating the 10th anniversary of the Inspired by... gallery, with works by William Tillyer, Len Tabner, Peter Hicks, John Freeman, Joe Cornish, glassmakers Gillies Jones, and Norman Ackroyd CBE RA (courtesy of the Zillah Bell Gallery, Thirsk).

Preview: Sunday 12 February, 12 – 3pm

The Heart of the Landscape

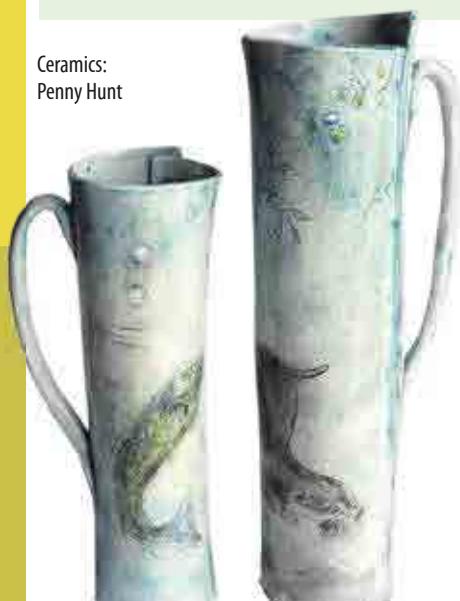
Sunday 12 February – Monday 13 March
Jewellers Diane Higgins-Lee, Jackie Selcraig, Judith Gill and Angela Learoyd display their creative adornments as part of the gallery's 10th anniversary celebrations.

Meet the Artists: Sunday 12 February, 12 – 3pm

Love in the Air

Sunday 12 February, 12 noon – 3pm
A special Valentine's event. Meet the exhibition artists, browse jewellery from selected makers, and enjoy free chocolates, a glass of wine and music by harpist Sarah Dean.

Ceramics:
Penny Hunt



This Exploited Land of Iron

Saturday 18 March – Monday 10 April
Photographer and writer Ian MacDonald reflects upon the past industries of the North York Moors. The exhibition is a companion piece to a 5-year National Park project – This Exploited Land of Iron: the trailblazing story of ironstone and railways in the North York Moors.

For events and activities associated with This Exploited Land of Iron, see www.northyorkmoors.org.uk/landofiron

Poetry and Myth

Thursday 13 April – Tuesday 2 May
Maggie Moore's paintings and lino cuts explore the role of animals and birds in mythology, religion, poetry and literature.
Meet the Artist: Saturday 15 April, 12 – 3pm

Field of Vision

Thursday 13 April – Tuesday 2 May
Sculptor David Mayne offers a response to the wild landscapes of his explorations – stunning woodland, beautiful hills and dramatic moorland.
Meet the Artist: Saturday 15 April, 12 – 3pm

Fusions of Light and Colour

Thursday 13 April – Tuesday 2 May
Keith Blessed's vibrant pastel paintings present a true fusion of light and colour – from storm- and wind-lashed moors to sun-drenched coast.
Meet the Artist: Saturday 15 April, 12 – 3pm

In Black and White

Friday 5 May – Tuesday 23 May
Printmaker Ian Burke brings us black and coloured relief-print images on Japanese handmade paper – his graphic response to living by the coast in the National Park.
Meet the Artist: Saturday 6 May, 12 – 3pm

Gallery 1 Gallery 2

Gallery 1 & 2

Prevailing Sense of Change

Friday 5 May – Tuesday 23 May
Underscored by historic memories of the northeast's seafaring ports, Martin Fowler's sketches and paintings record a changing way of life and work.

Meet the Artist: Saturday 6 May, 12 – 3pm

Landlines

Friday 5 May – Tuesday 23 May
Michelle Freemantle presents a series of ceramics whose visual identity is inspired by the colours and markings in fields, tractor tracks, and fence and hedge boundaries.

Meet the Artist: Saturday 6 May, 12 – 3pm

Feather and Fur

Friday 5 May – Tuesday 23 May
Using pastels and acrylics, Diane Todd's paintings feature texture and colour in detail, expressing her love of wildlife.

Meet the Artist: Saturday 6 May, 12 – 3pm



Butterfly:
Bridget Bailey

Absolutely Buzzing

Friday 26 May – Monday 26 June
From a wearable wasp to a buzzing bouquet of bees, designer and milliner Bridget Bailey explores the natural world in a textile spectacle – a fresh take on what is both beautiful and wearable.

Meet the Maker: Saturday 27 May, 2 – 5pm
For associated events, see www.northyorkmoors.org.uk/inspiredby

... a place of artistic inspiration

Absolutely Buzzing: The Show

Saturday 24 June

Our amazing fashion extravaganza showcases some of the region's best textile designers, plus wild-food canapés, insect-inspired 'mocktails' (courtesy of Tree Top Press) and the chance to win a wearable piece of Bridget Bailey art. Starts 6.30pm; tickets £20



■ Moor Stories

Thursday 29 June – Tuesday 25 July

Ian Scott Massie has walked, sketched, written and painted his way across the Moors, and the result is an inspiring collection of paintings and screen prints, and an accompanying book.

Meet the Artist: Saturday 1 July, 12 – 3pm

■ Impressions in Clay

Thursday 29 June – Tuesday 25 July

Katy O'Neil's contemporary ceramics reflect the throw-away nature of modern life.

Meet the Artist: Saturday 1 July, 12 – 3pm



Above, Keith Blessed. Below, Hare: Maggie Moore



■ A Personal View

Thursday 29 June – Tuesday 25 July

Sue Ford presents a personal view of Yorkshire, in watercolour, pastel and mixed media.

Meet the Artist: Saturday 1 July, 12 – 3pm

■ Art to Go

Saturday 29 July – Monday 4 September

An outstanding array of affordable, portable art by local and regional creative talent, with each piece remaining anonymous until after purchase.

Preview: Saturday 29 July, gallery opens at 12 noon

■ The Feel of Freedom

Saturday 29 July – Monday 4 September

Penny Hunt often paints outdoors, using oil paints textured with earth and grit, while landscape, folklore and wildlife inspire her ceramic work.

Meet the Artist: Saturday 29 July, 12 – 3pm

■ Peter Hicks: A Retrospective

Saturday 9 September – Monday 16 October

A look back at the 60-year career of this most renowned of North York Moors artists, from his time at Leeds College of Art to the present day. Peter Hicks' working life has been a search for identity through painting, with 'landscape as metaphor'. The Esk Valley has played a major role in his development, where the magic of a hidden valley shapes the way he expresses himself in painting.

Preview: Saturday 16 September, 1.30pm to 2pm

Photographer Joe Cornish talks to Peter Hicks, Saturday 23 September, 2pm; £5

■ Moorsview

Thursday 19 October – Tuesday 14 November

Celebrate the landscape and wildlife of the North York Moors and coast with photographers Joe Cornish, Peter Leeming, Robert Fuller, Steve Race and John Clifton, and wildlife sculptor David Cooke.

Meet the Artists: Saturday 21 October, 12 – 3pm

■ Moors Moments

Thursday 19 October – Tuesday 14 November

Based in Glaisdale, in the heart of the National Park, Adrian Wright paints with a limited palette of colours, typical of the moorland landscape.

Meet the Artist: Saturday 21 October, 12 – 3pm

■ WinterArt

Friday 17 November – Sunday 21 January, 2018

Showcase seasonal exhibition from the artists of Brigantia, featuring leatherwork, jewellery, textiles, ceramics, photography, prints and paintings.

Necklace: Angela Learoyd

the little picture show

At the entrance to the Inspired by... gallery is the little micro-gallery that we call 'The Little Picture Show'. Here are this year's artists.



Crossing the Moor: Jill Ray

Vienna Forrester – Dark Skies

Sunday 12 February – Monday 13 March

Jill Ray – Rays of Light

Friday 17 March – Monday 10 April

Gill Kirk – Wild Flowers Hill, Dale and Sea

Thursday 13 April – Tuesday 2 May

Carol Black – Changing Moods.

Friday 5 May – Tuesday 23 May

Anne Hutchison – Printmaker

Friday 26 May – Friday 26 June

Gail Hurst – The Little Picture Show

Thursday 29 June – Tuesday 25 July

Lou Raw – Photographer

Friday 29 July – Monday 4 September

Peter Hicks: A Retrospective

Saturday 9 September – Monday 16 October

Coral Rose – Contemplative

Thursday 19 October – Tuesday 14 November

Anne Ward – Drawing a Line in the Sand

Thursday 17 November – Sunday 21 January, 2018

Gallery open same hours as The Moors Centre – see page 24. Inspired by... gallery brochure available from our visitor centres, or download it from our website.



Discover the magic of the North York

THE MOORS NATIONAL PARK CENTRE, DANBY

A former shooting lodge set in an idyllic spot on the banks of the River Esk



Half a mile from Danby village in the Esk Valley, 15 miles from Whitby, YO21 2NB ☎ 01439 772737

discover moorland stories, heritage and wildlife

inspired by is the name of our acclaimed art gallery

explore local walks, beautiful grounds, bird hide, and riverside sculpture trail

play woodland trail, climbing wall, adventure playground, exciting events and activities in every school holiday

enjoy gift shop, local crafts, country café with garden seating

need to know...

- Toilets
- Pay-and-display car park
- Tourist information
- Exhibitions change every month



BOTH CENTRES OPEN Feb a
April–October daily 10am–5pm
Nov & Dec daily 10.30am–4pm;



Photographs: Tony Bartholomew, Chris J. Parker, Tessa Burney, Ebor Images



Moors at our FREE visitor centres



From 1st March daily 10.30am-4pm
 (August daily 9.30am-5.30pm)
 closed Christmas Eve and Christmas Day

SUTTON BANK NATIONAL PARK CENTRE

The premier gateway to the National Park, with the finest view in England



On the A170, six miles east of Thirsk, YO7 2EH ☎ 01845 597426

discover hands-on activities, interactive displays, bird-viewing station

explore wheelchair-accessible paths, sensational viewpoint, escarpment walk to Kilburn White Horse

play outdoor creative play zone, craft table, exciting events and activities in every school holiday

cycle bike rental with Sutton Bank Bikes, family routes and bridleway trails, bike wash and sales

enjoy gift shop, local crafts, café and courtyard seating

need to know...

- Toilets ● Pay-and-display car park ● Tourist information
- Children's crafts always available



DON'T MISS – family fun on Have-a-go Holidays, Little Boots Tuesdays & Sutton Bank Sundays!

It's MARKET DAY!

Pick a day, any day, and somewhere in the North York Moors and surrounding area there's a local market in full swing.



market days

These have been a fixture in the region since medieval times – the ones in Helmsley, Kirkbymoorside and Guisborough have been going since at least the 13th century – and they offer a chance to see our market towns at their best and most traditional, full of noise and colour.

- Guisborough**
Tuesday, Thursday, & Saturday
- Helmsley**
Friday
- Kirkbymoorside**
Wednesday
- Malton**
Saturday
- Northallerton**
Wednesday & Saturday
- Pickering**
Monday
- Stokesley**
Friday
- Thirsk**
Monday & Saturday



farmers' markets

Looking for locally grown and reared produce and seasonal ingredients, from field to fork and pasture to plate? The farmers' markets of the North York Moors area are wonderful places to experience the best in North Yorkshire food and drink.

- Castle Howard** 2nd Tuesday of the month, April to October, www.castlehoward.co.uk
- Guisborough** 2nd Saturday of the month
- Hovingham** 1st Saturday of the month, www.hovingham-market.org.uk
- Malton** 2nd Saturday of the month, www.maltonyorkshire.co.uk, & last Saturday, www.maltonlivestockauctioneers.co.uk
- Northallerton** 4th Wed of the month, www.northerndalesfarmersmarkets.com

- Pickering** 1st Thursday of the month
- Saltburn** 2nd Saturday of the month, www.facebook.com/saltburnfarmersmarket
- Stokesley** 1st Saturday of the month, www.northerndalesfarmersmarkets.com
- Thirsk** 4th Saturday of the month, www.thirskmarket.com
- Whitby** Every Thursday, May to October
- Wykeham** Every Friday, www.dawnay.co.uk



Photographs: Tessa Bunney, jibphotographic.co.uk, Chris J. Parker. Page 27: Volunteer Brian Nicholson

EVENTS 2017

The following pages bring together all our fabulous events, walks and activities. They are colour-coded so that you can quickly find the ones you're interested in.



Fun! Fun! Fun!

There's lots of cool stuff for under-16s and their families to do, from rock-pooling to wildlife discovery. Special activities include have-a-go archery and Easter and Halloween craft sessions.

Little Boots

Our 'Little Boots' events are especially suitable for children and families! Children between the ages of 3 and 7 (brothers and sisters welcome too) can also join our 'Little Boots Passport Scheme' – attend 4 events to fill your passport with stickers and collect your award!

Workshops

Develop your skills with our expert artists and crafters. Our special workshops this year range from painting, printing and drawing to basket-making, willow-weaving and glass art.

Walks & Talks

Our walks are led by a knowledgeable band of volunteers and specialists. They are for all ages and abilities (see page 30). We suggest a donation of £2 per person, which helps us to care for the National Park.

Special Events

We have an exciting set of annual events that are fun – and free! – for all the family. Themed activities on August 'Sutton Bank Sundays', National Parks Week, ParkFest, Artisan Art Fair – come and see what the North York Moors are all about.

Excitement & Adventure

Join us for geocaching treasure hunts, and outdoor adventures for 9 to 16 year olds (and their families) every school holiday at East Barnby Outdoor Centre. For other activities in the National Park, see the list of operators on pages 42 and 43.

BOOK EARLY

Our activities and walks are very popular – PLEASE book early to avoid disappointment!



Children must usually be accompanied by an adult for all events, activities and walks



Minimum ages apply for some events



Not all events are accessible by wheelchair – check the symbols for suitability



Dogs are welcome at some events and on some walks, but must be on a short fixed lead at all times



■ Fun! Fun! Fun!
 ■ Walks & Talks
 ■ Excitement & Adventure
 ■ Special Events
 ■ Workshops
 ■ Little Boots

Dark Skies Festival

Saturday 18 February–Sunday 26 February

We've teamed up with our friends at the Yorkshire Dales National Park for a joint Dark Skies Festival – star-gazing, games and activities, from Hawes to the Moors! Look up and look out, and discover more about the sky above you.

In an urban area you will be lucky to see 20 stars on a clear night, but in an area of low light pollution, such as our National Parks, you could see as many as 2,000. From Moors to Dales, come and join in our star-filled festival of fun. Events and activities across both National Parks include:

- torchlight wildlife walks, stargazing, caving, storytelling, glow-in-the-dark writing, night bike road ride
- poetry readings, solar system scavenger hunt, telescope-making and craft workshops

Full programme available at www.darkskiesnationalparks.org.uk

Constellations at the Castle

Sunday 19 February
Come for some star-gazing wonder and fun in an immersive, state-of-the-art, travelling planetarium, and take a virtual tour of the solar system's past, present and future. Sessions at 10am, 11am, noon, 2pm and 3pm.

Danby Castle, YO21 2NP

10am – 4pm

Adult: £3.50 Child: £2.50 Family: £10



BOOKING ESSENTIAL

Moon-Buggy Mayhem

Tuesday 21 February
We'll be learning about the moon, making model moon-buggies and moon-buggy racers. Who will be the moon-buggy race champion?

The Moors National Park Centre, Danby

10:30am – 12 noon

Adult: Free Child: £4.50 Minimum age: 7



BOOKING ESSENTIAL

Perfect Planets

Tuesday 21 February
Find out fascinating facts about our planets and make some amazing aliens to take home with you.

The Moors National Park Centre, Danby

1:30pm – 3pm

Adult: Free Child: £4.50 Minimum age: 4



BOOKING ESSENTIAL

Star Party

Wednesday 22 February
Make sparkly stars, balloon rockets and glittering galaxies. Finish off with a starry story and a chocolate star or two. There are two separate sessions, starting at 10.30am and 1.30pm.

The Moors National Park Centre, Danby

10:30am – 12 noon and 1:30pm – 3pm

Adult: Free Child: £4.50 For ages 3–7



BOOKING ESSENTIAL

Space Explorers

Thursday 23 February
Have a go at making fantastic rockets you can actually launch! Then design a fabulous alien spaceship to take home.

The Moors National Park Centre, Danby

10:30am – 12 noon

Adult: Free Child: £4.50 Minimum age: 7



BOOKING ESSENTIAL

Super Stars

Thursday 23 February
Have you ever wanted to take a closer look at the stars? Learn about the constellations, paint amazing galaxies and make your own telescope to take home.

The Moors National Park Centre, Danby

1:30pm – 3pm

Adult: Free Child: £6 Minimum age: 7



BOOKING ESSENTIAL

Dark Skies at Sutton Bank

Saturday 25 February
Sutton Bank is an official Dark Sky Discovery Site, thanks to its low levels of light pollution and clear horizons. Join The York Astronomical Society for some night-sky star-gazing, and bring your own telescope if you wish. Illustrated talks, plenty of expert advice and refreshments available.

Sutton Bank National Park Centre

7pm – 9pm

Adult: £4 Child: £2 For all the family



BOOKING ESSENTIAL

Cod Beck Reservoir

Wednesday 1 March

We follow a 5 mile circuit on the Old Drovers' Road, returning to atmospheric Cod Beck reservoir via a 'green lane'.

Sheepwash National Trust car park (SE 468 992)

10am – 12:30pm

Donation £2



Level 3

BOOKING ESSENTIAL

Rangers on Patrol

Wednesday 1 March

Head out on a short (under 4 miles) Voluntary Ranger patrol and discover what the job entails. Some steep ladder stiles.

Low Mill car park, Farndale, YO62 7UY

1pm – 3:30pm

Donation £2



Level 3

BOOKING ESSENTIAL

Sutton Bank Easy Access

Sunday 5 March

Sunday 3 December

Experience stunning views on the new 5 mile Sutton Bank Easy Access trail, designed not just for walkers but also wheelchairs, buggies and mobility scooters.

Sutton Bank National Park Centre

11am – 2:30pm

Donation £2



Level 3

BOOKING ESSENTIAL

The Cawthorn Conundrum

Sunday 5 March

Archaeologists have long puzzled over the Roman site at Cawthorn. Are the structures camps or forts? How long were they in use? Get closer to the truth on this 1 mile walk.

Cawthorn Roman Camps car park (SE 783 894)

11am – 12 noon

Donation £2



Level 1

BOOKING ESSENTIAL

Village with a View

Sunday 5 March

Take a fascinating 1½ mile history walk around Cropton village.

Cropton Village Hall

1:30pm – 3pm

Donation £2



Level 1

BOOKING ESSENTIAL

Willow Workshop

Saturday 11 March

Join willow expert Anthea Firth and make a willow owl, perfect for garden or patio.

The Moors National Park Centre, Danby

10am – 3pm

Cost: £45



Minimum age: 16

BOOKING ESSENTIAL

EVENTS MARCH-APRIL

Booking is essential to guarantee a place – call **01439 772738**
Public transport? Call **Traveline 0871 200 2233** www.travelinenortheast.info

■ IronFest

Saturday 18 March

Come and celebrate the launch of our new National Park project – This Exploited Land of Iron – with a fun-filled Danby activity day.

The Moors National Park Centre, Danby
11am – 4pm

Adult: Free Child: Free



DROP IN ANY TIME

■ Acrylic Painting Workshop

Sunday 26 March

Sunday 23 April

Sunday 14 May

Sunday 18 June

Sunday 16 July

Sunday 20 August

Sunday 24 September

Small-group workshops focusing on acrylic paint, a forgiving medium for beginners and more experienced artists alike. Artist James McGairy will demonstrate his methods, and at the end of the day you'll leave with your own painting.

The Moors National Park Centre, Danby

10:30am – 4:30pm

Cost: £45

Minimum age: 16



BOOKING ESSENTIAL

■ The Skirting of Cringle Moor

Sunday 2 April

Join us on a walk down from Carlton Bank into Raisdale, around the impressive hill that is Cringle Moor. It's a 5 mile circuit with magnificent views, which will leave you with a better understanding of man's influence on the landscape. Some stiles.

Lord Stones Café car park (NZ 524 029)

10am – 12:30pm

Donation £2

Level 3



BOOKING ESSENTIAL

■ A Medieval Parish

Sunday 2 April

Explore 1,000 years of hidden history – with stories of murder, myth and mystery – on a 3½ mile walk through the ancient Parish of Fylingthorpe. Some short steep hills.

Station car park, Robin Hood's Bay

12:30pm – 4pm

Donation £2

Level 3



BOOKING ESSENTIAL

■ A Seaside Folly

Wednesday 5 April

Over 100 years ago there were grand plans to make Ravenscar a serious rival to Scarborough. Take a 1¼ mile walk to discover the scant remains of this bold project.

Raven Hall Hotel entrance, Ravenscar, YO13 0ET

11am – 12:30pm

Donation £2

Level 1



BOOKING ESSENTIAL

■ A Thornton Wander

Wednesday 5 April

Wander around Thornton le Dale (1½ miles) and explore the history of the village, regarded by many as the prettiest in Yorkshire.

National Park car park (SE 835 829)

2pm – 3:30pm

Donation £2

Level 2



BOOKING ESSENTIAL

■ Glass Workshop

Saturday 8 April

Sunday 3 December

Work with glass artist Judith Gill to create an inspiring glass window or wall hanging.

The Moors National Park Centre, Danby

10:30am – 3pm

Cost: £90

Minimum age: 16



BOOKING ESSENTIAL

■ Ceramics Workshop

Sunday 9 April

Penny Hunt uses hand-building techniques to create ceramic pots, bowls and brooches.

The Moors National Park Centre, Danby

10am – 4pm

Cost: £50

Minimum age: 12



BOOKING ESSENTIAL

■ The Great Stick Hunt

Tuesday 11 April

We'll show you 101 uses for sticks (well, maybe not that many!), from making stick people and woodland monsters to creating stick art, spiders' webs and star wands.

The Moors National Park Centre, Danby

10:30am – 12 noon

Adult: Free

Child: £4.50

Minimum age: 4



BOOKING ESSENTIAL

■ Marvellous Mammals

Tuesday 11 April

Find out how mammals survive in the wild.

Make a fantastic mammal head to take home.

The Moors National Park Centre, Danby

1:30pm – 3pm

Adult: Free

Child: £4.50

Minimum Age: 7



BOOKING ESSENTIAL

■ Amazing Owls

Thursday 13 April

Have a go at dissecting owl pellets and find out what owls eat and how they live! Make some amazing owls to take home.

The Moors National Park Centre, Danby

10:30am – 12 noon

Adult: Free

Child: £4.50

Minimum age: 7



BOOKING ESSENTIAL

■ Worm-Charming Champs

Thursday 13 April

Hunt for worms using our traditional techniques. Who will be crowned Worm-Charming Champ? Bring an empty, see-through, 2-litre drinks bottle to make a wormery.

The Moors National Park Centre, Danby

1:30pm – 3pm

Adult: Free

Child: £4.50

Minimum Age: 4



BOOKING ESSENTIAL

■ Easter Egg Hunt

Friday 14 April – Monday 17 April

Search the grounds with your maps and work out the code to claim your tasty Easter treat!

The Moors National Park Centre, Danby, and

Sutton Bank National Park Centre

10am – 4pm

Adult: Free

Child: £4

For all the family



DROP IN ANY TIME

get ready for an adventure!

East Barnby Outdoor Centre invites you on high-octane holiday adventures for children and families. Join them for activity days and adventure weeks at Easter, May half-term and in summer school holidays.

Family Activity Days (£40 pp) – have a go at water sports, beck-scrambling, geocaching, orienteering, mountain-biking, indoor climbing, real rock adventures, dry slope skiing, seashore exploration or bushcraft.

Adventure Weeks (£40 pp per day) – different daily activities in August from bushcraft and biking to sailing and windsurfing.

Skills and Activity Weekends (selected weekends, £150 pp) – all the hands-on instruction you need, from stand-up paddle-boarding to guided mountain-bike rides and outdoor climbing.

Details and bookings: East Barnby Outdoor Centre
01947 893333 • www.outdoored.co.uk





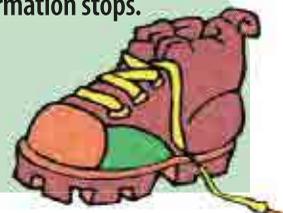
- Fun! Fun! Fun!
- Walks & Talks
- Excitement & Adventure
- Special Events
- Workshops
- Little Boots

walkers FIND YOUR LEVEL!

Our walks are all graded, to help you decide. The walk times include rests and information stops.

- Level 1** — A walk time of up to 1 hour (up to 1½ miles), on easygoing terrain
- Level 2** — Slightly more challenging walks, of up to 2 hours (up to 3 miles)
- Level 3** — Reasonable fitness required, on walks of up to 3 hours (up to 5 miles)
- Level 4** — For suitably experienced walkers; challenging; up to 5 hours (6–11 miles)

Some of our routes include stiles and/or steep ascents – please check when booking.



■ Teddy Bears' Picnic

Tuesday 18 April
Tuesday 1 August
Bring Teddy along for some woodland adventures and finish with juice and biscuits in our storytelling area.
The Moors National Park Centre, Danby
10:30am – 11:45am and 2:15pm – 3:30pm
Adult: Free Child: £4.50 For ages 3–7
 **BOOKING ESSENTIAL**

■ Bloomin' Thirlby

Wednesday 3 May
Enjoy the lovely countryside around Thirlby on this undulating 4½ mile walk – we're hoping for a fine show of spring flowers, including bluebells. Some stiles.
Thirlby Village Hall, YO7 2DJ (SE 489 840)
1:30pm – 4pm
Donation £2
 **Level 3**
BOOKING ESSENTIAL

■ Walking with History

Sunday 7 May
Enjoy a 5 mile walk following ancient tracks and country lanes around the village of Appleton le Moors, exploring Romano-British and early medieval sites.
Appleton le Moors Village Hall (SE 735 877)
1pm – 4pm
Donation £2
 **Level 3**
BOOKING ESSENTIAL

■ Happy Hare Day

Thursday 20 April
What's the difference between a hare and a rabbit? Take a closer look and then have a go at some of our fabulous hare-y crafts!
The Moors National Park Centre, Danby
10:30am – 12 noon
Adult: Free Child: £4.50 Minimum age: 4
 **BOOKING ESSENTIAL**

■ Bluebells in Springtime

Sunday 7 May
Join us for a lovely 3 mile walk through open fields into shaded woodland that – fingers crossed – should be carpeted in bluebells at this time of year. Some stiles and uphill sections.
Great Ayton car park, by TIC
10am – 12 noon
Donation £2
 **Level 2**
BOOKING ESSENTIAL

■ Acrylic Painting Workshop

Sunday 14 May
For details see Sunday 26 March

■ Falling Foss for Tea?

Wednesday 17 May
Our 6 mile walk wanders through bluebell woods and past waterfalls, finishing at a hidden gem of a tea garden. Steep sections and stiles.
Falling Foss car park (NZ 888 036)
10am – 1pm
Donation £2
 **Level 4**
BOOKING ESSENTIAL

■ Minibeast Monsters

Thursday 20 April
Set off on a minibeast hunt, help build bug hotels and then make brilliant bug sculptures.
The Moors National Park Centre, Danby
1:30pm – 3pm
Adult: Free Child: £4.50 Minimum age: 4
 **BOOKING ESSENTIAL**

■ Acrylic Painting Workshop

Sunday 23 April
For details see Sunday 26 March

■ Screen Printing Workshop

Saturday 29 and Sunday 30 April
Gill Kirk teaches masking and stenciling techniques.
The Moors National Park Centre, Danby
10:30pm – 4pm
Cost: 1 day £40, 2 days £80 Minimum age: 12
 **BOOKING ESSENTIAL**

■ Canine Caper

Wednesday 3 May
A 4 mile walk just for dogs and their owners, taking in a disused railway line and the coastal footpath. All dogs must be on a lead.
Station House Tea Room, Cloughton YO13 0AD
1pm – 3pm
Donation £2
 **Level 3**
BOOKING ESSENTIAL

welcome Wayfarer!

Sunday 21 May
A giant visitor is coming to Danby... she is Wayfarer, an explorer from another time and place, on a journey to experience the world and gather as many experiences, reflections and impressions of her travels as she can. Come along and meet this giant puppet visitor – and join in with our special trail, children's crafts and puppet-making. More info at www.animatedobjects.co.uk
The Moors National Park Centre, Danby,
1pm – 3pm **DROP IN ANY TIME**



■ Monoprinting Workshop

Saturday 20 May
Textile artist and printmaker Gill Kirk uses flowers and grasses to explore basic monoprinting techniques. There are two separate sessions, starting at 10.30am and 2pm.
The Moors National Park Centre, Danby
10:30am – 1pm and 2pm – 4:30pm
Cost: £15 Minimum age: 9
 **BOOKING ESSENTIAL**

■ Machine Embroidery Workshop

Sunday 21 May
Join textile artist Gill Kirk and create a mixed-media embroidery piece inspired by the wild flora found in the North York Moors.
The Moors National Park Centre, Danby
10:30am – 4pm
Cost: £40 Minimum age: 12
 **BOOKING ESSENTIAL**

■ Welcome Wayfarer!

Sunday 21 May
See feature left

Booking is essential to guarantee a place – call 01439 772738
Public transport? Call Traveline 0871 200 2233 www.travelinenortheast.info

Castles, Churches and Mines

Wednesday 24 May
Join us on a 7 mile circular walk around Swainby and visit a haunted castle, a ruined church, an abandoned village and old ironstone mines. Some steep hills and stiles. Black Horse car park, Swainby, DL6 3ED
11am – 2:30pm
Donation £2

Level 4



BOOKING ESSENTIAL

Geocaching Treasure Hunt

Saturday 27 May
For details see feature on page 36
National Trust Visitor Centre, Ravenscar
10:30am – 2pm
Family: £5, plus £20 deposit

Mammal-Track Treasure Hunt

Sunday 28 May
Search the Visitor Centre grounds for animal footprints and discover which belong to each creature. Pick up the missing letters on the way to find the magic code word for the treasure box!

The Moors National Park Centre, Danby, and Sutton Bank National Park Centre
11am – 4pm

Adult: Free Child: £3 For all the family



DROP IN ANY TIME

WalkFest2017

Saturday 27 May to Monday 29 May
Join us over the Spring Bank Holiday weekend for the return of our exciting Walking Festival!

- walks for all ages and abilities
- children's treasure hunts to moorland hikes
- afternoon tea strolls and steam train rides
- expert guides, from the worlds of archaeology, wildlife, conservation, even brewing!

Find out more – full festival walk and booking details in our 'Breath of Fresh Air' walking brochure, and at www.northyorkmoors.org.uk/walkingfestival



Volunteer Brian Nicholson

Have-a-go Archery

Monday 29 May
Sunday 23 July
Monday 28 August
The Whitby Company of Archers are here to give some hands-on instruction. Once you have paid, you can have as many goes as you like during the day.

The Moors National Park Centre, Danby

10am – 4pm

Cost: £4.50

Minimum age: 5



DROP IN ANY TIME

A Sinnington Saunter

Sunday 4 June
Step back in time on a 2 mile walk that touches on the Norman Conquest and follows in the footsteps of Catherine Parr.

Sinnington Village Hall

2pm – 4pm

Donation £2

Level 2



BOOKING ESSENTIAL

A Wildflower Wander

Sunday 4 June
A 3 mile walk, exploring Yorkshire Wildlife Trust's Ellerburn Banks Nature Reserve. Before Dalby Forest Drive toll booth (SE 847 853)
2pm – 4:30pm

Donation £2

Level 2



BOOKING ESSENTIAL

the May half-term holiday is absolutely buzzing!

Our wearable art exhibition in the Inspired by... gallery is 'Absolutely Buzzing' (26 May – 26 June), and we're joining in the fun with a whole host of creepy-crawly crafts and activities.

Hungry Caterpillar's Party

Tuesday 30 May
Collect food for the hungry caterpillar in a special caterpillar bag and then transform your bag into a beautiful butterfly! There are two separate sessions, starting at 10.30am and 2.15pm.

The Moors National Park Centre, Danby
10:30am – 11:45am and 2:15pm – 3:30pm

Adult: Free Child: £4.50 For ages 3 to 7



BOOKING ESSENTIAL

Creepy Crawly Carnival

Wednesday 31 May
Drop by to create a carnival headband and make some wings – and our face-painters are here too! (extra charge). The Grand Parade begins at 1.30pm, when you can scurry, buzz and wiggle around the arena before taking part in bug-themed activities and races.

The Moors National Park Centre, Danby
10:30am – 12 noon and 1:30pm – 3:30pm

Adult: Free Child: £3 For ages 3 to 7



DROP IN ANY TIME

Brilliant Beetles

Thursday 1 June
Go on a beetle hunt in the grounds – how many different types can you find? Make some brilliant beetle sculptures to take home.

The Moors National Park Centre, Danby
10:30am – 12 noon

Adult: Free Child: £4.50 Minimum age: 4



BOOKING ESSENTIAL

Dazzling Dragonflies

Thursday 1 June
Learn about our dragonflies, do some dragonfly art and take home a fabulous sculpture.

The Moors National Park Centre, Danby
1:30pm – 3pm

Adult: Free Child: £4.50 Minimum age: 4



BOOKING ESSENTIAL





■ Fun! Fun! Fun!
 ■ Walks & Talks
 ■ Excitement & Adventure
 ■ Special Events
 ■ Workshops
 ■ Little Boots

■ A Country Fryup

Wednesday 7 June

Enjoy the views over Fryup Dale on this 2½ mile circular walk over farmland and moor. View the farm's 'Robinson Danby Collection' of local artefacts, followed by (optional) tea and cakes.

Stonebeck Gate Farm, Fryup, YO21 2NS
(NZ 715 054)
1pm – 3:30pm
Donation £2



Level 2

BOOKING ESSENTIAL

■ Spout House and Bilsdale

Wednesday 7 June

Enjoy views of Easterside Hill from the slopes above Bilsdale. The 3½ mile walk also visits 16th-century Spout House, and finishes with tea and biscuits in the Sun Inn (cost £3). Steep climb.

Sun Inn, Bilsdale, TS9 7LQ (SE 574 935)
2pm – 4:30pm
Donation £2



Level 3

BOOKING ESSENTIAL

■ Willow Workshop

Saturday 10 June

Join willow expert Anthea Firth and make your own dragonfly – from willow to jewelled wings. The Moors National Park Centre, Danby

10am – 3pm
Cost: £45 Minimum age: 16



BOOKING ESSENTIAL

■ Two Tabular Hills

Wednesday 14 June

This strenuous 6 mile walk takes you on a classic circuit around two distinctive hills close to the charismatic village of Hawnby. Some stiles.

Moorgate information point, Hawnby
(SE 539 917)
10am – 1pm
Donation £2



Level 4

BOOKING ESSENTIAL

■ Mills of the Tabular Hills

Sunday 18 June

On a 6 mile history walk, we take a look at Appleton Mill on the River Seven, site of a mill since the 12th century, and also visit the new working mill at Spaunton.

Appleton le Moors Village Hall (SE 735 877)
10am – 2:30pm
Donation £2



Level 4

BOOKING ESSENTIAL

■ Acrylic Painting Workshop

Sunday 18 June

For details see Sunday 26 March

■ Absolutely Buzzing: The Show

Saturday 24 June

Our summer fashion show is a cornucopia of wearable art.

See 'Inspired by... gallery', pages 22-23, for details

■ Sea Kayak Adventure

Saturday 24 June

Saturday 8 July

Saturday 22 July

Saturday 12 August

Saturday 9 September

Spot seabirds, seals and marine life as you kayak from the beach at Boggle Hole along the seashore to Ravenscar.

For more details and bookings, contact the National Trust 0844 249 1895.

Boggle Hole, YO22 4UQ
10am – 3pm

Cost: £40

Minimum age: 14



BOOKING ESSENTIAL

■ Sing As You Go

Sunday 2 July

Put a spring in your step by walking and singing on the 5 mile route around Thornton le Dale, stopping off at the beautiful church at Ellerburn. Short, steep section.

Thornton le Dale car park (SE 835 829)

10am – 3pm

Donation £2



Level 3

BOOKING ESSENTIAL

■ A Stroll Around Staithes

Sunday 2 July

Our 2 mile walk explores the narrow streets and ginnels of this atmospheric fishing village, before finishing with a stiff climb to join the Cleveland Way on the cliffs overlooking the North Sea.

Bank Top car park, Staithes (NZ 781 185)

11am – 1pm

Donation £2



Level 2

BOOKING ESSENTIAL

■ Poisons and Potions

Wednesday 5 July

On this 3½ mile walk from Gillamoor, you'll hear about the medicinal and poisonous properties of the plants along the way. Some stiles, can be very muddy.

Royal Oak, Gillamoor, YO62 7HX

10:30am – 1pm

Donation £2



Level 3

BOOKING ESSENTIAL

■ One Under the Eight

Wednesday 5 July

We're off on a quiet 2 mile circular walk along country lanes and field footpaths, with a short visit to a church with an octagonal tower. Some stiles.

Wass Village Hall car park

2pm – 3:30pm

Donation £2



Level 2

BOOKING ESSENTIAL

■ Sea Kayak Adventure

Saturday 8 July

For details and bookings see Saturday 24 June

■ Walking with Wrecks

Sunday 9 July

Follow the Cleveland Way for 6½ miles from Whitby to Robin Hoods Bay, and hear stories associated with some of the tragic vessels that foundered off this spectacular stretch of coastline. It's a linear walk with some steep sections; transport provided.

Station car park,

Robin Hoods Bay, YO22 4TG

10am – 3:30pm

Donation £2



Level 4

BOOKING ESSENTIAL

■ Whinstone Ridge Rocks

Wednesday 12 July

Join us today as we strike off across open moorland to Goathland Railway Station, then follow the railway line to picturesque Darnholm before climbing to the dramatic Whinstone Ridge. It's a 6 mile walk with steep, strenuous sections.

Goathland/Beck Hole road junction car park

(NZ 851 028)

10am – 1pm

Donation £2



Level 4

BOOKING ESSENTIAL

■ Acrylic Painting Workshop

Sunday 16 July

For details see Sunday 26 March

■ Views Around Bilsdale

Wednesday 19 July

Our 6 mile walk takes you along the eastern flank of Bilsdale before returning from the impressive Nab End over the moor top. Some stiles and a steep climb.

Chop Gate Village Hall car park (SE 558 993)

10am – 1pm

Donation £2



Level 4

BOOKING ESSENTIAL

NATIONAL PARKS WEEK... 24-30 JULY

During National Parks Week people all over the UK get a chance to explore, discover and celebrate the special qualities of our National Parks.

We're one of 15 UK National Parks, and every summer we join up to offer a week's worth of events and activities in 'Britain's breathing spaces'. The theme for 2017 is 'bringing people together', so come along to our National Park Centres at Danby and Sutton Bank and join in the fun.



ParkFest Saturday 22 July – Sunday 23 July

As always, we launch things with a bang with our two-day festival, ParkFest – the major event in the North York Moors National Park's annual calendar. From Artisan Art Fair to Family Fun Day, it's a weekend like no other in the Park. See you there!

Artisan Art Fair

22 and 23 July
Browse inspiring pieces of original art and meet the artists and makers – plus craft demos, music, storytelling, and poetry workshops.

The Moors National Park Centre, Danby
11am – 4pm
Adult: Free Child: Free

DROP IN ANY TIME

Danby Live!

Saturday 22 July
Join us for a stand-out summer concert by dynamic 'folk and roll' bands Holy Moly & The Crackers and The Buffalo Skinners. Staged in the enchanting grounds of The Moors Centre, it's a night of great music (first act on stage at 7pm) with a welcoming atmosphere, local food and licenced bar! Bring your own chairs.

The Moors National Park Centre, Danby
6pm – 10pm
Adult: £13 Child aged 14 and under: £6



BOOKING ESSENTIAL

Family Fun Day

Sunday 23 July
Come rain or shine, our FREE Sunday Fun Day is the place to be. Various stands showcase local food, traditional crafts and moorland management skills. Take part in a wide range of family activities – from cooking demonstrations to face painting and medieval spear practice with our Living History group.

The Moors National Park Centre, Danby
11am – 4pm
Adult: Free Child: Free



DROP IN ANY TIME

Sea Kayak Adventure

Saturday 22 July
For details see Saturday 24 June

Have-a-go Archery

Sunday 23 July
Monday 28 August
For details see Monday 30 May

Butterfly Treasure Hunt

Monday 24 July
Search the grounds for the butterflies and solve the riddles. Will you identify all of them to claim your butterfly treasure?
The Moors National Park Centre, Danby
10am – 4pm
Adult: Free Child: £3 For all the family
 DROP IN ANY TIME

Discovering Dinosaurs

Tuesday 25 July
A 'Little Boots Tuesday' event.
See feature on page 35 for details

Geocaching Treasure Hunt

Sunday 30 July
For details see feature on page 36
Station car park, Robin Hood's Bay
10:30am – 2pm
Family: £5, plus £20 deposit



MoorFest

Sunday 30 July
Enjoy a day of free activities, and find out about the different people who work in the National Park and who help to make it such a special place.

Sutton Bank National Park Centre
11am – 4pm
Adult: Free Child: Free For all the family



DROP IN ANY TIME



■ Fun! Fun! Fun!
 ■ Walks & Talks
 ■ Excitement & Adventure
 ■ Special Events
 ■ Workshops
 ■ Little Boots

■ Up, Up and Away

Tuesday 1 August
A 'Little Boots Tuesday' event.
See feature on page 35 for details

■ Teddy Bear's Picnic

Tuesday 1 August
For details see Tuesday 18 April

■ Secrets of Urra Moor

Wednesday 2 August
Head on up to the heights of Urra Moor to discover its ancient secrets. This 3½ mile walk includes a visit to the old hamlet of Urra and to the hidden valley of Cowkill. There are some stiles.

Clay Bank car park, B1257 (NZ 572 035)
10am – 12 noon
Donation £2

Level 3



BOOKING ESSENTIAL

■ Relax and Meditate

Wednesday 2 August
Buddhist nun Ani Tselha takes us on a 1½ mile walk along quiet, shady woodland paths that lend themselves perfectly to her peaceful meditations. Please bring a picnic.

Sawmill car park, Raincliffe Woods, Scarborough (SE 989 880)
10:30am – 1pm
Donation £2

Level 1



BOOKING ESSENTIAL

■ Sing As You Go

Wednesday 2 August
Join us on an easy 1½ mile walk for all (the route is both wheelchair and buggy friendly), as we sing ourselves happy while strolling along the riverside boardwalk at beautiful Forge Valley.

Old Man's Mouth car park, Forge Valley (SE 984 871)
2:30pm – 4pm
Donation £2

Level 1



BOOKING ESSENTIAL

■ Plundering Pirates

Thursday 3 August
The National Park coast has a long history of pirate raids and smuggling. Today we'll be making some 'pirate' leaf boats and twig rafts to sail on Crow Wood pond, out in the Visitor Centre grounds.

The Moors National Park Centre, Danby
10:30am – 12 noon

Free Child: £4.50

Minimum age: 4



BOOKING ESSENTIAL

■ Seashell Mosaics

Thursday 3 August
Take a closer look at some of the beautiful shells found on our beaches. Can you tell a periwinkle from a dog whelk? Why not bring some shells along to help make your own marvellous mosaic?

The Moors National Park Centre, Danby
1:30pm – 3pm

Adult: Free Child: £4.50 Minimum age: 4



BOOKING ESSENTIAL

■ Explore a 12th-Century Village

Sunday 6 August
Our 1 mile wheelchair-friendly stroll around Appleton le Moors looks at its development from the 12th century to Victorian times.

Appleton le Moors Village Hall (SE 735 877)
10:45am – 12 noon
Donation £2

Level 1



BOOKING ESSENTIAL

■ Whorlton and Swainby

Sunday 6 August
A 4½ mile walk, taking you through the medieval village of Swainby, the deserted village of Whorlton and Huthwaite Green where we learn about the ironstone mines of Scugdale. Steep sections.

Swainby Church (NZ 477 020)

11am – 1:45pm

Donation £2

Level 3



BOOKING ESSENTIAL

■ Sinnington History Walk

Sunday 6 August
A short, 1 mile, wheelchair friendly walk that explores the hidden secrets of this ancient village, with its medieval hall, mysterious waterless bridge and celebrated maypole.

Sinnington Village Hall

2pm – 3:15pm

Donation £2

Level 1



BOOKING ESSENTIAL

■ Sup and Scran

Sunday 6 August
A 'Sutton Bank Sunday' event.
See feature on page 35

■ Slithery Snake Treasure Hunt

Monday 7 August
Discover the secrets of an adder's life and collect the answers to the clues to claim your treasure!

The Moors National Park Centre, Danby.

10am – 4pm

Adult: Free Child: £3 Minimum age: 4



DROP IN ANY TIME

■ Rockpools at Runswick

Tuesday 8 August
Explore the fabulous rockpools at Runswick Bay and learn how to identify shoreline creatures. Meet at the bottom of the slipway nearest the lifeboat station (and bring your wellies!). There are two separate sessions, starting at 10am and 11.45am.

Slipway, Runswick Bay

10am – 11:15am and 11:45am – 1pm

Adult: Free Child: £4.50 Minimum age: 5



BOOKING ESSENTIAL

■ Feeling Sheepish

Tuesday 8 August
A 'Little Boots Tuesday' event.
See feature on page 35 for details

■ Pictur-Esk Lealholm

Wednesday 9 August
Our 6 mile walk crosses the River Esk on stepping stones from picturesque Lealholm, and heads through woods, across farmland and open moorland, before returning by an old stone trod. Steep hills, some stiles.

Lealholm village car park (NZ 763 976)

10am – 1pm

Donation £2

Level 4



BOOKING ESSENTIAL

■ Geocaching Treasure Hunt

Thursday 10 August
For details see feature on page 36
The Moors National Park Centre, Danby
Bookable sessions, 10:30am – 2pm
Family: £5, plus £20 deposit

■ Sea Kayak Adventure

Saturday 12 August
For details see Saturday 24 June

■ In Days of Old

Sunday 13 August
A 'Sutton Bank Sunday' event.
See feature on page 35 for details

■ Bug Bonanza

Tuesday 15 August
A 'Little Boots Tuesday' event.
See feature on page 35 for details

■ Tree Tracker Challenge

Tuesday 15 August
After a brief introduction to using compasses, head off on your tree tracker challenge. Collect their leaves and claim your prize!

The Moors National Park Centre, Danby

10:30am – 12 noon

Adult: Free Child: £4.50 Minimum age: 7



BOOKING ESSENTIAL

FAMILY FUN AT SUTTON BANK... it's what holidays were made for!

Join us this year for an exciting range of themed events at **SUTTON BANK NATIONAL PARK CENTRE**. There's lots going on for **FREE**, and plenty to do for the whole family!

Have-a-go Holidays

'HAVE-A-GO HOLIDAYS' brighten up half-terms and Easter with themed crafts, trails, treasure hunts, walks and talks, tasting sessions and more.

All events 11am – 4pm

■ Dark Skies

February 18 – 26

Let our dark skies inspire a galaxy of events and activities this half-term.

Adult: Free Child: Free For all the family

■ Spring into Action

April 8 – 24

As everything comes alive after a winter of hibernation, get stuck in and celebrate Easter and the arrival of spring.

Adult: Free Child: Free For all the family



■ A Taste of the Moors

May 27 – June 4

Find out all about our magical moorland – places to go, things to do, moorland stories and activities.

Adult: Free Child: Free For all the family

■ Myths and Legends

October 21 – 29

There are strange things happening at Sutton Bank, and we're here to shed light on our favourite myths and legends.

Adult: Free Child: Free For all the family



Sutton Bank Sundays

On 'SUTTON BANK SUNDAYS' our National Park Centre is a hive of activity – as well as the free drop-in-any-time activities, there are hands-on exhibitions, a café, adventure play area and bike rental too.

All events 11am – 4pm

■ MoorFest

Sunday 30 July

Enjoy a whole host of free activities at our annual moorland event. It's a celebration of country life, culture and heritage.

Adult: Free Child: Free For all the family

■ Sup and Scrان

Sunday 6 August

Come and taste some of our lovely local food and drink and see how things were done in the farmhouse kitchen.

Adult: Free Child: Free For all the family

■ In Days of Old

Sunday 13 August

Find out how people might have spent their time in bygone days. Design your own shield or have a go at calligraphy

Adult: Free Child: Free For all the family

■ Fitness, Flowers and Fresh Air

Sunday 20 August

Learn to identify wild flowers, discover the healing properties of plants, sample some healthy recipes and test your fitness with a spot of cycling or the 100m sprint!

Adult: Free Child: Free For all the family

Little Boots Tuesdays

'LITTLE BOOTS TUESDAYS' start with a craft session, followed by an outdoor activity and end with story time. Booking is essential to guarantee a space.



All events 1:30pm – 3:30pm

■ Discovering Dinosaurs

Tuesday 25 July

Be transported 165 million years back in time when dinosaurs roamed the land!

Adult: Free Child: £2.50 For ages 3–7

■ Up, Up and Away

Tuesday 1 August

Have you ever wondered how gliders fly? Design your own model and find out.

Adult: Free Child: £2.50 For ages 3–7

■ Feeling Sheepish

Tuesday 8 August

There are plenty of sheep up on the moors. Come and join us for some 'woolly fun'!

Adult: Free Child: £2.50 For ages 3–7

■ Bug Bonanza

Tuesday 15 August

Turn detective to help us search for some of the smallest creatures in the National Park.

How many can you name?

Adult: Free Child: £2.50 For ages 3–7

■ Our Feathered Friends

Tuesday 22 August

How many birds do you recognise? With bird watching and a listening trail you'll be an expert twitcher by the end of the afternoon!

Adult: Free Child: £2.50 For ages 3–7





■ Fun! Fun! Fun!
 ■ Walks & Talks
 ■ Excitement & Adventure
 ■ Special Events
 ■ Workshops
 ■ Little Boots

■ The Great Stick Hunt

Tuesday 15 August
1:30pm – 3pm
For details see Tuesday 11 April

■ Tree Shirts

Thursday 17 August
Join us in Crow Wood and learn how to identify trees from their leaves. Use some of the leaves to print designs onto a T-shirt to take home.

The Moors National Park Centre, Danby
10:30am – 12 noon
Adult: Free Child: £6 Minimum age: 5
 BOOKING ESSENTIAL

■ Hideaway in the Woods

Thursday 17 August
Follow our 'unnatural trail' in Crow Wood. Learn how animals use camouflage to survive and use your knowledge to hide in the woods. The session ends with a shelter-building challenge.

The Moors National Park Centre, Danby
1:30pm – 4pm
Adult: Free Child: £7.50 Minimum age: 7
 BOOKING ESSENTIAL

■ Printmaking Workshop

Saturday 19 August
Penny Hunt explores the use of drypoint etching and monotype to create images based on the small elements that make up a larger landscape.

The Moors National Park Centre, Danby
10:30am – 4pm
Cost: £40 Minimum age: 12
 BOOKING ESSENTIAL

■ Acrylic Painting Workshop

Sunday 20 August
For details see Sunday 26 March

■ Fitness, Flowers and Fresh Air

Sunday 20 August
A 'Sutton Bank Sunday' event.
See feature on page 35 for details

■ Wildlife Treasure Hunt

Monday 21 August
Collect all of the missing letters, guarded by the animals, to reveal the secret code word to claim your treasure.
The Moors National Park Centre, Danby.
10am – 4pm
Adult: Free Child: £3 For all the family
 DROP IN ANY TIME

■ An Introduction to Bushcraft

Tuesday 22 August
Making fire without using matches, setting up shelters and making string – not to mention learning the fox walk!
The Moors National Park Centre, Danby
10:30am – 4pm
Adult: Free Child: £12.50 Minimum age: 8
 BOOKING ESSENTIAL

■ Our Feathered Friends

Tuesday 22 August
A 'Little Boots Tuesday' event.
See feature on page 35 for details

■ Fishy Fun

Thursday 24 August
Discover some amazing facts about the salmon and trout which live in the River Esk. Celebrate all things fishy by making your own fish and fishing rod!
The Moors National Park Centre, Danby
10:30am – 12 noon
Adult: Free Child: £4.50 Minimum age: 4
 BOOKING ESSENTIAL

■ Marine Monsters

Thursday 24 August
Our Jurassic sea contained all sorts of wild and wonderful animals. Come and create your own marvellous marine monsters!
The Moors National Park Centre, Danby
1:30pm – 3pm
Adult: Free Child: £4.50 Minimum age: 4
 BOOKING ESSENTIAL

■ Geocaching Treasure Hunt

Sunday 27 August
For details see feature below
Hayburn Wyke Hotel car park
10:30am – 2pm
Family: £5, plus £20 deposit

■ Have-a-go Archery

Monday 28 August
For details see Monday 29 May

■ Landscape Painting

Tuesday 29 August
Today we're painting the beautiful landscape around the The Moors National Park Centre. We will be using watercolour paints and learning a range of techniques
The Moors National Park Centre, Danby.
10:30am – 12 noon
Adult: Free Child: £5 Minimum age: 7
 BOOKING ESSENTIAL

■ Kite Making

Tuesday 29 August
Let the National Park's wildlife inspire your own creature kite. Why not test it out in the grounds? Let's hope for a windy day!
The Moors National Park Centre, Danby
1:30pm – 3pm
Adult: Free Child: £4.50 Minimum age: 4
 BOOKING ESSENTIAL

■ Hungry Caterpillar's Party

Thursday 31 August
For details see Tuesday 30 May

■ Geocaching Treasure Hunt

Thursday 31 August
For details see feature below
Sutton Bank National Park Centre
Bookable sessions, 10:30am – 2pm
Family £5, plus £20 deposit.

hide and seek for hidden treasure

Join the Cleveland Way National Trail, the National Trust and the National Park on a hunt for hidden treasure.

■ Geocaching Treasure Hunt

Saturday 27 May
Sunday 30 July
Thursday 10 August
Sunday 27 August
Thursday 31 August

Using one of our GPS units, enjoy a 2 to 3 mile walk searching for clues and goodies in hidden boxes along the way. You pay a charge (per family) for the GPS unit, plus a refundable deposit. The route takes about 2 hours to complete and you can just turn up on the day. Dogs welcome but must be kept on a lead

*Event held at different locations
See relevant dates for details*



EVENTS SEPTEMBER-OCTOBER

Booking is essential to guarantee a place – call **01439 772738**
Public transport? Call **Traveline 0871 200 2233** www.travelinenortheast.info

some more dates for your diary

19 – 21 August **Whitby Regatta**

Join in the northeast's oldest sea regatta at Whitby's annual sea carnival.

9 – 10 September **Staithes Festival**

Pop-up galleries, fossils, fishing, photography and film at Staithes' arts and heritage festival.

13 – 15 October **Railway in Wartime**

Relive the spirit of World War II in a weekend of parades, re-enactments and concerts along the NYMR.

18 November – 23 December **Christmas at Castle Howard**

Discover one of Britain's finest historic houses dressed for Christmas and bathed in candlelight.



Photographs: jrbphotographic.co.uk, Mike Kipling



A Walk Around the Dam

Sunday 3 September

Take a gentle 4 mile walk around the decommissioned reservoir of Scaling Dam, the largest expanse of open water in the National Park – now a nature reserve and wildlife haven.

Scaling Dam Sailing Club car park, TS13 4TP
11am – 1pm

Donation £2



Level 3

BOOKING ESSENTIAL

Death of a Branch Line

Sunday 3 September

A 2 mile walk that explores an old railway line (once used by the boys of Ampleforth School), including views of Newburgh Priory and the site of the former station.

Wass Village Hall car park
2pm – 3:30pm

Donation £2



Level 2

BOOKING ESSENTIAL

A Load of Cobbles!

Wednesday 6 September

We set off on a 5 mile walk, following the Cleveland Way over moorland and visiting an old quarry whose volcanic rock was once used to make cobbled streets.

Gribdale Gate car park (NZ 592 110)

10am – 12:30pm

Donation £2



Level 3

BOOKING ESSENTIAL

Ampleforth Abbey

Wednesday 6 September

Join us on a 1½ mile walk around Ampleforth Abbey, enjoying fine views of the Howardian Hills and concluding with a tour of the Abbey church (extra charge £3).

Ampleforth Abbey car park, YO62 4EN

1:30pm – 4pm

Donation £2



Level 1

BOOKING ESSENTIAL

Sea Kayak Adventure

Saturday 9 September

For details see Saturday 24 June

A Trip to Paradise

Thursday 14 September

A strenuous 9 mile circuit that climbs the Hambleton Hills to an ancient drove road, and passes High and Low Paradise Farms and the lovely village of Boltby. Steep hills, some stiles.

Kirby Knowle church, YO7 2JG (SE 468 873)

10:30am – 3:30pm

Donation £2



Level 4

BOOKING ESSENTIAL

Acrylic Painting Workshop

Sunday 24 September

For details see Sunday 26 March

A Mindful Walk

Sunday 1 October

Experience nature on a 3½ mile walk through ancient woods and alongside a peaceful river, with surprise views to the coast and the Wolds – and time for some quiet contemplation on the way. Steep sections and stiles.

Cockrah Road lay-by, West Ayton, Scarborough, YO13 9LB (SE 981 864)

11am – 2:30pm

Donation £2



Level 3

BOOKING ESSENTIAL

Discovering Whitby

Sunday 1 October

Go beyond Whitby's tourist trail on a 2½ mile walk that explores the hidden buildings, steps, courts, snickets and yards of this fascinating maritime town. Steep sections.

Whitby Tourist Information Centre, YO21 1YN

11am – 1pm

Donation £2



Level 2

BOOKING ESSENTIAL

Dykes and Tumuli

Wednesday 4 October

A 4½ mile circuit of Irton and Seamer Moors, looking at prehistoric dykes and tumuli, and including a short, steep ascent of Seamer Beacon. Finishes with tea and biscuits at Osborne Lodge.

Osborne Lodge, East Ayton, YO12 5TG

(SE 987 869)

1pm – 4pm

Donation £2



Level 3

BOOKING ESSENTIAL

Walking in Wilton

Wednesday 4 October

The delightful village of Wilton overlooks the Vale of Pickering – this 1½ mile walk takes in the impressive medieval earthworks of Wilton Hall, alongside St George's Church.

Cliff Lane and A170 junction (SE 861 829)

1:30pm – 3:15pm

Donation £2



Level 1

BOOKING ESSENTIAL

More than a walk, it's also a talk

Hear some fascinating stories on our special history walks. These include:

- 5 March **The Cawthorn Conundrum**
- 5 April **A Seaside Folly**
- 7 May **Walking with History**
- 4 June **A Sinnington Saunter**
- 6 Aug **Explore a 12th-Century Village**
- 1 Oct **Discovering Whitby**
- 6 Dec **Historic Helmsley**



Volunteer Brian Nicholson



■ Fun! Fun! Fun!
 ■ Walks & Talks
 ■ Excitement & Adventure
 ■ Special Events
 ■ Workshops
 ■ Little Boots

■ Cleveland's 3 Peaks

Wednesday 11 October

Our longest walk of the year is a challenging 11-mile circuit that takes in 3 majestic hills – Easby summit (ie, Captain Cook's Monument), Highcliffe Nab and Roseberry Topping, all featuring fantastic views.

Gribdale Gate car park (NZ 592 110)

10am – 3:30pm

Donation £2

Level 4



BOOKING ESSENTIAL

■ MoorsRun

Sunday 15 October

See feature right

■ Ghostly Treasure Hunt

Monday 23 October

Search the grounds for the 'ghosts' to discover some of the National Park's scary folklore. Will you be brave enough to find all of the answers and claim your treasure?

The Moors National Park Centre, Danby

10am – 4pm

Adult: Free Child: £3

For all the family



DROP IN ANY TIME

■ Autumn Bulbs

Tuesday 24 October

Decorate your own plant pots using natural materials and paints, and plant them up with bulbs ready to flower in spring.

The Moors National Park Centre, Danby

10:30am – 12 noon

Adult: Free Child: £4.50

Minimum age: 4



BOOKING ESSENTIAL

■ Bat Shirts

Tuesday 24 October

Discover some of the secrets of a bat's life and hear about how they survive in the National Park. You'll also make a beautiful bat T-shirt to wear at Halloween.

The Moors National Park Centre, Danby

1:30pm – 3pm

Adult: Free Child: £6

Minimum age: 5



BOOKING ESSENTIAL

■ Not Scared of Spiders!

Tuesday 24 October

Learn some interesting spider facts, then get ready for Halloween by spinning icing webs to decorate a special spooky biscuit.

Sutton Bank National Park Centre

1:30pm – 3:30pm

Adult: Free Child: £2.50

For ages: 3–7



BOOKING ESSENTIAL

MoorsRun

Sunday 15 October

Sign up for the 'Rabbit Run' (5k) or 'Turnpike Trot' (10k) and see the beautiful Moors like never before!

New runners, budding athletes, families and friends are all welcome on our fully marshalled trail runs, with prizes, medals and refreshments on offer.

The Moors National Park Centre, Danby
Rabbit Run £10 (min age 7, min age for solo runners 14), Turnpike Trot £20 (min age 16)

Details and bookings: contact Jonathan Steele on 07909797872, info@hardmoors110.org.uk



Sportsunday.co.uk

■ Halloween Crafts

Wednesday 25 October

It's that time of year when we come over all spooky! Join in the fun with us, making ghoulish, ghostly Halloween crafts. There are two separate drop-in sessions, starting at 10:30am and 1:30pm.

The Moors National Park Centre, Danby

10:30am – 12:30pm and 1:30pm – 3:30pm

Adult: Free Child: £4.50

Minimum age: 4



DROP IN ANY TIME

■ Feed the Birds

Thursday 26 October

Spare a thought for our wild birds as winter approaches. Join in making tasty food and bird-feeders to hang at home. Please note that this event uses animal fats and peanuts.

The Moors National Park Centre, Danby

10:30am – 12 noon

Adult: Free Child: £4.50

Minimum age: 4



BOOKING ESSENTIAL

■ Spooky Spiders

Thursday 26 October

Find out how incredibly important spiders are and see how many types you can find in Crow Wood. Make some super spiders' webs to take home with you.

The Moors National Park Centre, Danby

1:30pm – 3pm

Adult: Free Child: £4.50

Minimum age: 4



BOOKING ESSENTIAL

■ Hambleton Monks' Way

Wednesday 1 November

Follow in the footsteps of medieval monks on a 5 mile walk passing through villages with captivating stories to tell of history and romance.

Forresters Arms, Kilburn (SE 513 797)

10:15am – 1:15pm

Donation £2

Level 3



BOOKING ESSENTIAL

■ Meeting Remarkable Trees

Wednesday 1 November

Enjoy a 4 mile stroll through ancient Mulgrave Woods, where you'll learn to recognise broadleaf and coniferous trees by their bark, leaves, cones, seeds and shape.

Mulgrave Woods entrance, Sandsend

(NZ 861 125)

10:30am – 2pm

Donation £2

Level 3



BOOKING ESSENTIAL

■ Chamber Music Festival

Friday 3 November

Musical Director Jamie Walton presents a selection of Bach's 'Goldberg Variations' for string trio, and Mozart's 'Divertimento' in E flat K563. Part of the North York Moors Chamber Music Festival.

The Moors National Park Centre, Danby

6:30pm for 7pm

Tickets: £15



BOOKING ESSENTIAL

■ Best Foot Forward

Sunday 5 November

Go behind the scenes and take a 2½ mile walk around Danby on the route used to train our walk leaders. You will also hear about the work involved in compiling our whole National Park events programme. Stiles and steep sections.

The Moors National Park Centre, Danby

11am – 1pm

Donation £2

Level 2



BOOKING ESSENTIAL

EVENTS NOVEMBER-DECEMBER

Booking is essential to guarantee a place – call **01439 772738**
Public transport? Call **Traveline 0871 200 2233** www.travelinenortheast.info

A CHRISTMAS WONDERLAND!

Join us as we gear up for Christmas, with a series of craft workshops and our very own Craft Fair and Shopping Weekend – ideal for picking up a unique gift.



Seasonal Willow Workshops

Saturday 28 October – large garden deer
Sunday 5 November – large Christmas angel
Saturday 2 December – wreaths and decorations
Plan ahead for Christmas with willow expert Anthea Firth, making garden ornaments and seasonal decorations.

The Moors National Park Centre, Danby

10am – 3pm

Cost: £45

Minimum age: 16



BOOKING ESSENTIAL

Christmas Craft Fair

Saturday 18 and Sunday 19 November
Celebrating the very best of local arts, country crafts and seasonal gifts, from jewellery and ceramics to tree decorations, scented soaps and handmade chocolates. There's also a visit from Santa, traditional music and children's craft-making activities.

The Moors National Park Centre, Danby

10:30am – 4:30pm

Adult: Free Child: Free

DROP IN ANY TIME

Christmas Shopping Weekend

Saturday 25 and Sunday 26 November

Relaxed and hassle-free – that's Christmas shopping, Sutton Bank style! Local gifts, live music, tasting tables and seasonal treats in the café add up to a unique shopping experience.

Sutton Bank National Park Centre

10:30am – 4:30pm

Adult: Free Child: Free

DROP IN ANY TIME



Hutton le Hole and Lavingham

Sunday 5 November

A 4½ mile circuit between Hutton-le-Hole, the home of the game of 'merrills', and Lavingham, whose ancient church was founded by St Cedd. Steep section.

Hutton le Hole car park (SE 705 901)

11am – 1:45pm

Donation £2



Level 3

BOOKING ESSENTIAL

Glass Workshop

Sunday 3 December

For details see Saturday 8 April

Sutton Bank Easy Access

Sunday 3 December

For details see Sunday 5 March

A Timeless Village

Wednesday 6 December

Only a few miles from busy Helmsley, Pockley appears quiet and remote. On this 1¼ mile stroll around the village we appreciate the thatcher's thatching and visit the small church. Church of St John the Baptist, Pockley (SE 637 862)

11am – 12 noon

Donation £2



Level 1

BOOKING ESSENTIAL

History in Helmsley

Wednesday 6 December

On a winter's day approaching Christmas, Helmsley is a colourful, bustling place to visit. Our 1½ mile walk around the streets of the historic market town will explore its past and reveal the fascinating story behind its buildings and monuments.

Market Cross, Helmsley

1:30pm – 3pm

Donation £2



Level 1

BOOKING ESSENTIAL



looking forward to 2018

Big Garden Birdwatch

Saturday 27 – Sunday 28 January 2018

Join in the RSPB's annual birdwatch weekend, with two days of bird crafts, trails and bird-counting at our National Park Centres.



The Royal Society for the Protection of Birds (RSPB) is a registered charity: England and Wales no. 207076, Scotland no. SC037654

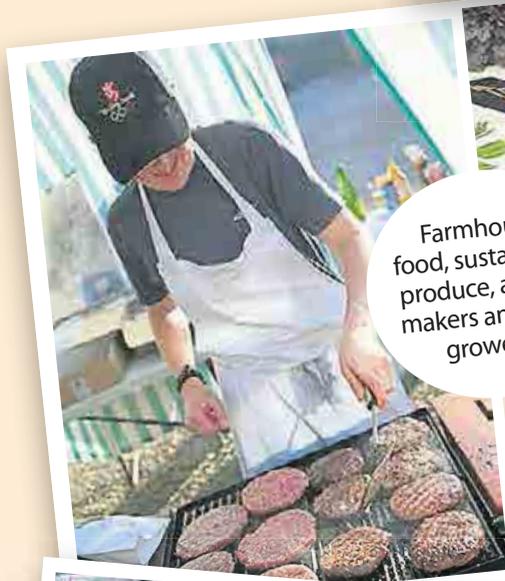
wish you were **HERE!**

It's a day out like no other at the local show – a traditional highlight of the summer calendar in the North York Moors.



ANIMAL MAGIC

Fur and feather, hoof and hare, parades, prizes and rosettes.



Farmhouse food, sustainable produce, artisan makers and local growers.

FANTASTIC FOOD



see you at the show

You'll find the National Park marquee at many of the summer shows. Look out for us on these dates* and come and say hello!

JUNE

Sunday 18 North Yorkshire County Show, Northallerton

JULY

Sunday 2 Malton Show
Saturday 22 Cleveland Show, Stewart Park, Marton
Tuesday 25 Ryedale Show, Kirkbymoorside*

AUGUST

Tuesday 1 Egton Gooseberry Show
Saturday 5 Osmotherley Show
Wednesday 9 Thornton le Dale Show*
Friday 11 Hinderwell Show
Wednesday 16 Danby Show*
Saturday 19 Rosedale Show*
Wednesday 23 Egton Show*
Saturday 26 Bilsdale Show*
Monday 28 Burniston Show
Monday 28 Farndale Show

SEPTEMBER

Saturday 2 Kildale Show*
Saturday 2 Lealholm Show
Saturday 9 Castleton Show
Sunday 10 Guisborough Forest Festival*
Saturday 23 Stokesley Show*



FUN AND GAMES

Races and rallies, crafts, displays, and good old-fashioned fun.



Photographs: Kirsty Brown, Tessa Bunney, Tracey Phillips, rjbphotographic.co.uk

PRIZE draws in the PARK

WIN a family day out on a steam train

In association with the North Yorkshire Moors Railway

We have ONE family ticket to give away. Take a moment to fill in the form opposite and you'll be entered into our fantastic prize draw

5 THINGS TO DO on the HERITAGE RAILWAY

- 1 Ride up front on a 'Footplate Experience' for a view of the line you'll never forget
- 2 See the 'Railway in Wartime' (13-15 October) and relive the spirit and camaraderie of World War II
- 3 Visit the artist-in-residence at Levisham Station and take a walk in beautiful Newtondale
- 4 Sip tea in the authentically refurbished 1922-style goods shed at Goathland
- 5 All aboard for the 'Summer Story Trains', every Friday in school summer holidays



rjbphotographic.co.uk

WIN a family day out at an open-air museum

In association with the Ryedale Folk Museum

We have TWO family tickets for the museum to give away. Take a moment to fill in the form opposite and you'll be entered into our fantastic prize draw

5 THINGS TO DO at the FOLK MUSEUM

- 1 Experience the splendour of a Victorian Christmas
- 2 Find out about life in an Iron Age roundhouse
- 3 Take a fun family photo in the Edwardian photographic studio
- 4 See the latest exhibition in the Art Gallery
- 5 "What's that for?" – marvel at the curiosities in the Harrison Collection



Chris J. Parker

NORTH YORKSHIRE MOORS RAILWAY PRIZE DRAW

Please fill in the form and return it to be in with a chance to WIN!

How satisfied are you with *Out and About in the North York Moors*?

1 2 3 4 5 6

 Very dissatisfied dissatisfied satisfied Very satisfied

What do you most like to read about? (please ring one)

History/heritage Nature/wildlife Outdoor activities

Sights/attractions Events/festivals

Where did you get your copy of *Out and About*? (please ring one)

Tourist office National Park Centre Local business

Accommodation provider Other (specify)

THANK YOU – your comments are valuable to us. Please return this form, making sure you include your address, to: *Out and About*, The Old Vicarage, Bondgate, Helmsley, York YO62 5BP. You can also hand it in at Sutton Bank National Park Centre or The Moors National Park Centre. The closing date for the draw is 5 January, 2018. Please note – only 1 entry per address accepted. The winner will be notified by post.

Your name and address,

Email

Please tick if you would like to join our e-mailing list and receive our special newsletter

The information that you provide will be held under the Data Protection Act 1998 and will not be used for any other purpose than the prize draw, or the email newsletter (if selected).

RYEDALE FOLK MUSEUM PRIZE DRAW

Please fill in the form and return it to be in with a chance to WIN!

How satisfied are you with *Out and About in the North York Moors*?

1 2 3 4 5 6

 Very dissatisfied dissatisfied satisfied Very satisfied

What do you most like to read about? (please ring one)

History/heritage Nature/wildlife Outdoor activities

Sights/attractions Events/festivals

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Tourist office National Park Centre Local business

Accommodation provider Other (specify)

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ACTIVITIES, ADVENTURE, FUN!



ADVENTURE

Carlton Outdoor Education Centre

Celebration events, individual and group activity days. 01642 712229, www.gethartlepoolactive.co.uk

Carlton Lodge Outdoor Centre, Thirsk

Anything from abseiling to raft building. 01845 522145, www.carltonlodge.org.uk

Dalby Activity Centre

Wide range of activities, from archery to tree-climbing. 01751 460590, www.dalbyactivitycentre.co.uk

East Barnby

Family activity days. 01947 893333, www.outdoored.co.uk

Go Ape! Dalby Forest

High-wire forest adventures and Segways. www.goape.co.uk/days-out/dalby

Hidden Horizons

Fossil hunts, rock-pooling trips and mini-beast walks. 07964 759433, www.hiddenhorizons.co.uk

Large Outdoors, Malton

Sociable breaks blending the best of the outdoors with home comforts. 01653 740400, www.largeoutdoors.com

Lost Earth Adventures

Rock climbing, skills courses and guided mountain biking. 01904 500094, www.losteearthadventures.co.uk

Peat Rigg Outdoor Training Centre

Big choice of activities – climbing, kayaking, gorge-scrambling, high ropes, raft-building. 01751 417112, www.peatrigg.org

Pesky Husky, Staintondale

Trekking, mushing and hiking with huskies. 01723 870521, www.peskyhusky.co.uk

Valley Adventures

Adventure aerial and survival courses in natural surroundings. 07837 065118, www.valley-adventures.com

Yorkshire Outdoors

Activities for individuals, couples, groups and kids – 4x4 off-roading to Segway riding. 01845 537766, www.yorkshire-outdoors.co.uk

Zenith Leisure, Stokesley

Activity adventures in school holidays. 07971 463570, www.zenithleisure.co.uk



BUSHCRAFT & COUNTRY SKILLS

Mark Barker Bushcraft, Cropton

Bushcraft day courses and overnight tipi stays. 01751 417123, www.markbarkerbushcraft.co.uk

The Wild Woodsmen

Close contact with the natural world through bushcraft, foraging and survival skills. www.wildwoodsmen.co.uk

Trailblazer Wildcraft, Dalby Forest

Introduction to bushcraft, foraging, family wildcraft and fire craft. 07540 723075, www.trailblazerwildcraft.com

Wild Country Walkabouts

Low-impact outdoor activities, including bushcraft and wildlife walks. 01751 417950, www.wildcountrywalkabouts.co.uk

The North York Moors is a fantastic place to get outdoors, learn a new skill, and have an adventure with friends and family. But remember – advance booking is essential for any activities, courses and trips, especially at weekends and in school holidays.



NATURE & WILDLIFE

Real Staithes, Staithes

Coastal foraging trips and craft activities.
01947 840278,
www.realstaithes.com

Whitby Whale Watching

Summer and autumn whale-watching trips – minke, fin, sei, humpbacks, dolphins and porpoises.
07941 450381,
www.whitbywhalewatching.net

Yorkshire Coast Nature

Nature tours, workshops and gallery.
01723 865494,
www.yorkshirecoastnature.co.uk

RIDING CENTRES

Bilsdale, Hawaby, 01439 798225,
www.bilsdaleridingcentre.co.uk

Boltby, 01845 537392,
www.boltbytrekking.co.uk

Borrowby, Saltburn, 01947 840134,
www.borrowbyequestriancentre.co.uk

Helmsley, 01439 770355,
www.helmsleyridingschool.co.uk

Robin Hood's Bay, 01947 880249,
www.farsydefarmcottages.co.uk/horse_riding

Saltburn, 01287 622157,
www.saltburnridingschool.co.uk

Sinnington, 01751 432758,
www.friarhillstables.co.uk

Snainton, 01723 859218,
www.snaintonridingcentre.co.uk



Don't miss...

Helmsley's hidden gem, the Open Air Pool, one of only around 100 open-air pools left in the UK. It's open daily from mid-June until the first week in September (weather permitting),

SWIMMING POOLS

Ampleforth 01439 766740

Guisborough 01287 633311

Helmsley (open air pool) 07772 395368

Loftus 01287 642020

Malton 01653 693407

Northallerton 01609 777070

Pickering 01751 473351

Saltburn 01287 623761

Scarborough 01723 367137

Stokesley 01642 711140

Thirsk 01845 522447

Whitby 01947 604640



Looking for more ideas? Go to the 'Enjoy Outdoors' section of the National Park website, where you'll find details of everything from orienteering courses and fishing clubs to surf schools and golf courses.

THE GREENER WAY TO TRAVEL



DON'T CLOG UP THE COUNTRY ROADS!

Leave the car at home and take public transport into the North York Moors – services from Leeds, York, Scarborough, Malton, Hull, Teesside and elsewhere

BUSES 0871 200 2233, www.traveline.info

TRAINS 08457 484950, www.nationalrail.co.uk

Ideas for new services?

01751 477216 www.moorsbus.org

ON FOOT OR ON YOUR BIKE!

Classic walks, Cleveland Way, Moor to Sea – there are over 1,400 miles of rights of way in the National Park, not to mention country lanes, forest tracks and quiet moorland roads

www.northyorkmoors.org/uk/walking – explore the Park on foot

www.northyorkmoors.org/uk/cycling – from moor to sea by bike

East Yorkshire Motor Services



A LITTLE HELP FROM OUR FRIENDS

We always welcome a helping hand – and our volunteers are invaluable.

A PASSION FOR THE PARK Every year, around 1,000 volunteers contribute over 12,000 days' work, giving their time, energy and skills to help conserve the special qualities of the National Park. They also share their passion for this amazing place, by helping others enjoy and experience all that the Park has to offer.

ALL WALKS OF LIFE Retired people who want to give something back, students and young people looking to widen their experience, social groups and businesses – our volunteers are as varied as our work.

ALL KINDS OF TASKS Practical conservation, gallery work, information and office skills, surveying flora, trail maintenance, record-keeping – how can you help?

JOIN US! Find out more about volunteering opportunities at www.northyorkmoors.org.uk/volunteering



Need information?



National Park
Information Point



- Maps • Guides •
- Information •

VISIT A NATIONAL PARK INFORMATION POINT

Goathland – The Post Office
Grosmont – Steaming Loco
Hutton le Hole – Ryedale Folk Museum
Osmotherley – The Top Shop
Rosedale Abbey – Abbey Stores
Staithes – Gateway Centre
Thornton le Dale – Wardill Bros.



Become a Yorkshire Coast Explorer with Hidden Horizons

From **rock-pooling trips**, to **fossil hunts** and **star gazing** we have something for all the family. We offer regular sessions all along the coast, as well as private bookings and school trips.



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FALLING FOSS TEA GARDEN



Midge Hall, Falling Foss,
Whitby. YO22 5JD
Tel 07723 477929
www.fallingfossteagarden.co.uk

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TOURS of Whitby
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www.whitbystoryteller.co.uk
info@whitbystoryteller.co.uk



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www.boltbytrekking.co.uk

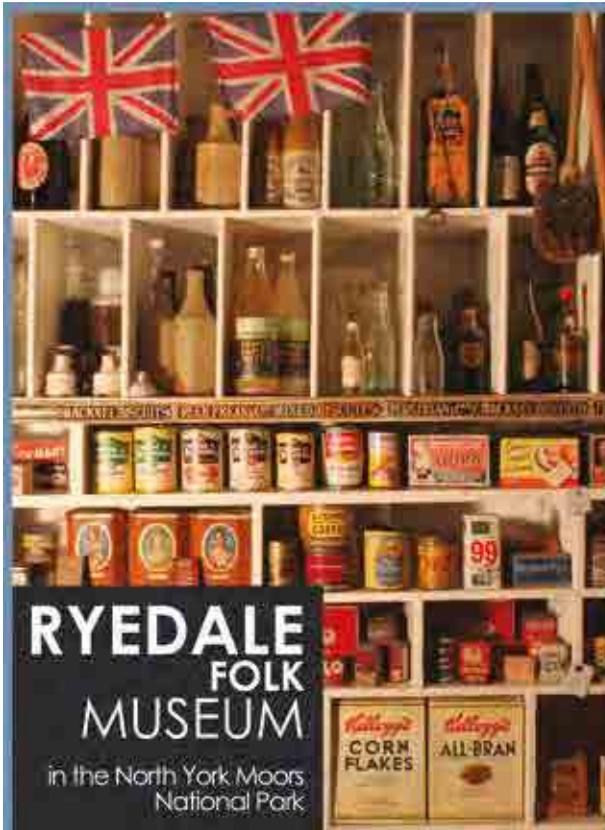
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contemporary blown glass



gilliesjonesglass.co.uk
Studio Gallery & Workshop
ROSEDALE ABBEY
North Yorkshire YO18 8SA
01751 417550





Reach out and touch history

Discover the history and lives of people in the North York Moors from the **Iron Age** to the **1950s**.

Walk among our cottage and kitchen gardens, orchard and traditional cornfield. **Explore** twenty heritage buildings and see the incredible and rare curiosities of the Harrison Collection.

Open daily from 18 February - 3 December 2017
Feb and Mar 10 - 4, Apr to Sep 10 - 5, Oct to Dec 10 - 4



www.ryedalefolkmuseum.co.uk 01751 417367 Hutton-le-Hole, YO62 6UA



As seen
in ITV's
Victoria

‘One of the world’s top ten greatest mansions and grand houses’ LONELY PLANET

Magnificent 18th century architecture | breathtaking parkland with lakes, fountains, temples and statues | walled garden with rose collection and potager | stunning vistas and secluded woodland walks | exhibitions and events | lakeside adventure playground | a choice of cafés | gift shops, farm shop and garden centre.



Castle Howard
YORK

www.castlehoward.co.uk
Castle Howard, York YO60 7DA





Station House Cottages

Located in beautiful Thornton le Dale, gateway to the North York Moors. Station House Cottages offer a real home from home experience with lots of special little touches.

Tel: 01751 474417 | Maltongate, Thornton le Dale
www.stationhousecottages.co.uk

It's official - we're the BEST Small Visitor Attraction in England

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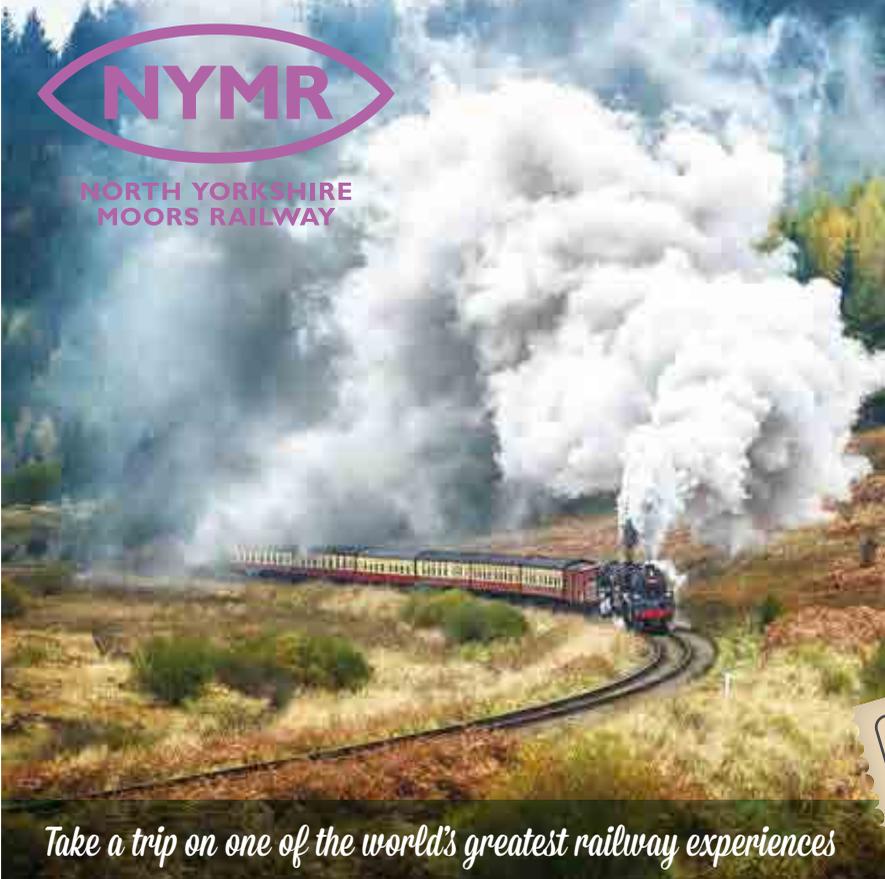
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